

## **Crisis Resources Serving the Northwest Hennepin County Area**

(this list was compiled from the <http://www.northwesthennepinfamilyservicecollaborative.com/> site)

The **Northwest Hennepin Family Services Collaborative** is committed to the following:

- 1) Initiating and enhancing collaborative efforts that increase access to services for children, youth, and families.
- 2) Developing and enriching collaborative efforts to improve the overall success of children, youth, and families.
- 3) Supporting collaborative programs that increase the strengths of children, youth, and families.

The Northwest Hennepin Family Services Collaborative *serves* Children and Families in: *Brooklyn Center, Brooklyn Park, Champlin, Corcoran, Dayton, Maple Grove, Plymouth, and Osseo.*

Resources that are offered at the **Community Corner** include:

The *Family Advocate Program* provides one to one help for individuals who need assistance with resources and family support services. Advocates assist families by providing resources and referrals including, but not limited to, the following: food, financial, child care, diapers, transportation, school connections, clothing, medical and dental services, parenting skills, budgeting, housing, assistance working with Hennepin County and social service providers, assistance with job search and more.

*Housing Link* provides updated information received each Monday about vacant, affordable housing opportunities in the seven county metro area. 763.561.2481

*Hennepin County Economic Assistance Outreach Worker* is available by appointment. 763.561.2481

*Renter's Training* is a special class for apartment dwellers that includes information about renter's rights and responsibilities. To register for classes or for more information, call 763.561.2481

*African Food Distribution* takes place once a month. Pre-registration is required. 763.561.2481

### **Family Advocates**

The Family Advocate is a collaborative project between the Northwest Hennepin Family Services Collaborative and the Anoka-Hennepin, Brooklyn Center, and Osseo School Districts, serving individuals and families within portions of each school district.

The **Family Advocate Program** provides resources, information, and support to families living in the Northwest Hennepin Family Service Collaborative service delivery area.

*Advocates* assist families by providing resources and referrals including help with:

Food/clothing/household needs, Financial help, Transportation, Child care assistance, Health Insurance Medical, Mental Health and Dental services, Family support, Assistance working with Hennepin County and Social Service Providers

For more information contact: The Hennepin side of Anoka Hennepin School District or Brooklyn Center School District call 763-503-2982 or Osseo Area School District call 763-585-7378.

## **Child Care**

*Catholic Charities:* 612-664-8500

*JUS—Jewish Vocational Services:* 612-692-8920

*Resources for Child Caring:* 651-641-0305

*To locate a child care provider in your area and for information on child care financial assistance call 651-641-0332*

*Hennepin County Day Care and Referral:* 612-348-5937

### *School Age Children Child Care*

The following programs provide childcare for children in grades kindergarten through sixth grade, before and after school, all day care during the summer, and most non-school days. Full and part-time care available.

