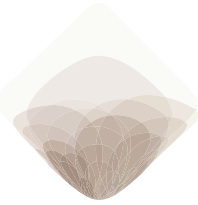


RELAX

The Spa

(585) 412-4994 | www.rochester.relaxthespa.com



◆ Skin Care – *Hydraceuticals*

RELAX Signature Hydrafacial

Get glowing skin from this non-invasive treatment infusing your skin with antioxidants, peptides, and hyaluronic acid. The Hydrafacial is breakthrough resurfacing and fusion technology with no down time.

80 Minutes \$280

True Hydrafacial

This Hydradermabrasion treatment begins with a rejuvenating deep cleansing then an infusion of antioxidants and hydrating hyaluronic acid. Reduce the look of fine lines and see flawless results.

50 Minutes \$195

Mini Hydrafacial

The Hydrafacial treatment leaves your skin feeling plump, hydrated and clean with no down time. Advanced Hydrafacial technology can focus on your problem areas for noticeable results.

25 Minutes \$155

Hydrafacial add-ons

Dermabuilder Treatment: Enhances skin elasticity and tone	\$50
Lymphatic Treatment: Helps to eliminate puffiness	\$35
LED Light Treatment: Red and blue light for skin therapy	\$35
Britenol Treatment: Intensive spot corrector	\$50
CTGF Treatment: Connective Tissue Growth Factor skin solution	\$70

Perk Lip Treatment

Perk™ Lip uses peony extract, peppermint, aloe and vitamin E to exfoliate, hydrate, plump and condition your lips. A take home lip serum and balm to last until your next treatment are included in your service. \$40

Perk Eye Treatment

Perk™ Eye uses arnica, green tea, citric acid and peptides to reduce the appearance of fine lines and wrinkles, puffiness, dark circles, hydrate and promote elasticity to the under eye area. A take home under eye serum and 2 eye masks are included in your service. \$50

◆ Skin Care – *Organic Facials*

Organic VitaSkin Firm Skin Facial

Eliminate the early signs of aging with incredible antioxidants such as acai berry, blackberry, raspberry. A plant-derived hyaluronic acid reveals luminous, youthful skin that boasts the appearance of fewer fine lines and wrinkles. (Organic, Age Preventive)
50 Minutes \$120

Organic VitaSkin Bright Skin Facial

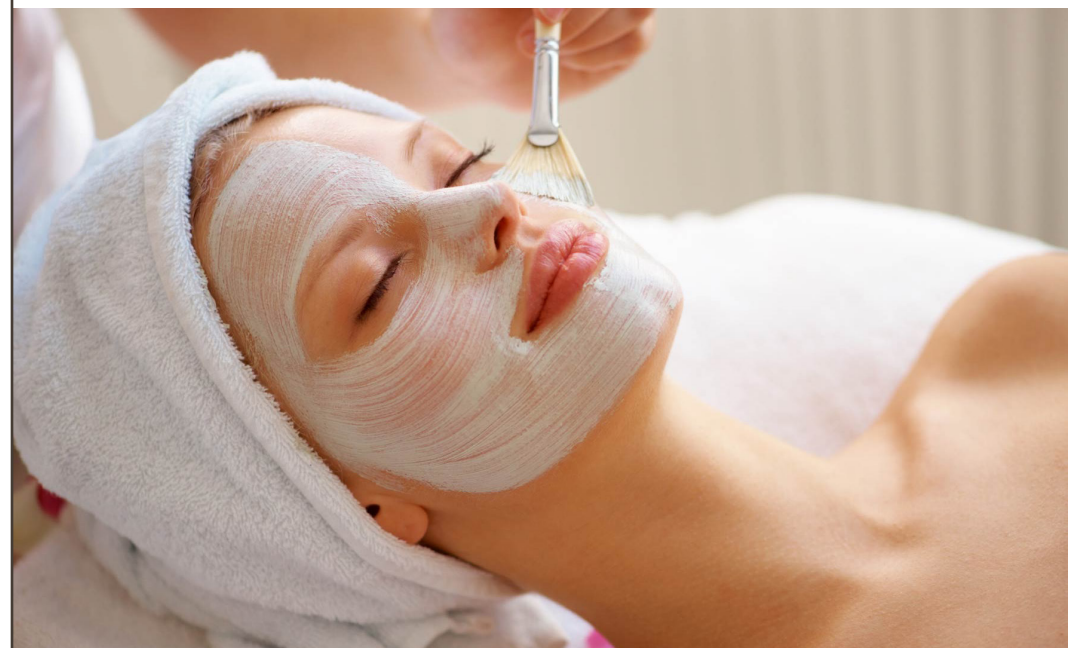
Brighten and lighten an uneven complexion with refreshing stone crop, licorice root, and bearberry. Fade age spots and hyperpigmentation and leave skin soft and luminous. (Organic, Uneven Skin Tone)
50 Minutes \$120

