



Wednesday 21st
to Monday 26th
May 2014

Italian retreat in the magical city of Assisi

Join our Pilgrimage to the uplifting
spiritual community of Ananda

Cost £395 per person

Full board including transfers in Italy

Non-refundable £150 deposit required by 31st January 2014

Contact Leon Deith: info@yogaananda.co.uk

This will be a week to meditate and recharge in the beautiful Umbrian hills inspired by the community of Ananda. Discover the teachings of Paramahansa Yogananda Kriya Yoga and enjoy the unforgettable city of Assisi as we follow in the footsteps of St Francis.

FLIGHTS NOT INCLUDED: approximately £150

We recommend Ryan Air from Stanstead to Perugia, or to Rome, Florence or Ancona then by train.



www.yogaananda.co.uk • 01737 222 400

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