Anoka-Hennepin Area Schools / ISD 11: 763-506-7562

Brooklyn Center Area Schools / ISD 286: 763-450-3398

Osseo Area Schools / ISD 279: 763-391-7120

Robbinsdale Area Schools / ISD 281: 763-504-5320

**Early Childhood Education** Family education for parents with children birth to age five. Anoka-

Hennepin Area Schools / ISD 11: 763-506-1275

Brooklyn Center Area Schools / ISD 286: 763-561-4480 ext 5001

Hennepin County Head Start / Parents in Community Action (PICA): 763-425-7422

Osseo Area Schools / ISD 279: 763-391-8777

Robbinsdale Area Schools / ISD 281: 763-504-4170

Resources for Child Caring: 651-641-0305

### **Preschool & Kindergarten Readiness**

*Preparation for kindergarten for ages ranging 3 to 5 years old.*

Anoka-Hennepin Area Schools / ISD 11: 763-506-2480

Breck School: 763-381-8100

Brooklyn Center Area Schools / ISD 286: 763-561-4480 ext. 5001

Osseo Area Schools / ISD 279: 763-391-8764

Robbinsdale Area Schools / ISD 281: 763-504-5330

### **Early Childhood Special Education**

Anoka-Hennepin Area Schools / ISD 11: 763-506-1450

Brooklyn Center Area Schools / ISD 286: 763-561-4480 ext. 5001

Osseo Area Schools / ISD 279: 763-391-8786

Robbinsdale Area Schools / ISD 281: 763-504-4189

### **Early Childhood Screening**

*State mandated development screening for kindergarten enrollment.*

Anoka-Hennepin Area Schools / ISD 11: 763-433-4600

Brooklyn Center Area Schools / ISD 286: 763-561-4480 ext. 5001

Osseo Area Schools / ISD 279: 763-391-8776

Robbinsdale Area Schools / ISD 281: 763-504-4180

## **General Information & Student Services**

Anoka-Hennepin Area Schools / ISD 11 763-506-1000  
Brooklyn Center Area Schools / ISD 286 763-561-2120  
Northwest Suburban Integration District 763-450-1300  
Osseo Area Schools / ISD 279 763-585-7350  
Robbinsdale Area Schools / ISD 281 763-504-8000  
West Metro Education Program 952-848-4020

## **Park & Recreation:**

Brooklyn Center Recreation Services Department 763-569-3400  
Brooklyn Park Recreation & Parks Department 763-493-8333  
Champlin Park & Recreation 763-421-2820  
Crystal Recreation Department 763-531-0052  
Dayton Park & Recreation 763-427-3224  
Golden Valley Park & Recreation 763-512-2345  
Maple Grove Park & Recreation 763-494-6500  
New Hope Park & Recreation 763-531-5151  
Plymouth Park & Recreation 763-509-5200  
Robbinsdale Parks & Recreation 763-531-1278

## **Chemical Health & Recovery**

*Al-Anon Alateen Information Service* 952-920-3961

Helps families and friends of alcoholics, giving information, direction, comfort.

*Alcoholics Anonymous Service Office* 952-922-0880

24-hour support hotline. Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other so that they may solve their common problem and help others to recover from alcoholism. [www.aaminneapolis.org](http://www.aaminneapolis.org)

*Allina Behavioral Health Services* 612-863-5327

Outpatient behavioral health services provided by psychiatrists and psychologists.

*Ark Counseling of Plymouth* 763-559-5677

Outpatient treatment programs. Alcohol and drug education/awareness classes. Chemical health evaluations.

*Children Family Adult Services Department* 612-879-3501

Assessments for adolescents and adults.

*The Counseling Clinic, Inc.* 763-560-4860

Substance abuse services

*Fairview Recovery Services* Inpatient 612-672-6600 Outpatient 612-672-2736

Outpatient chemical dependency treatment including S.T.O.P. dual-diagnosis inpatient and outpatient. Adolescent day treatment facilities in Crystal and Osseo.

*Hazelden Center for Youth & Families* 763-509-3800

Residential treatment and outpatient care for individuals, ages 14-25 struggling with chemical dependency.

*Living Free Recovery Services* 763-315-7170

Christian outpatient chemical dependency treatment for adults.

*Mission Care Inc.* 763-559-1402

Services include assessment, medical monitoring and referral.

*Mission Care Lodge* 763-559-4249

24-hour, board, lodging and services for chronic, chemically dependent men and women who are homeless.

*On-Belay House* 763-546-8008

Residential treatment center for adolescent boys ages 13-18 yrs.

*Unity Hospital Fridley*

Assessments & Outpatient programs 763-236-4300

Substance abuse services - Inpatient Programs 763-236-4500

## **Emergency Services**

### **Domestic Violence**

*Alexandra House* 763-780-2330

Provides 24 hour emergency shelter, support services, and advocacy to victims of domestic & sexual violence.

*Counseling Center of Neighborhood Involvement Program* 612-374-3125

Supportive counseling, support groups, advocacy and community outreach. Also, education and prevention regarding sexual harassment, assault and violence.

*Domestic Abuse Project* 612-874-7063

Provides domestic abuse therapy and legal advocacy services.

*General Crime Victim Services, Council on Crime & Justice* 612-340-5400

Provides support, crisis intervention, advocacy and referral for victims of any crime on the 24-hour hotline.

*Greater Minneapolis Crisis Nursery*

Provides free shelter care (up to 72 hours) for children birth to six years.

24 Hour Crisis Line 763-591-0100

Business Line 763-591-0400

*Home Free* 763-559-4945

Emergency shelter and services for battered women and their children.

*Minnesota Coalition for Battered Women* 651-646-6177

Mission is to end domestic violence, promote social change and cultural change.

*Rape and Sexual Abuse Center at Neighborhood Involvement Program* 612-374-9077

Provides advocacy and therapy to survivors of sexual assault, abuse and harassment.

*Sexual Violence Center* Crisis Line 612-871-5111 Business Line 612-871-5100

Supportive counseling, support groups, advocacy and community outreach; education and prevention regarding sexual harassment, assault and violence.

