

HOLISTIC YOGA THERAPY TRAINING



presented by:
**Tai Chi
Yoga Center**

This is a 300 hour Yoga Alliance approved training — completion of RYT 200 is pre-requisite

**Two sessions
April 7-20 and July 14-27, 2014**



In Yoga therapy training, you will learn:

- Comprehensive assessment – structural (static and dynamic)
- Work on one-on-one and group therapeutics
- Fall & injury, cardiac, obesity, stress and cancer prevention
- Trauma informed and sensitive yoga therapy
- Ayurvedic constitution, individually tailored practice using yoga technologies (asana, pranayama, meditation, mantra japa, chant, prayer etc.)
- Ayurvedic and Yogic diet and lifestyle recommendations



Registered Yoga School

**REGISTER
TODAY!**

**Contact us
for more information and pricing
at 541-688-2688, 541-515-0462
or email infotcyc@yahoo.com
We have payment options.
www.taichiyogacenter.com**

Our World Class Faculty Includes:

**Suman Barkhas
e-RYT 500**

**Keith
Blackwell
PT**

**Vishvadeva PHD,
Psychology**

**Shanti
RYT 200, LMT**

**Peony Prashanti
RYT200**

**Dada, Senior
Yoga monk**

* We also offer 200 Hour Yoga Teacher training.
Visit our website to learn more.

YogaAlliance
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