

## A COOKING SCHOOL FOR KIDS, ages 3 - TEENS CLASS SCHEDULE (July - August 2015)

Senior Chefs (Middle & High School)

Thursdays (starting July 30) 4 - 5:30 pm 10 - 11:30 am Saturdays

Junior Chefs (ages 7 -10)

Thursdays (starting July 30) 4 - 5:30 pm 10 - 11:30 am Saturdays

KinderCooks (ages 3 - 6) - Big Chef/Lil' Chef

**Saturdays** (July 11/25 & Aug 1/22) 10:30 - 11:30 am

Small Groups - kids & adults! Call for pricing & to schedule.

### CLASS FEES & MEMBERSHIP TUITION

### MOST ECONOMICAL Option ~ Join the CHEFS CLUB & receive numerous member benefits, including:

- One cooking class every week
- 20% discount on birthday parties (base party package) (after minimum 3 months as member), and 10% discounts on workshops, camps & merchandise
- Special "Member Only" events
- FREE enrollment in MASTERCHEF program (ages 7 and up)

#### Chef Club Membership Tuition & Fees:

- \$99/month. 6 month minimum enrollment, with credit card authorization for monthly tuition; \$75/month for siblings
- \$115/month for month-to-month membership
- \$50/month for KinderCooks tuition (2 classes per month) with discounts as described above for Chefs Club
- \$75 registration fee & \$30 jacket / uniform fee for all above memberships

#### FUN PAK of cooking classes:

• \$150 for any 5 weekly classes over 3 months for Jr/Sr or over 5 months for KinderCooks (\$30/class)

#### Individual classes:

Weekly cooking classes - \$35/class; \$25 for siblings attending same class/day

# July- Eating Across the Food Rainbow!

July 11	Jr/Sr Chefs-Buttermilk Blueberry Biscuits with Cinnamon Blueberry Apple Butter and Blue lagoon Breakfast drink
July 11	KinderCooks- Buttermilk Blueberry Biscuits with Homemade Blueberry Honey Butter
July 18	Jr/Sr Chefs- Nawlins' Red Beans and Rice and Red Velvet Sandwich Cookies
July 25	Jr/Sr Chefs- Peach Short Cakes and Savory Orange Salad with a Citrus Balsamic Vinaigrette
July 25	KinderCooks- Healthy Tropical Green Smoothies and Baked Asian Orange Chicken Nuggets
July 30	Jr/Sr Chefs MAKE UP CLASS!!!- Hearty Broccoli Salad and Zucchini Fettuccini with a Garlic Herb Butter Sauce

## August - Island Hopping!

Summer isn't over just yet! So Lets Go to the Islands, Mon! Prepare authentic Caribbean Recipes!

August 1	Jr/Sr Chefs- Cuban Roasted Chicken with Salsa Criolla and Avocado Pineapple Salad
August 1	KinderCooks- Cuban French Toast with Refreshing Orange pineapple Smoothies
August 6/8	Jr/Sr Chefs- Grilled Jamaican Rice Shrimp with Grilled onions and Jamaican Rice and Peas
August 13/15	We will be CLOSED for renovations of our kitchens! Classes will resume the following week.
August 20/22	Jr/Sr Chefs- Puerto Rican Mofongo (Delicious Green Plantain Mash) and Bestitos de Coco (Chocolate Coconut Cookies)
August 22	KinderCooks- Bestitos de Coco (Chocolate Coconut Cookies) and Tropical Fruit Salad
August 27/29	Jr/Sr Chefs- Homemade Trinidadian Roti with Sada and Tomato Choka and Trini Punch

(All recipes subject to change ~ please call to confirm.)

You can register for individual classes online or <u>call to reserve a spot</u> in our kitchens for any of our classes or to join our Chef Club and the MASTERCHEF program!

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YoungChefsAcademy.com/sandysprings