*Sojourner Project Inc.* Crisis Line 952-933-7422 Business Line 952-933-7433

Provides battered women and children safe, temporary crisis housing, help with legal, medical, housing and financial needs.

*Hennepin County Attorney's Office Domestic Abuse Center* 612-348-5073

Assists with Orders of Protection and harassment orders, access to prosecutors for victims of domestic abuse, advocacy and referral for any other service.

### **Financial Aid**

*Community Action Partnership for Suburban Hennepin* 952-933-9639

Direct services, education, and advocacy for low-income residents of suburban Hennepin County. Includes energy assistance program.

*Catholic Charities* 612-204-8500

Programs for those most in need, regardless of faith.

*Children, Family & Adult Social Services*

*Hennepin County Front Door* 612-348-4111

Assistance with social services, medical and mental health services, and services for adults with disabilities.

*Hennepin County Northwest Family Service Center* 612-596-1300

Provides information for economic assistance/medical assistance.

*Social Security Administration* 1-800-772-1213

Administers the social security and supplemental income programs.

### **Food, Clothing, Limited Financial Aid**

*African Food Distribution* 763-450-3871

Provides culturally appropriate food to individuals in local African Communities.

*African Food Distribution* 763-561-2481

Monthly distribution with culturally appropriate food.

*CEAP (Community Emergency Assistance Program)* 763-566-9600

Provides food shelf, clothing closet, financial assistance (rent, deposits, utilities and transportation) and programs for seniors serving Brooklyn Park and Brooklyn Center.

*CROSS (Christians Reaching Out in Social Service) Food Shelf* 763-425-1050

Emergency food shelf, clothing closet, and limited financial aid. Open Monday, Wednesday and Friday. Serving Osseo, Champlin and Maple Grove areas.

*FARE For All* 763-450-3880 Low cost monthly food packages.

*Fare For All Express* 763-450-3880 Low cost food packages.

*Goodwill* 763-420-8013 Clothing and household items at a reduced price.

*Hanover Area Food Shelf (St. Paul Lutheran Church)* 763-498-8311

Food shelf for anyone that is in need of food serving the Hanover area. Open Monday evening, Tuesday, Wednesday, and Fridays.

*Hennepin County Economic Assistance (EZ INFO)* 612-596-1300

Financial Assistance, food and health insurance.

*Mothers & Children Food Program (MAC) & (NAPS)* 651-484-8241

MAC - Free monthly food package of federal commodities to children birth to age six, pregnant and breastfeeding

mothers until baby is one year old. NAPS - for adults 60+ yrs. of age.

*NEAR (North Suburban Emergency Assistance Response)* 763-533-2836

Emergency food shelf with some limited financial assistance serving Crystal, Robbinsdale and New Hope.

*Pastor Paul* 612-521-4665

Food for 60 and older; two or more in household; or disabled.

*PRISM (People Responding in Social Ministry)* 763-529-1350

Emergency food shelf, financial assistance, furniture, clothes closet, car care/auto repair serving Crystal, Golden Valley, New Hope, Robbinsdale, and Plymouth east of 494.

*Salvation Army Social Northbrook Corps* 763-425-0517

Emergency services include food shelf, self-sufficiency mentors through Project Break Through, heating assistance through HeatShare.

*WIC (Women, Infants & Children) Hennepin County* 612-348-6100

Food and nutrition program for pregnant and breastfeeding women, infants and children up to five years old.

## **Employment**

*Goodwill Easter Seals* 763-441-2766

Schoolwork experience program for youth ages 14 and up.

*HIRED* 612-529-3342

Provides employment and training programs to eligible participants (dislocated workers, MFIP, youth and adults)

*(HIRED) MN Workforce Center - Hennepin North* 763-536-6000

Job placement, dislocated worker programs, job training, welfare to work, unemployment insurance, labor market information, veterans programs and rehabilitation services.

*Twin Cities RISE* 612-338-0295

Provides training for under and unemployed adults, help with job search.

**Funeral Assistance** 612 348-7984

## **Housing**

### **Home Improvement & Home Ownership**

*Center for Energy and Environment* 612-335-5858

Assist residents with their home improvement financing and construction needs. Administers a variety of home improvement and homebuyer programs.

*Community Action Partnership for Suburban Hennepin* 952-933-9639

Direct services, education and advocacy for low-income residents of suburban Hennepin County.

