

PERSONAL & GROUP TRAINING RATES

Effective April 1st, 2016



Quality Fitness
for your quality of life

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Personal Training Drop-In Rates

Private Session, 1 on 1	\$65.00
Group Session, 1 on 2	\$40.00
Group Session, 1 on 3	\$35.00
Group Session, 1 on 4	\$30.00

Save money with a Personal Training Membership!

The longer you invest, the more you save! Find a workout buddy or group, and you can all save even more!

Membership Options: 1 on 1 1 on 2 1 on 3 1 on 4 (1 Hour Sessions)

<u># of Sessions</u>	<u>Instructor/# of Clients</u>	<u>Duration</u>	<u>Avg. Cost/Session</u>	<u>Cost/Person</u>
2x/Week	1 on 1	1 Month	\$50.77/Session	\$440.00
2x/Week	1 on 2	1 Month	\$34.62/Session	\$300.00
2x/Week	1 on 3	1 Month	\$27.00/Session	\$234.00
2x/Week	1 on 4	1 Month	\$22.00/Session	\$190.00
2x/Week	1 on 1	3 Months	\$50.00/Session	\$1,300.00 <i>(pre-paid)</i>
2x/Week	1 on 2	3 Months	\$28.46/Session	\$740.00 <i>(pre-paid)</i>
2x/Week	1 on 3	3 Months	\$25.00/Session	\$650.00 <i>(pre-paid)</i>
2x/Week	1 on 4	3 Months	\$21.00/Session	\$546.00 <i>(pre-paid)</i>
2x/Week	1 on 1	1 Year*	\$45.00/Session	\$390.00*
2x/Week	1 on 2	1 Year*	\$27.12/Session	\$235.00*
2x/Week	1 on 3	1 Year*	\$24.00/Session	\$208.00*
2x/Week	1 on 4	1 Year*	\$19.00/Session	\$165.00*
*Billed Monthly				
1x/Week	1 on 1	1 Month	\$50.77/Session	\$220.00
1x/Week	1 on 2	1 Month	\$34.62/Session	\$150.00
1x/Week	1 on 3	1 Month	\$27.00/Session	\$118.50
1x/Week	1 on 4	1 Month	\$22.00/Session	\$91.00
1x/Week	1 on 1	3 Months	\$50.00/Session	\$650.00 <i>(pre-paid)</i>
1x/Week	1 on 2	3 Months	\$28.46/Session	\$370.00 <i>(pre-paid)</i>
1x/Week	1 on 3	3 Months	\$25.00/Session	\$325.00 <i>(pre-paid)</i>
1x/Week	1 on 4	3 Months	\$21.00/Session	\$273.00 <i>(pre-paid)</i>
1x/Week	1 on 1	1 Year*	\$45.00/Session	\$195.00*
1x/Week	1 on 2	1 Year*	\$28.38/Session	\$123.00*
1x/Week	1 on 3	1 Year*	\$25.00/Session	\$108.00*
1x/Week	1 on 4	1 Year*	\$21.00/Session	\$91.00*

~Special Arrangements made for those wishing to train more than 2x/week~

***Billed Monthly**

Membership Billing Information

- No Enrollment Fees or Deposits!
- New monthly contract memberships are pro-rated balance of first partial month
- Month-to-Month Memberships and Month-to-Month Family Memberships renew monthly and are non-refundable; to cancel notify us by the 15th of prior month.
- Yearlong contracts can be suspended once per year at any time ("vacation hold") without a fee. Suspension is activated at the start of the next billing cycle and monthly billing automatically resumes at end of suspension. Request in monthly increments up to 3 months. Additional suspensions are \$50.00/suspension.
- Cancellation fees only apply to the 12 Month Contract; 50% of remaining monthly payments are due at time of cancellation.
- Credit card/debit card required for automatic billing of month-to-month or 12-month Studio memberships.
- Pre-paid memberships may be paid via credit/debit card, check or cash. No refunds.
- No refunds on purchases.

Rate Schedule Effective April 1st, 2016 *Subject to change with appropriate notice*