Organic VitaSkin Calm Skin Facial

Get out of the red and into the clear by calming sensitive skin and the appearance of redness and inflammation naturally with soothing ingredients such as chamomile, marigold, rosemary and arnica. (Organic, Sensitive Skin, Rosacea)
50 Minutes \$120

Organic VitaSkin Clear Skin Facial

Say goodbye to problem skin and hello to a radiantly clear complexion. Clarifying and calming cucumber, tea tree, yogurt, stone crop and more eliminate the signs of acne. (Organic, Oily, Acne)
50 Minutes \$120



Skin Care – *Age Corrective Facials*

Repair & Revitalize Facial Treatment

Antioxidant-rich natural plant hormones target hormonal acne and treat hormonal aging. The power of supercharged greens clarifies and clears the skin by normalizing oil gland production and helps to prevent breakouts. Repair and revitalize aging skin, visibly increasing its hydration and elasticity for a firmer, more youthful complexion. (Organic, Hormonal Acne, Anti-aging)
50 Minutes \$130

Age Corrective Facial

Repairs the visible signs of aging for immediate and lasting results. A Natural Retinol Alternative made with chicory root oligosaccharides and tara tree gum, and revolutionary Swiss Green Apple stem cell technology lift and tighten skin, erase wrinkles and crow's feet, and increase collagen production for skin that appears naturally ageless. (Organic, Anti-Aging) *Not for sensitive skin.
50 Minutes \$140

Anti-Aging Facial

Transform mature or dehydrated skin with microcurrent technology and SkinCeuticals. Reduce fine lines and wrinkles and increase collagen production to help your skin regain elasticity. (Anti-aging)
50 Minutes \$145

Skin Care – *Specialty Facials*

RELAX Sea and Vitamin "C" Signature Facial Treatment

Turn back the hands of time. Designed to rejuvenate the skin by stimulating collagen and elastin synthesis. It acts as a powerful oxygenation and toning treatment as it gives unequalled lifting and clarifying effects by improving microcirculation, cell regeneration, and the skin's natural defense mechanisms. (Organic, Uneven Skin Tone, Anti-Aging) 80 Minutes \$165

Exotic Arctic Berry Peptide Specialized Facial Treatment

A deeply oxygenating and brightening treatment ideal for fatigued, pigmented and aging skins. Complexion will appear completely revitalized and firm while pores become tightened and refined. Helps with cellular repair and nourishes the skin combining botanical Stem Cells, Hylauronic Acid and Retinol Alternatives. (Organic, Uneven Skin Tone, Rosacea, Acne)
50 Minutes \$140

Brightening Facial

Restore even skin tone and target unwanted areas of hyperpigmentation with two masks and a two layer peel. Reverse the signs of premature aging and sun damage with this corrective SkinCeuticals facial. (Uneven Skin Tone)
50 Minutes \$125

Gentleman's Specialized Facial

This signature treatment for men with focus on using fresh, organic ingredients designed specifically for the unique skin care needs of men. A deep thorough cleansing, hot towels and exfoliation leaves skin smooth and healthy.
50 Minutes \$120

Skin Care – *Facial Service Elevations*

Elevate Your Facial Treatment with any of the following services to take your treatment to the next level:

Facial Enhancements

Vitamin C Booster: Boost collagen production and plump skin	\$20
Glycolic Power Peel: Concentrated glycolic peel to reduce fine lines	\$25
Purifying Back Treatment, 25 Minutes: Invigorating steam and exfoliation	\$55

Advanced Organic Eye Rescue

Experience the latest in eye brightening technology. Do away with dark circles, fatigue, puffiness and lack of elasticity with this active treatment.
\$20 Upgrade to any facial