*Fair Housing Information Housing and Urban Development* 612-370-3185

*Greater Metropolitan Housing Corporation Housing Resource Center Northwest* 612-588-3033

Assist residents with their home improvement financing and construction needs. Administers variety of home improvement and homebuyer programs.

*Housing Link* 612-522-2500

Connects people and communities to information that supports the resolution of their affordable housing issues.

*Homeless Shelter Resources Hennepin County* 612-348-3007

Assists homeless families with children, pregnant women, victims of domestic abuse, homeless youth, and homeless single adults. Access to Shelter Teams at Northwest Family Service Center.

*Sustainable Resources Center* 612-870-4255

Provides direct services to low-income families through federal weatherization program. Free lead testing and lead abatement.

*Twin Cities Habitat for Humanity* 612-331-4090

Builds and renovates homes and sells them to low-income families using zero-interest mortgage financing.

### **Foreclosure Prevention**

*Community Action Partnership for Suburban Hennepin* 952-933-9639

Direct services, education and advocacy for low-income residents of suburban Hennepin County. Hears complaints and provides consumer education and mediation. Provides civil legal services to low-income, disabled and elderly persons in Hennepin County.

### **Landlord Tenant Law**

*Attorney General's Office / Consumer Protection Division* 651-296-3353 Or 1-800-651-3787

*Legal Aid* 612-334-5970

*Minnesota Tenants Union* 612-874-5733

Information and advocacy services on rental housing problems.

### **Rental & Short Term Housing**

*The Bridge for Runaway Youth, Inc.* 612-377-8800

Crisis and homeless youth services for ages 10 - 18.

*Continental Hotel* 612-339-4557  
Temporary housing for homeless adults.

*Elim Transitional Housing* 763-788-1546  
Affordable housing options and support services to the homeless, living in substandard housing or abusive conditions.

*Apartment Search* 763-537-2866 FREE individualized rental housing search.

*Point NW Host Homes for Adolescents* 763-493-3052  
Transitional living program for homeless youth ages 16 - 20 who are unable to reunify with their family. Program availability is limited.

## **Rental Housing Subsidies**

*Metro HRA* 651-602-1428  
Housing assistance programs, including federal and state rental subsidy (Section 8), and state rehabilitation loan programs.

*Plymouth HRA* 763-509-5410  
Housing assistance programs, including federal and state rental subsidy (Section 8), and state rehabilitation loan programs.

## **Legal Services / Consumer Protection**

*Attorney General's Office / Consumer Protection Division* 651-296-3353 or 1-800-657-3787  
Hears complaints and provides consumer education and mediation.

*Better Business Bureau* 651-699-1111  
Promotes ethical relationships between businesses and the public through voluntary self-regulation, consumer and business education and service excellence.

*Lawyers Board of Professional Responsibility* 651-296-3952  
Addresses complaints/concerns regarding lawyers' professional conduct.

*Hennepin County Attorney's Office* 612-348-2146  
Information for citizens of Hennepin County. The Hennepin County Attorney serves as chief prosecutor of all adult felony and juvenile crimes in Hennepin County.

*Hennepin County Bar Association* 612-752-6666  
Offers referrals to a private attorney or an appropriate legal or social service agency.

*Hennepin County Conciliation Court* 612-348-2713  
Handles small claims.

*Immigration Information* 1-800-375-5283

*Legal Aid Society* 612-332-1441  
Provides civil legal services to low-income, disabled and elderly persons in Hennepin County.

*MN Department of Human Rights* 651-296-5663



*State Public Defenders Hennepin County* 612-348-7530 or 612-349-2565

Provides criminal defense services to individuals who are unable to provide their own counsel.

*University of Minnesota Law Clinic* 612-625-5515

Provides legal assistance to low-income individuals residing in the Twin Cities regarding non-criminal matters.

## **Family Law**

*Chrysalis, A Center for Women (Legal Assistance for Women Program)* 612-871-0118

Offers legal information sessions on divorce, child support and custody, family law clinic, lesbian law clinic, attorney referrals.

*Resource Center for Fathers and Families* 763-783-4938

Offers legal information sessions on divorce, child support and custody, family law clinic attorney referrals. Hears complaints and provides consumer education, mediation, and licensing information.

