

#### **Gymnastics Programmes**

The Little Gym<sup>®</sup>, the leading gymnastic based skill development programme, has over 30 years of experience developing children's skills and confidence around the world. Our programme of weekly classes promotes coordination, balance, rhythm and flexibility and enhances your child's listening, emotional, social and intellectual skills. Children thrive in our non-competitive environment where professional and friendly instructors reward children for their individual effort. Running. Jumping, Tumbling, Exploring, The Little Gym® uses age appropriate, innovative and fun activities to bring out the best in each individual child. Children meet new friends, share new experiences and most importantly just have fun.



# **Holiday Camps**

Holidays are no time to be bored! At The Little Gym\*, holidays are made fun. Children are on the go all the time because our camps offer a fabulous variety of fun, activity, learning and creativity. Our noncompetitive skill building camps provide children with an opportunity for fitness, fun and total development. The programmes stimulate physical and motor skill development with games, gymnastics and creative workshops. Children love them!



## **Classes & programmes**

PARENT/CHILD CLASSES	Age 4m-3y
PRE-K GYMNASTICS	Age 3-6y
GRADE SCHOOL GYMNASTICS	Age 6-12y
CAMPS	Age 3-8y and 6-12y





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## The Little Gym Cambridge

Units 1-3 Chesterton Mill, French's Road • CB4 3NP • Cambridge 01223 324554

www.thelittlegym.eu/cambridge







Serious Fun.

THE LITTLE GYM

31RTHDAY PARTIES





Why The Birthday Party is so special

Children will have one hour to explore the gym where instructors will facilitate age-appropriate games and physical activities. We use our special gymnastics equipment (bars, beams and tumble area) as well as our parachute, balls and hoops. After an hour of fun and games in the gym, we have time for birthday cake in our specially decorated party area. The party is private so your child and birthday guests will have 100% of our attention. We handle all the details... you just show up with the children.

### What we provide

- Exclusive use of our facility plus free parking, party room / kitchen, lounge area & Gym.
- The Little Gym invitations.
- 2 qualified instructors to lead your party and assist with the setting up and cleaning up.
- plates, napkins and a choice of fruit juices at each setting.
- A birthday gift for the birthday child (additional presents - £7 each)

#### You provide

- Birthday tea and cake
- Refreshments for adult guests (no red wine
- Party Bags



Members £290 Non-Members £330

for 1.5 hours long. Price includes 15 children including the birthday child.

Additional Child £10 per additional head after 15 (max. 24). Non refundable deposit £100

We only charge for the number of children that attend the party, not the number that you invite. Up to 24 children.

### **Book your Birthday Party**

The Little Gym® runs parties for children from 1 to 12 years of age. Party slots are available on Sunday

Call us for availability

Call us on 01223 324554



