



THE FOLLOWING CLASSES WILL BE HELD

All other classes are canceled so that our teachers can spend time with their families.

Sunday, December 21

9:00 am - All Levels with Tom

Monday Dec 22

9:00 am - All Levels with Linda

6:00 pm - All Levels with Motomi

Tuesday Dec 23

9:00 am - All Levels with Lynda

5:30 pm - All Levels with Denise

Wednesday, Dec 24 (Christmas Eve)

9:00 am - All Levels with Marinda

Thursday, Christmas Day - CLOSED

Friday, December 26

9:00 am - All Levels with Marinda

Saturday, December 27

8:00 am - Level 1-2 with Denise

9:30 am - Iyengar 2-3 with Sharon

Sunday, December 28

9:00 am - All Levels with Tom

Monday, December 29

9:00 am - All Levels with Linda

6:00 pm - All Levels with Michael

Tuesday, December 30

9:00 am - All Levels with Lori

5:30 pm - All Levels with Denise

Wednesday, December 31 (New Years Eve)

9:00 am - All Levels with Denise

Thursday, January 1 (New Years Day)

10:00 - 11:15 am - All Levels with Marinda

Friday, January 2

9:00 am - All Levels with Marinda

10:45 am - Gentle Yoga with Amy

Saturday, January 3

8:00 am - Level 1-2 with Denise

9:30 am - Iyengar 2-3 with Sharon

Sunday, January 4

9:00 am - All Levels with Tom

6:00 pm - Restorative with Linda