## **Reproductive Health Care**

*Annex Teen Clinic* 763-533-1316

Health care for young people ages 11-25

*Hennepin Care North Clinic—Brooklyn Center* 612-873-8800

Comprehensive and specialized health care

*Metro Women's Center* 763-533-8642

Women's reproductive health services

*Planned Parenthood Brooklyn Park* 763-560-3050

Reproductive care and sexual health information

*Red Door Clinic* 612-543-5555

STD Testing and treatment

*West Suburban Teen Clinic* 952-474-3251

Health care for young people ages 11-25

## **Resources for Pregnant & Parenting Teens**

*Everyday Miracles* 612-353-6293

Doulas providing pregnancy, labor and parenting support

*Genesis II for Families* 612-617-0191

Bright Beginnings and Teen Parent programs. Mentoring support for pregnant and parenting teens

*Helping Us Grow (HUG)* 763-504-4983

Home visiting to promote early learning

*Hennepin County Child Care Assistance* 612-348-5937

For child care assistance

*Hennepin County Child & Teen Checkups* 612-348-5131  
Assistance accessing preventative healthcare services

*Hennepin County WIC Program* 612-348-6100  
Nutrition program for pregnant women and families

*Metro Shelter Hotline* 1-888-234-1329  
Transitional housing

*Minnesota Family Investment Program (MFIP)* 612-596-1300

*Way to Grow* 612-588-8893  
Dream Tracks Program

*Minnesota Visiting Nurse Agency (MVNA)* 612-617-4600 Public health nursing services

*Southside Community Health Services- A.A.F.S.* 612-822-3186  
Pregnancy and parenting support for fathers

*St. David's Teen Pregnancy Services* 952-939-0396  
Support for pregnant and parenting teens and their babies

*TC Healthy Start* 612-673-3048  
Pregnancy support for African American and Native American teens

## **Support for Fathers**

*Minnesota Fathers & Families Network* 612-222-7432  
A statewide network that initiates, promotes and supports effective programs and educates on public policy to enhance the responsible involvement of fathers in the lives of children, families and community.

*Twin Cities RISE!* 612-338-0295  
Provides training and job skills development and job placement

*Y-MEN Rap* 763-464-2416

## **Area Learning Centers**

Flexible educational options for a variety of students including pregnant and parenting teens  
CrossRoads Alternative School 763-506-7400  
Highview Alternative School 763-504-8700  
Intermediate District 287 763-559-3535  
Osseo Area Learning Center (On site childcare) 763-391-8890

## Senior Services

*AARP Minnesota* 952-858-9040

Resources for AARP members and the public around AARP membership, services, product, tax-aid program, driver safety program, and widow services.

*Brooklyn Center Senior Adult Program* 763-569-3400

One-on-one support for widows and widowers with monthly meetings and social events.

*Brooklyn Park Senior Club* 763-493-8254

Recreational activities for adults age 55+.

*Care Break Adult Day Program* 763-592-2666

An adult day program serving adults age 55+ who need assistance to remain in their home.

*Crystal Recreation Department* 763-531-0052

Provides educational and leisure activities year round for adults age 55+. Senior dining, Dinner at Your Door and Five City Transportation.

*Colonial Club Senior Adult Program* 763-732-1435

Day program for seniors providing activities, meals, support, health, guidance and monitoring serving Golden Valley and surrounding areas.

*Community Emergency Assistance Program (CEAP)* 763-566-9600

Provides Meals on Wheels, and Handyworks Chore Services to seniors and disabled adults in Brooklyn Park, Brooklyn Center and the North Camden neighborhood in Minneapolis.

*Golden Valley Senior Program* 763-512-2339

Provides services to meet the social, recreational and educational needs of adults age 55+.

*Hennepin County* 612-348-4500

Applications for Elderly Waiver and Alternative Care grant.

*Lutheran Social Service of Minnesota* 612-871-0221

Senior companions, foster grandparent program.

*North Memorial Medical Center/Lifeline* 763-520-5911

Provides personal emergency response to people who live alone, have chemical health conditions, heart problems, or who are disabled.

*Northwest Hennepin Human Services Council* 763-503-2520

Provides research, planning and coordination of human services for the northwest Hennepin area.

*Nutrition Assistance Program for Seniors (NAPS)* 651-484-8241

Nutrition program for income eligible adults 60+.

*Plymouth Seniors Program* 763-509-5280

Provides activities, classes, trips and special groups for seniors.

*Robbinsdale Senior Program* 763-531-1278

Offers a variety of senior programs for adults age 55+.