Organic Lip Plumping Treatment

Refine, plump and hydrate the lips with this award-winning 3-step combination for instant beauty. \$15 Upgrade to any facial

Waxing

Eyebrow	\$25	Back	\$60	Brazilian	\$60
Lip	\$15	Arms – Upper	\$35	Legs – Upper	\$40
Chin	\$15	Arms – Lower	\$35	Legs – Lower	\$45
Face	\$50	Arms – Full	\$65	Full Legs	\$70
Cheeks	\$25	Underarm	\$25		
Chest	\$60	Bikini	\$40		

Massage

RELAX Organic Antioxidant Massage

This relaxing, muscle-soothing massage will infuse a boost of vitamins and antioxidants with all-natural body oil. A unique blend of grapeseed, jojoba, seabuckthorn and superfood pomegranate oils hydrate, nourish and soothe the skin. Botanically derived Vitamins A, C Ester, E and Coenzyme Q10 ensure your body is on the road to wellness.

50 Minutes \$115 • 80 minutes \$155

Hot Stone Massage

People have known for centuries that river stones contain energy. Warmed River stones are incorporated with classic Swedish massage techniques in this deeply relaxing full-body massage.

50 Minutes \$110 • 80 minutes \$150 • 110 Minutes \$205

Stretching Yoga Massage

Deep stretching, rhythmic compression and acupressure combine for a Yoga-like massage. Relieves aching muscles and increases energy. Please wear loose fitting clothing.

50 Minutes \$95

Deep Tissue Massage

An intensive treatment that combines stimulating massage techniques to melt fascia in over-stressed muscles. This massage opens the joints and works out the stress with unique stretches, trigger point therapy, and acupressure techniques to release tension.

50 Minutes \$100 • 80 Minutes \$140



Swedish Massage

Indulge yourself with a relaxing, soothing, all over body massage. You'll see the benefits of massage: increased energy, less stress, and an overall sense of well being.

50 Minutes \$90 • 80 Minutes \$130 • 110 Minutes \$185

Back & Shoulder Massage

A stress-relief massage concentrating on those high tension areas of the neck, shoulders and back. Knead and release techniques relax the muscles and increase circulation.

50 Minutes \$90

Reflexology Foot Massage

Enhance your massage experience with the ancient methods of reflexology which focuses on pressure points in the feet or hands that correspond to various organs and systems throughout the entire body. Pressure point stimulation opens energy pathways, promoting greater circulation and relaxation.

25 Minutes \$50 • 50 Minutes \$85

Pregnancy Massage

This gentle massage helps ease strained muscles and fatigue for the expectant mother. After the first trimester, regular massage has been proven to relax mother and baby throughout the pregnancy.

50 Minutes \$95 • 80 Minutes \$135

Lavender Dreams

Unwinding your body and mind with a custom full body massage to induce sleep. Deeply relaxing massage using unique wild crafted lavender oils.

50 Minutes \$110

Couples Massage

What could be better than being pampered with a luxurious massage? Sharing it with someone special! Whether it's the love of your life, your mother, your father, daughter, sister, or friend; enjoy our private couples room. It's even better to spa together!

Priced for two. 50 Minutes \$180 • 80 Minutes \$260

Enhance any massage with organic antioxidant vitamin-infused massage oil \$15

Body Treatments

RELAX Escape

Two hours of spa bliss begins with an exfoliating body scrub and a hot stone massage. It's a combination of services that touches every sense and releases every tension.
110 Minutes \$225

Lazy Days Tub Ritual

Immerse in a tub for this simple tranquility. Cleanse and soften your skin with a vitamin-infused soak featuring jojoba oil, apricot kernel oil and pomegranate seed oil. Follow your relaxing soak with a gentle Swedish massage and emerge renewed.
80 Minutes \$150

RELAX Nourishing Body Scrub

A luxurious body scrub for all skin types. Soften and hydrate with a raw cane sugar scrub followed by a warm antioxidant-rich soy wrap. This Vichy shower treatment deeply restores health and vitality from head-to-toe, while slimming target areas. Leave your skin velvety smooth with an irresistible glow.
50 Minutes \$120

Herbal Mud Treatment

Especially suited to those who are muscle sore and fatigued, this invigorating treatment will deeply cleanse and balance all skin types. The entire body is treated to a mineral-rich Herbal Mud application, then wrapped to release toxins from the skin. While relaxing, the neck and head are treated to a massage before the invigorating vichy shower increases circulation.
80 Minutes \$165



