

2016 Transformation Challenge

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Pre-Transformation Week		26	27	28	29	30
			Transformation Challenge Classes Posted Online Noon	JAN 28: Kickoff Info Meet 6pm MEASURE #1	JAN 29: MEASURE #1	JAN 30: Instructional Class - 9am MEASURE #1 Continue
Week 1	31	1	2	3	4	5
JAN 31: Instructional Class - 9am	FEB 1st: CHALLENGE START Team names listed on boards at T2BB	FEB 2nd: 1st Workshop - 5:30pm 70% Nutrition, 30% Gym - Abs are Made in the Kitchen!	Feb 3rd: Weekly Raffle Winner #1 Feb 3rd: Weekly Email #1		FEB 5th: Final day for upgrades to Essential or MVP	
Week 2	7	8	9	10	11	12
Feb 7th: Super Bowl PreGame Blast WO 8am Note: Only MVPs have access to regular classes	FEB 8: Essential & MVP can begin scheduling semis with Elisa elisa@t2bb.net		FEB 10: Weekly Raffle Winner #2 FEB 10: Weekly Email #2	FEB 11: 2nd Workshop - 5:30pm <i>Dynamic of Eating Psychology</i> Feb 11: Measure #2 Sign-up @ Facility - Clip board sign up Times - on/off all day; See times at facility	Feb 12: Measure #2 Sign-up @ Facility - Clip board sign up Times - on/off all day; See times at facility	
Week 3	14	15	16	17	18	19
			Feb 17: Weekly Raffle Winner #3 FEB 17: Weekly Email #3			
Week 4	21	22	23	24	25	26
			Feb 24: Weekly Raffle Winner #4 FEB 24: Weekly Email #4	FEB 25: Measure #3 Sign-up @ Facility - Clip board sign up Times - on/off all day; See times at facility	FEB 26: Measure #3 Sign-up @ Facility - Clip board sign up Times - on/off all day; See times at facility	
Week 5	28	29	1	2	3	4
			MARCH 2: Weekly Raffle Winner #5 MARCH 2: Weekly Email #5			
Week 6	6	7	8	9	10	11
			MAR 9: Weekly Raffle Winner #6 MAR 9: Weekly Email #6	MAR 10: Final Measure Sign-up @ Facility - Clip board sign up Times - on/off all day; See times at facility	MAR 11: Final Measure Sign-up @ Facility - Clip board sign up Times - on/off all day; See times at facility	MAR 12: Contest Ends - Last Day To Take Classes!
Week 7	13	14	15	16	17	18
	MAR 14: Final Measure Sign-up @ Facility - Clip board sign up Times - on/off all day; See times at facility			MAR 17: Transformation Finale Party! 8pm Find out the Grand Prize Winner!	6-	