*Senior Community Services* 763-504-6987

In-home case management and supportive counseling to seniors and their families.

*District 281 Community Education - Senior Services* 763-504-6980

A multipurpose senior center.

*Volunteers of America - MN Senior Services* 612-331-4063

Provides a variety of social, recreational and educational activities for older people, including lunch and transportation from the North, South and Park senior sites. Home health care and homemaking services.

## **Special Needs / Supportive Services**

*AccessAbility, Inc.* 612-331-5958

Employment training and job placement for people with significant barriers to employment. Specializing in disability and refugee services.

*American Heart Association* 952-835-3300

Voluntary organization dedicated to reducing disability and death from heart disease and stroke.

*ARC Greater Twin Cities* 952-920-0855

Offers parent and sibling support groups, information and referral, advocacy, community outreach, education and support to individuals with mental retardation and related developmental disabilities and their families.

*Arthritis Foundation* 651-644-4108

Provides information and referral, arthritis management programs, support groups and educational programs.

*Brain Injury Association of Minnesota* 612-378-2742

Provides information, referral resources, educational workshops, referrals to regional support groups.

*Community Involvement Programs* 612-362-4400

Serves persons with developmental disabilities and mental illness. Provides living skills support, residential living, affordable housing, home health services and supports employment in the metro area.

*Courage Center* 763-588-0811

National rehabilitation and resource center for people with physical disabilities, offers comprehensive, lifelong services to people of all ages.

*Cystic Fibrosis Foundation* 651-631-3290

Mission is to assure the development of the means to cure and control cystic fibrosis and to improve the quality of life for those with the disease.

*Deaf & Hard of Hearing Services—Metro* 651-431-5940

Provides information and referral services for the deaf, deaf-blind, and hard of hearing persons and their families.

*Fraser Child & Family Center* 612-331-9413 Services include evaluation and treatment of children with autism, pervasive developmental disorders and serious emotional disorders, neuropsychological evaluations, parent guidance and school consultation.

*Health & Wellness Program Serving Deaf & Hard of Hearing People/Regions Hospital - Behavioral Health*  
Dept. 651-254-4786

Provides support groups, educational programs and mental health services for the deaf and hard of hearing.

*Hennepin County Aging and Disability Services* 612-348-4500

Services for the elderly and persons with disabilities - cognitive, physical, and emotional.

*Minnesota Assistance Council for Veterans (MACV).* Minneapolis Metro 612-726-1327

Their mission is to provide assistance throughout Minnesota to positively motivated veterans and their families who are homeless or experiencing other life crises.

[www.mac-v.org](http://www.mac-v.org) 360 Robert St N Suite 306 St Paul, MN 55101

*Metropolitan Center for Independent Living (MCIL)* 651-646-8342

Provides services for people with disabilities.

*National Ataxia Foundation*

763-553-0020

Provides education and service programs and promotes ataxia research for all persons affected by hereditary and sporadic ataxias.

*National Multiple Sclerosis, MN Chapter* 612-335-7900

Provides community education, financial assistance information, resources, counseling, and advocacy programs.

*PACER Center Inc.* 952-838-9000

Provides individual assistance to parents of children and youth with all disabilities through 28 programs.

*Rise, Inc.* 763-786-8334

Array of vocational programs includes evaluation, training, placement, and follow-up.

*Sister Kenny Foundation*

Inpatient/Admissions 612-863-4457

Outpatient Services 612-262-7979

Outpatient Physical Therapy 612-262-7979

Inpatient and outpatient services for persons with disabilities, physical and occupational therapy, speech-language pathology.

*STAR Program* 651-201-2640

Statewide assistive technology program that provides advocacy, legal advocacy, education and training activities.

*State Services for the Blind* 651-642-0500

Provides services and resources to blind and visually impaired.

*Robbinsdale Rehabilitation & Care Center* 763-588-0771

Provides services to individuals that require skilled medical services and rehabilitation on a short or long-term basis. (Formerly Trevilla of Robbinsdale.)

*United Cerebral Palsy of Minnesota* 651-646-7588

Provides information and education, and loans communication equipment to individuals with speech disorders.

*VECTOR / Intermediate District 287* 763-536-0872

Links special education, vocational education and community agencies to provide transitional services.

*Vinland Center* 763-479-3555

Provides chemical health, employment, community integration for persons with brain injury.

*Vision Loss Resources* 612-871-2222

Education, rehabilitation, support and leisure programs for blind and visually impaired individuals in the nine county metro area.