Manicure

RELAX Signature Age Corrective Manicure

Reveal more youthful skin with this signature experience. Treat signs of aging on the back of your hands with our powerful age corrective solution. This treatment is a 'facial for your hands' and includes an exfoliation, mask, serum and hydration.
50 Minutes \$65

Classic Manicure

Experience this classic favorite manicure including hydrating agave oil to soothe and protect skin. A hydrating paraffin treatment provides rejuvenating results.
50 Minutes \$50

Spritzer Manicure

Soothing essential oils and natural ingredients leave skin soft and smooth. A hydrating paraffin treatment provides rejuvenating results.
50 Minutes \$45

Gel Manicure

Zero drying time, no-chips, lasts up to 14 days with no damage to natural nails. Includes easy, gentle, professional removal of polish applied at our spa.
50 Minutes \$40

Pedicure

RELAX Signature Organic Pedicure

Soften and hydrate with a raw cane sugar scrub followed by a warm antioxidant-rich wrap. Nails are shaped and polished to perfection.
80 minutes \$95

Lavender Scrub Pedicure

Experience bliss with a cleansing soak, scrub and nail shaping. Finish the experience with a hot stone foot massage.
50 Minutes \$70

Antioxidant Sugar Scrub Pedicure

Combine antioxidant powers of pear and green apple with the exfoliation from a raw sugar scrub to leave skin velvety and smooth.
50 minutes \$70

Classic Pedicure

Experience this classic favorite pedicure including hydrating agave oil to soothe and protect skin. A hydrating paraffin treatment provides rejuvenating results.
50 Minutes \$60

Nail Enhancements

Lucky Legs Add-on 25 Minutes	\$35	Honey Heel Glaze	\$15
French Polish	\$10	Gel Polish Application	\$15
Paraffin Treatment	\$10		



RELAX The Spa Packages

Couples Spa Day \$480

Enjoy our relaxing Swedish couples massage, 50 minutes, followed by our Organic VitaSkin Facials and Classic Pedicures. A wonderful way to spend time with someone special.

RELAX Signature Spa Day \$350

Begin with a RELAX Antioxidant 50 minute massage. Then experience a Vitamin "C" Signature Facial to rejuvenate the skin. Finish with the RELAX Signature Organic Pedicure to soften and hydrate. Emerge renewed!

Spa Classics \$240

Start off with a relaxing, therapeutic Swedish massage, 50 minutes. Next enjoy an Organic VitaSkin Facial that cleanses and conditions the skin. Complete your blissful spa retreat with a Classic Pedicure.

Great Expectations \$250

Our 50 minute Pregnancy Massage eases pregnancy aches and pains. An Organic VitaSkin Facial and Classic Pedicure rejuvenate the skin and soothe tired feet.

Spa Etiquette

Please arrive 15 minutes prior to your scheduled appointment time to ensure a stress free spa visit. For a new guest, please allow 30 minutes to allow time for the guest profile. Delayed arrival will limit the time for your experience, and the full price of your service will be charged. Please notify our staff of any special physical or medical needs or conditions they need to consider prior to your services (i.e. pregnancy, food or product sensitivities or aggressive medications).

To cancel or reschedule reservations, a 24-hour advance notice is required. A 48-hour advance notice is required for any spa packages and multiple treatments lasting more than 2 hours. Insufficient notice to cancel or reschedule reservations are subject to charges up to full service value.

All no-show reservations will be assessed a charge at full value of services.

RELAX The Spa Gift Cards may be used to purchase products and services at face value. This card cannot be used to purchase other gift cards. This card is non-refundable and may not be redeemed for cash. Any unused balance will remain on the card. This card is not transferable and RELAX The Spa is not responsible for any lost, stolen, damaged or unauthorized use of the card.

Gratuities are not included in the value of the services and are at the discretion of the guest.

RELAX
The Spa



235 High Street Extension
Victor, New York 14564

(585) 412-4994

www.rochester.relaxthespa.com

Download our RELAX The Spa app for online reservations.

Sunday	11am – 6pm
Monday	10am – 7pm
Tuesday	10am – 7pm
Wednesday	10am – 8pm
Thursday	10am – 8pm
Friday	9am – 8pm
Saturday	9am – 7pm

