

Uppercut Gym Instructor Schedule

* Beginning June 13th the gym will be closed from 1:30-4pm. **July 2016**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><u>Teen Sparring</u> Tues & Thurs 6pm <u>Adult Sparring</u> Mon – Thurs 5:30pm-ends Sat 8am-noon</p>					1 5:30 IC Kim	2 Gym Hours 8am-noon 9-11am IC Seko,Elliott All other classes are canceled
3	4 Gym is closed	<p>9:30 RSB Kim 12 IC Kim 5:30 B&B Kara 6:00 Kick Seko 6:30 Bag Andy 7:00 Teen2 James Desk: Jenn</p>	<p>12 CT Alex T. 5:00 IC Lisa 6:00 CT Vanessa 6:15 Focus 1 Drew 6:30 Intro Sarah Desk: Tabitha</p>	<p>9:30 RSB Kim 12 IC Kim 5:30 B&B Chris 6:00 Kick Seko 6:30 Bag Chris 7 :00 Teen2 Jason Desk: Rachel</p>	8 5:30 IC Chris	<p>9:00 Focus 2 Bryan 10:00 CT Sarah 11:00 Teen Sarah,Joe Desk: Jenn</p>
10	<p>12 CT Sarah 5:00 IC Vanessa 6:00 CT Seko 6:15 Focus 1 Peter Desk: Franny</p>	<p>9:30 RSB Kim 12 IC Kim 5:30 B&B Kara 6:00 Kick Seko 6:30 Bag Andy 7:00 Teen2 James Desk: Jenn</p>	<p>12 CT Marlon 5:00 IC Brie 5:30 Drills Alfonso 6:00 CT Vanessa 6:15 Focus1 Peter 6:30 Intro Sarah Desk: Katie</p>	<p>9:30 RSB Kim 12 IC Kim 5:30 B&B Chris 6:00 Kick Seko 6:30 Bag Chris 7 :00 Teen2 Jason Desk: Rachel</p>	15 5:30 IC Brie	<p>9:00 Focus 2 Peter 10:00 CT Marlon 11:00 Teen Peter,Marlon Desk: Tabitha</p>
17	<p>12 CT Alex T. 5:00 IC Brie 6:00 CT Seko 6:15 Focus 1 Peter 6:30 ABT Sarah Desk: Tabitha</p>	<p>9:30 RSB Lisa 12 IC Lisa 5:30 B&B Kara 6:00 Kick Seko 6:30 Bag Andy 7:00 Teen2 James Desk: _____</p>	<p>12 CT Alex T. 5:00 IC Brie 6:00 CT Vanessa 6:15 Focus1 Peter 6:30 Intro No Class Desk: Kate</p>	<p>9:30 RSB Kim 12 IC Kim 5:30 B&B Chris 6:00 Kick Seko 6:30 Bag Chris 7 :00 Teen2 Jason Desk: Franny</p>	22 5:30 IC Chris	<p>9:00 Focus 2 Peter 10:00 CT Marlon 11:00 Teen Joe, Marlon Desk: Franny</p>
24	<p>12 CT Sarah 5:00 IC Marlon 6:00 CT Seko 6:15 Focus 1 Peter Desk: Kate</p>	<p>9:30 RSB Lisa 12 IC Lisa 5:30 B&B Kara 6:00 Kick Seko 6:30 Bag Andy 7:00 Teen2 James Desk: Jenn</p>	<p>12 CT Alex T. 5:00 IC Lisa 5:30 Drills No Class 6:00 CT Brie 6:15 Focus1 Sarah 6:30 Intro Lisa Desk: Kate Ringside Tourn till 31</p>	28 Gym Closed Private Event	29 5:30 IC Seko	<p>9:00 Focus 2 Lisa 10:00 CT Bryan 11:00 Teen Marlon,_____</p>
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