*Washburn Child Guidance Center* General Info 612-871-1454

Has NW site. Provides services for children who have social, emotional and behavioral problems and their families.

*WorkAbilities, Inc.* 763-541-1844

Provides day training and supported employment services to adults with developmental disabilities.

## **Transportation**

*CEAP* 763-566-9600

No interest car loans.

*Five Cities Transportation* 763-531-1259

Transportation for Brooklyn Center, Crystal, Golden Valley, New Hope, and Robbinsdale residents for personal and grocery shopping, senior dining, and senior activities. For disabled and/or ages 60 and older.

*Interfaith Outreach and Community Partners* 952-473-2436

Medical and special needs transportation for seniors and disabled persons.

*Maple Grove Transit* 763-493-2200

Dial-A-Ride serving Maple Grove and commuter express to and from downtown Minneapolis.

*Metro Mobility* 651-602-1111

For persons with disabilities who, because of a disability, are unable to ride the city bus.

*Metro Transit – Next Trip* 612-341-4287

24-Hour bus route, light rail, and computer rail information. The principal transit provider for the Twin Cities Metro Area.

*MN Masonic Homes Senior Outreach Services - Carebreak Adult Care Centers* 763-592-2666

Rides offered for group trips, shopping, dinner outings, social/recreational events, adult day programs for disabled adults and/or seniors.

*Plymouth Dial-A-Ride* 763-559-5057

Shared ride system to anywhere in Plymouth, Ridgedale, K-Mart in New Hope, Golden Valley Center and Wayzata Bay Center and Lunds in Colonial Square.

*PRISM Express Transportation* 763-529-1252

Provides curb-to-curb transportation service to individuals in Brooklyn Center, Golden Valley, New Hope, Plymouth and Robbinsdale.

*Transit Link (formerly Dial-A-Ride)* 651-602-5465 A curb to curb mini bus or van service for the general public where regular route transit service is not available. Operates on week-days.

## **Women Services**

*WAND (Women Achieving New Directions)* 612-752-8560

Helps low-income, single, working mothers upgrade their income with career counseling, self-esteem mentoring and professional women clothes closet.

*Women in Transition* 612-752-8444

Helps women to explore career options, set goals and develop job seeking strategies. Sliding fee scale services available.

*Women Venture* 651-646-3808

Provides technical tools and emotional support for women and men who are starting a business, looking for a new job or trying to develop a new career path.

## **Youth & Family Counseling / Advocacy**

*Allina Behavioral Health Services* 612-863-5327

Outpatient behavioral health services provided by psychiatrists and psychologists.

*Bachmann & Associates* 651-379-0444

Mental health services for children and families.

*Child & Family Psychological Services* 763-553-7820

Psychological evaluations, consultations and psychotherapy provided.

*Child & Teen Check Ups* 612-348-5131

Provides direct connection (by phone) for appointments with providers, interpreters and transportation.

*Chrysalis, A Center for Women* 612-871-0118

Offers a range of mental health services to women, children and families, including group therapy and assessments and psychological testing.

*CLUES Integrated Behavioral Health Services* 612-746-3500

Provides social and behavioral health services for all ages in the Latino community.

*Community University Health Care Clinic* 612-638-0700

*The Counseling Clinic* 763-560-4860

Offers individual, couple and family therapy, psychological testing, psychiatric evaluations, and domestic violence classes.

*Storefront Delta Place* 952-426-6600

Day treatment program for ages 13-17 experiencing significant behavioral and emotional problems which cannot be resolved in a standard outpatient mental health setting.

*The Family Partnership, Northwest Branch* 763-560-4412

Community-based agency providing counseling services for parent/child concerns, family problems, relationships, domestic violence and youth diversion.

*Family Innovations* 763-421-5535

Anoka, Faith Based therapy includes 30 therapists with capacity to see ages 2 to 90.

*Family Networks* 763-515-2441

Home-based treatment for families who have a child under 18 with a serious emotional disturbance who or are at risk for abuse, neglect and/or out-of-home placement and family-focused therapeutic preschool and parenting program for families with children ages birth to six who are "at-risk."

*Hennepin County Mental Health Center - Northwest Clinic Brooklyn Center* 612-596-9438

A range of therapy services for children and adults.

*Hennepin County Mental Health Clinic* 612-348-4111

Provides general diagnostic and assessment for all ages. Target children with EBD.

