

I now release anxiety and fear from my life  
Drama based relationships no longer work for me  
My belief in having to do it all myself holds me back  
Belief in scarcity belongs to the old me  
I am unloving to myself when I subordinate and go backwards in manifesting  
I am ready to let go  
I believe that the universe is FOR me and that really works for me  
The manifestation of Purest Potential is terrific and wonderful  
I am very loving to myself with each breath I take  
I am most content teaching and healing  
I acknowledge myself for all the growth and change.  
I experience sufficiency, contentment and joy in my life  
I create a system so others can experience their purest potential  
Next year will be an experience of the better it gets the better it gets  
I bring in more girlfriends and more couples to socialize with and secure our  
finances so that we experience sufficiency and integrity with our finances  
I look radiant in my classy, sporty clothes  
I project an image of a strong spiritual woman  
I am totally healthy and have great endurance  
I feel in a constant state of sufficiency and my money supports the expression  
of my soul  
I experience so much love everyday that I feel content always  
I live in a world where there is peace and sustainability  
My spirituality is endless and I express it as a generator of Purest Potential

**Affirm:**

I know that where I am is the totality of possibilities . . . not just a few  
possibilities, but the totality of all creation.  
I am not limited by statistics, medical opinions, time, or authorities.  
I am one with the infinite wisdom and capabilities of the Universe itself.  
All good is available to me, right here and right now.  
I use the power of my thoughts to create that which I desire.  
I know that.  
Now I live it!