

## 200 Hour Yoga Teacher Training Application & Agreement

Hello and Welcome!

We're so glad you've decided to take the first step in deepening your yoga practice and want to join us for our 200H Teacher Training Program! We want to know a bit more about you, so we've designed this application to get to know you better and make sure you're a good fit for our program. Please complete the following question and return via email to [TeacherTraining@spectrayoga.com](mailto:TeacherTraining@spectrayoga.com) at your earliest convenience. We will contact you after receipt of the application, after which, you can sign up online at [www.spectrayoga.com/teachertraining](http://www.spectrayoga.com/teachertraining) if you haven't already done so.

### PERSONAL CONTACT INFO

First and Last Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Email: \_\_\_\_\_

Occupation: \_\_\_\_\_ Injuries: \_\_\_\_\_

Emergency Contact (Name, Relation, Number):  
\_\_\_\_\_

### YOUR YOGA HISTORY, PRESENT, & FUTURE

Tell us your history with any other yoga trainings or other bodywork trainings you've completed (physical therapy, massage, Reiki, etc)?

Tell us about your current yoga history. How long you've been practicing and what styles?

How did you hear about this training? Or who can we thank for sending you our way?!

Why do you wish to enroll in this 200H program?

What is the one thing you hope most to gain from this training?

Besides the physical practice of yoga, what other aspects of this multi-faceted practice are you interested in learning about?

After the training, are you planning on teaching? If so, are you interested in teaching yoga in a group or private setting?

AGREEMENT (initial the boxes)

Per Yoga Alliance standards, I, \_\_\_\_\_, acknowledge that there are a required number of hours and classes that must be met by attending scheduled teacher training days and yoga classes, observations, and homework outside of the scheduled meeting days, in order to receive my graduation certificate at the end of the training.

I AGREE

I understand that if I am absent, additional homework and/or class attendance (to be determined by the lead teacher and will vary depending on the topic) will have to be completed to fulfill all of the requirements to receive your graduation certificate at the end of the training.

I AGREE

CANCELLATION POLICY

- The \$500 deposit is nonrefundable. If a student cancels BEFORE the training has started, she/he receive back any monies (not including the deposit) that have been paid thus far.
- If a student cancels from Day 1 to halfway through the training, he/she receives back 30% of the full tuition.
- If a student cancels any time after halfway through training, he/she does not receive any money back and must pay the full tuition.
- For students on payment plans that quit the teacher training between Day 1 and the halfway mark, 70% of the full tuition is still due to Spectra Yoga.
- For students on payment plans that quite the Teacher Training after the halfway mark, 100% of the tuition is due to Spectra Yoga.
- For students on payment plans, the full amount (\$2,750) is due one month after the last day of Teacher Training scheduled classes and/or meetings.

I AGREE

I, \_\_\_\_\_, have read the agreements and cancellation policies listed above and complete agree and acknowledge the conditions set forth by Spectra School of Yoga. I acknowledge that all the information provided is true and accurate.

\_\_\_\_\_  
(Signature)

\_\_\_\_\_  
(Date)