*Institute for Minority Development* 763-544-2019

Culturally specific counseling and other mental health services.

*Lutheran Social Service of Minnesota-Youth Services* 651-642-5990

Provides a wide array of services regarding teen issues.

*Mental Health Association of Minnesota* 612-331-6840

Provides individual and systems advocacy services and mental health education to fight mental health stigma. Assistance with finding resources to end discrimination or fight for justice when rights are violated.

*MN Visiting Nurses Association (MVNA)* 612-617-4600

Provides direct service, case management, medical care and referral/Family Focus.

*Northwest Community Support Program* 612-752-8300

Provides support services to adults with serious mental illness through social-recreational activities, outreach, community linkages and housing services.

*North Hennepin Mediation* 763-561-0033

Low or no cost conflict resolution services for landlords, tenants, families, and businesses.

*North Psychology Clinic* 763-531-0566

Community-based agency providing counseling services for parent/child concerns, family problems, relationships, domestic violence and youth diversion.

*PrairieCare* Free needs assessment call 1-888-9-772-4743

Provides clinic and partial hospital programs for children, adolescents and adults.

Maple Grove Hospital Edina 952-230-9100

*Seed of Hope* 952-476-4673

Provides seed dollars for mental health services for children and families.



*St. David's Center - Health Families* 952-548-8621

A home-based Infant - Parent Development Program, no cost to participate but must live in West or north metro.

*Suicide Awareness Voices of Education (SAVE)* 952-946-7998

SAVE conducts public awareness and educational activities to teach about depressive illnesses and suicide prevention.

*Therapy Connection for Kids* 763-767-0854

Therapy for preschool children with sensory integration issues: ASD FAS, ADHD, etc.

*Therapy Institute of Minnesota* 763-546-6718

Therapy for individuals, couples and families including assessment, short-term and long-term therapy.

*Volunteers of America Mental Health Clinics* 763-225-4052

Services for children, adolescents, and their families.

*Washburn Child Guidance Center* 612-871-1454

Provides mental health services to children birth to 18 and their families.

## **Youth & Family Services**

*Big Brothers Big Sisters of the Greater Twin Cities* 651-789-2400

*Boy Scouts of America, Viking Council* 763-545-4550

*Camp Fire USA MN Council* 612-285-6255

Programs for K-12 and families to develop life-skills, become involved in their community and have fun in a small group setting.

*Girl Scout Council of Greater Minneapolis* 763-535-4602

For ages 5 - 17 to participate in activities in a safe, supportive all-girl environment.

*Helping Us Grow (HUG)* 763-504-4983

Universal home visiting for parents who are expecting, adopting, or have a newborn.

*Jewish Family & Children's Service* 952-546-0616

*Mosaic Youth Center* 763-504-4982

An effort to establish a fun active place for all youth to serve and be served. Currently offering youth programming, leadership, and volunteer opportunities in the Northwestern suburbs.

*Northwest YMCA* 763-535-4800

Program opportunities for the whole family, including family support, counseling, evaluation and referrals for troubled teens.

*Robbinsdale Area Schools Community Education Youth Services* 763-504-4909

*Tree House* Brooklyn Park: 763-560-2334 New Hope: 763-533-9667

Provides guidance and social activities for junior and senior high youth, also education and support groups for youth and parents.

*YMCA Point Northwest for Runaway Youth 763-493-3052*

Offers support through outreach, community-based intervention, family mediation, education, shelter services, and transitional housing. Staff are available 24 hours a day seven days a week.

## **Other Helpful Numbers**

*Deaf & Hard of Hearing Services 1-800-456-3690*

Provides assistance to deaf, deaf-blind and hard of hearing individuals and their family members to help access services from other agencies, coordinate services with other agencies and educate about assistive technology.

*Medicare Information 1-800-633-4227*

Medicare is an entitlement based federal government health insurance program that pays certain medical benefits to disabled and elderly people.

*Minnesota Board on Aging 651-431-2500*

MBA listens to senior concerns, researches for solutions and proposes policy to address senior needs.

*Senior Linkage Line 1-800-333-2433*

Seniors and their families can learn about available resources, enabling them to make informed choices. A full spectrum of resource information is available.

*Social Security Administration 1-800-772-1213*

Administers Federal retirement, survivors and disability insurance programs, as well as the program of supplemental security income (SSI) for the aged, blind and disabled.

*State Services for the Blind 1-800-366-5420*

Transportation for seniors and disabled individuals