

noted / MINOR DETAILS



We Yogis
Dallas, 214/351-1229
weyogis.com

wee pose

Tell your little yogis to break out their favorite stretchy pants and start practicing their downward dog, because there's a new yoga studio in town. Every member of the family is welcome at We Yogis, which subscribes to a "yoga for all" mantra and hosts classes for individuals of all ages and skill levels. The owners of We Yogis emphasize family time and offer Together Yogis, a special class designed to connect parent and child by linking movement and breathing. Starting at age 3, kids can participate in their very own Lil Yogis class where they work on strength, balance and flexibility. Any younger kids in tow can spend time in the supervised Future Yogis play area while you master that warrior pose. —Nicole Jordan