

March 8th-May 2nd, 2015

SUNDAYS

	8:30am	10:05am	11:40am	1:15pm	3:00pm	4:25pm	6:00pm	8:30pm
Studio A		SIGNATURE POLE LEVEL 2 LANIE	POLE SKILLS & NEMESIS TRICKS KARYN	FLUID MOVEMENT KRISTIN			HOOP DANCE KATHRYN	
Studio B	LYRA (AERIAL HOOP) RYNA	SIGNATURE POLE LEVEL 1 LAUREN	INTERMEDIATE AERIAL SILKS ASHLEY	BEGINNER AERIAL SILKS ASHLEY	LYRA (AERIAL HOOP) ASHLEY			
Studio C								

MONDAYS

	8:00am	10:00am	12:30am	3:00pm	4:30pm	6:00pm	7:35pm	9:00pm
Studio A					SIGNATURE POLE LEVEL 1 KARYN	BOOTY CAMP LYNZHI	SIGNATURE POLE LEVELS 7&8 KARYN	
Studio B		LYRA (AERIAL HOOP) RYNA			FLUID MOVEMENT KRISTIN	SIGNATURE POLE LEVELS 1&2 KRISTIN	BURLESQUE MEGAN	
Studio C						SIGNATURE POLE LEVELS 6&7 KARYN	BEGINNING LYRA (AERIAL HOOPS) RYNA	

TUESDAYS

	9:30am	11:00am	12:00am	1:00pm	4:00pm	5:30pm	7:05pm	8:40pm
Studio A	SIGNATURE POLE LEVEL 1 KARYN	FLUID MOVEMENT KRISTIN				SIGNATURE POLE LEVEL 7 CHRISTINE	SIGNATURE POLE LEVEL 8 CHRISTINE	LYRA (AERIAL HOOP) RYNA
Studio B							STRETCH & SPLITS LANIE	POLEOGRAPHY LAUREN
Studio C						SIGNATURE POLE LEVEL 1 KATIE	SIGNATURE POLE LEVELS 5&6 KATIE	TWERK IT KELLY

WEDNESDAYS

	8:30am	10:00am	11:00am	12:00pm	4:00pm	5:30pm	7:05pm	8:40pm
Studio A					SIGNATURE POLE LEVEL 1 LANIE	SIGNATURE POLE LEVELS 5&6 LYNZHI	BURLESQUE MEGAN	BEGINNER BELLY DANCE ADONIA
Studio B							SIGNATURE POLE LEVELS 6&7 JESSICA	SPINNY POLE KELLY
Studio C						SIGNATURE POLE LEVELS 7 & 8 KIM & LANIE	SIGNATURE POLE LEVEL 1 KIM	SIGNATURE POLE LEVEL 1 JESSICA

THURSDAYS

	8:00am	9:30am	11:00am	12:30pm	4:00pm	6:00pm	7:35pm	9:00pm
Studio A		POLE SKILLS & NEMESIS TRICKS KARYN	SIGNATURE POLE LEVELS 3&4 KRISTIN			SIGNATURE POLE LEVELS 4&5 LYNZHI	SIGNATURE POLE LEVELS 3&4 LYNZHI	
Studio B			SIGNATURE POLE LEVEL 1 KARYN			INTERMEDIATE AERIAL SILKS ASHLEY	LYRA (AERIAL HOOP) ASHLEY	
Studio C						SIGNATURE POLE LEVEL 1 SARA	POLE SKILLS & NEMESIS TRICKS SARA	SIGNATURE POLE LEVEL 1 SARA

FRIDAYS

	9:30am	11:05am	12:00pm	1:30pm	3:00pm	5:00pm	7:00pm	9:00pm
Studio A	SIGNATURE POLE LEVELS 2&3 KARYN	POLEOGRAPHY KARYN				PRIVATE PARTIES		
Studio B								
Studio C								

SATURDAYS

	8:30am	10:05am	11:40am	1:15pm	3:00pm	5:00pm	7:00pm	9:00pm
Studio A		SIGNATURE POLE LEVELS 6&7 LYNZHI	SIGNATURE POLE LEVELS 3&4 LYNZHI	SIGNATURE POLE LEVEL 1 LYNZHI	PRIVATE PARTIES			
Studio B		INTERMEDIATE BELLY DANCE ADONIA	SIGNATURE POLE LEVELS 7&8 LAUREN	BEGINNER BELLY DANCE ADONIA				
Studio C		SIGNATURE POLE LEVELS 1&2 LAUREN	BELLY DANCE CHOREOGRAPHY ADONIA	POLEOGRAPHY LAUREN				