

Uppercut Gym Instructor Schedule
March 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				9:30 RSB <i>Jeremy/Lisa</i> 12 IC <i>Lisa</i> 5:30 B&B <i>Chris</i> 6:00 Kick <i>Seko</i> 6:30 Bag <i>Chris</i> 7 :00 Teen2 <i>Jason H.</i> Desk: <i>Tabitha</i>	5:30 IC <i>Peter</i>	9:00 Focus 2 <i>Sarah</i> 10:00 CT <i>Peter</i> 11:00 Teen <i>Sarah, Peter</i> <i>Joe</i> Desk: <i>Vanessa</i>
4	5	6	7	8	9	10
<u>Teen Sparring</u> Tues & Thurs 6pm <u>Adult Sparring</u> Mon – Thurs 5:30pm-ends Sat 8am-noon	12 CT <i>Tabitha</i> 5:00 IC <i>Sarah</i> 6:00 CT <i>Seko</i> 6:15 Focus 1 <i>Peter</i> 6:30 ABT <i>Sarah</i> Desk: <i>Franny (open)</i>	9:30 RSB <i>Kim/Katie</i> 12 IC <i>Kim</i> 5:30 B&B <i>Kara</i> 6:00 Kick <i>Seko</i> 6:30 Bag <i>Andy</i> 7:00 Teen2 <i>Jeremy</i> Desk: <i>Mary</i>	12 CT <i>Lisa</i> 5:00 IC <i>Sarah</i> 5:30 Drills <i>Jason S.</i> 6:00 CT <i>Vanessa</i> 6:15 Focus1 <i>Sarah</i> 6:30 Intro <i>Lisa</i> Desk: <i>Kate</i>	9:30 RSB <i>James/Jeremy</i> 12 IC <i>James B.</i> 5:30 B&B <i>Chris</i> 6:00 Kick <i>Seko</i> 6:30 Bag <i>Chris</i> 7 :00 Teen2 <i>Jason H.</i> Desk: <i>Tabitha</i>	Gym is closed	Gym is closed for 6 th annual Unite & Fight
11	12	13	14	15	16	17
	12 CT <i>Tabitha</i> 5:00 IC <i>Vanessa</i> 6:00 CT <i>Seko</i> 6:15 Focus 1 <i>Peter</i> Desk: <i>Franny (open)</i>	9:30 RSB <i>Kim/Katie</i> 12 IC <i>Kim</i> 5:30 B&B <i>Kara</i> 6:00 Kick <i>Seko</i> 6:30 Bag <i>Andy</i> 7:00 Teen2 <i>James O.</i> Desk: <i>Mary (open at 4)</i>	12 CT <i>Jeremy</i> 5:00 IC <i>Sarah</i> 6:00 CT <i>Vanessa</i> 6:15Focus1 <i>Brie</i> 6:30 Intro <i>James B.</i> Desk: <i>Kate (open)</i>	9:30 RSB <i>James/Jeremy</i> 12 IC <i>James B</i> 5:30 B&B <i>Chris</i> 6:00 Kick <i>Seko</i> 6:30 Bag <i>Chris</i> 7 :00 Teen2 <i>Jason H.</i> Desk: <i>Tabitha</i>	5:30 IC <i>Peter</i>	8:00 RSB <i>Kim</i> 9:00 Focus 2 <i>Bryan</i> 10:00 CT <i>Sarah</i> 11:00 Teen <i>Joe, Sarah</i> <i>Elliott</i> Desk: <i>Tabitha</i>
18	19	20	21	22	23	24
Walker Set up	12 CT <i>Tabitha</i> 5:00 IC <i>Sarah</i> 6:00 CT <i>Seko</i> 6:15 F1 <i>Peter</i> 6:30 ABT <i>Sarah</i> Desk: <i>Franny (open)</i>	9:30 RSB <i>James/Katie</i> 12 IC <i>James B.</i> 5:30 B&B <i>Kara</i> 6:00 Kick <i>Seko</i> 6:30 Bag <i>Andy</i> 7:00 Teen2 <i>James O.</i> Desk: <i>Mary (open 4)</i>	12 CT <i>Jeremy</i> 5:00 IC <i>Sarah</i> 5:30 Drills <i>Alfonso</i> 6:00 CT <i>Vanessa</i> 6:15 Focus1 <i>Lisa</i> 6:30 Intro <i>Sarah</i> Desk: <i>Kate</i>	9:30 RSB <i>Kim/Jeremy</i> 12 IC <i>Kim</i> 5:30 B&B <i>Chris</i> 6:00 Kick <i>Seko</i> 6:30 Bag <i>Chris</i> 7 :00 Teen2 <i>Jason H.</i> Desk: <i>Tabitha</i>	Gym is closed Walker Art Center	9:00 Focus 2 <i>Sarah</i> 10:00 CT <i>Peter</i> 11:00 Teen <i>Peter,</i> <i>SarahJeremy</i> Desk: <i>Franny</i> Walker 4pm
25	26	27	28	29	30	31
Walker event & tear down	12 CT <i>Tabitha</i> 5:00 IC <i>Peter</i> 6:00 CT <i>Seko</i> 6:15 Focus 1 <i>Peter</i> Desk: <i>Franny (open)</i>	9:30 RSB <i>Kim/Katie</i> 12 IC <i>Kim</i> 5:30 B&B <i>Kara</i> 6:00 Kick <i>Seko</i> 6:30 Bag <i>Andy</i> 7:00 Teen2 <i>James O.</i> Desk: <i>Mary</i>	12 CT <i>Lisa</i> 5:00 IC <i>Sarah</i> 6:00 CT <i>Jeremy</i> 6:15Focus1 <i>Lisa</i> 6:30 Intro <i>Sarah</i> Desk: <i>Vanessa</i>	9:30 RSB <i>Kim/Jeremy</i> 12 IC <i>Kim</i> 5:30 B&B <i>Chris</i> 6:00 Kick <i>Seko</i> 6:30 Bag <i>Chris</i> 7 :00 Teen2 <i>Jason H.</i> Desk: <i>Tabitha</i>	5:30 IC <i>Peter</i>	8:00 RSB <i>Jeremy</i> 9:00 Focus 2 <i>Lisa</i> 10:00 CT <i>Peter</i> 11:00 Teen <i>Joe, Peter</i> <i>Jeremy</i> Desk: <i>Tabitha</i>

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