

Gymnastics Programmes

The Little Gym[®], the leading gymnastic based skill development programme, has over 40 years of experience developing children's skills and confidence around the world. Our programme of weekly classes promotes coordination, balance, rhythm and flexibility and enhances your child's listening, emotional, social and intellectual skills. Children thrive in our non-competitive environment where professional and friendly instructors reward children for their individual effort. Running. Jumping. Tumbling. Exploring. The Little Gym® uses age appropriate, innovative and fun activities to bring out the best in each individual child. Children meet new friends, share new experiences and most importantly just have fun.



Holiday Camps

Holidays are no time to be bored! At The Little Gym*, holidays are made fun. Children are on the go all the time because our camps offer a fabulous variety of fun, activity, learning and creativity. Our noncompetitive skill building camps provide children with an opportunity for fitness, fun and total development. The programmes stimulate physical and motor skill development with games, gymnastics and creative workshops. Children love them!



Classes & programmes

PARENT/CHILD CLASSES	Age 10m-3y
PRE-K GYMNASTICS	Age 3-6y
GRADE SCHOOL GYMNASTICS	Age 6-12y
CAMPS	Age 2,5-7y



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The Little Gym Wemmel 24 Schoolstraat

wemmel@thelittlegym.eu www.wemmel.thelittlegym.eu







Serious Fun.

BIRTHDAY PARTIES















Members 260 € Non-Members 285 €

for 1.5 hours long. Price includes 15 children including the birthday child.

Additional 1/2 h: 55 €

10 € for each child over 15 with a maximum of 20 Non refundable deposit 150 €

We only charge for the number of children that attend the party, not the number that you invite. Up to 20 children. Your birthday party will be booked once the deposit is settled ING BEO3 3630 5356 7884

Book your Birthday Party

The Little Gym® runs parties for children from 1 to 12 years of age. Party slots are available on Sunday at 12:30 and/or Sunday at 14:30

