

# Indian Retreat to **Kerala**

yogaananda  
holistic centre

Cost:  
**£620**  
per person

February 13th -27th

Flights to Thiruvananthapuram (Trivandrum)

Cost for transfer Half board - Yoga and meditation £620

Non refundable deposit of £250 required at time  
of booking

[www.yogaananda.co.uk](http://www.yogaananda.co.uk) • 01737 222 400

Yoga Ananda Holistic Centre • 46 Albert Road • Reigate • RH2 9EL





In the palm groves just back from the cliffs is this wonderful family run hotel.

Each morning and evening we will be enjoying our meditation and Yoga on the roof, days will be filled with incredible massages , excursions and lazy days on the beach.

## Accommodation details

The Hotel is just 150 yards from Varkala beach and a few

minutes from the Ayurvedic resort where we will receive our treatments.

Trivandrum International Airport is 34.2 miles away.

**Di Sage** is our yoga teacher and **Leon Deith** is the retreat organiser and will be leading the meditations.

[www.yogaananda.co.uk](http://www.yogaananda.co.uk) • 01737 222 400  
Yoga Ananda Holistic Centre • 46 Albert Road • Reigate • RH2 9EL

Spaces  
are limited,  
please book  
early