



Media Advisory

- What:** USA Weightlifting World Team Trials
- When:** Saturday, Aug. 23, 2 p.m.
- Where:** Pittsburgh Sports Performance Center, 331 Station St., Bridgeville, Pa.
- Who:** Caine Wilkes
U.S. Heavyweight Champion
- Holley Mangold
2012 Olympian and 2013 competitor on NBC's "The Biggest Loser"
- Pittsburgh Barbell Club
Host

More than 20 top-ranked male and female Olympic weightlifters have been invited to compete for a spot on the U.S. team the competing in Almaty, Kazakhstan, in November.

U.S. Heavyweight Champion Caine Wilkes will attempt to be only the fifth U.S. weightlifter to clean and jerk more than 500 pounds.

In the women's session, Holley Mangold will be competing for a spot to represent the USA in world competition once again.

On Sunday, the Bridgeville facility will play host to the Pennsylvania State Weightlifting Championships, which are open to all Pennsylvania lifters registered with USA Weightlifting.

- Contact:** Regis Becker
regis.becker@verizon.net
412-276-7905