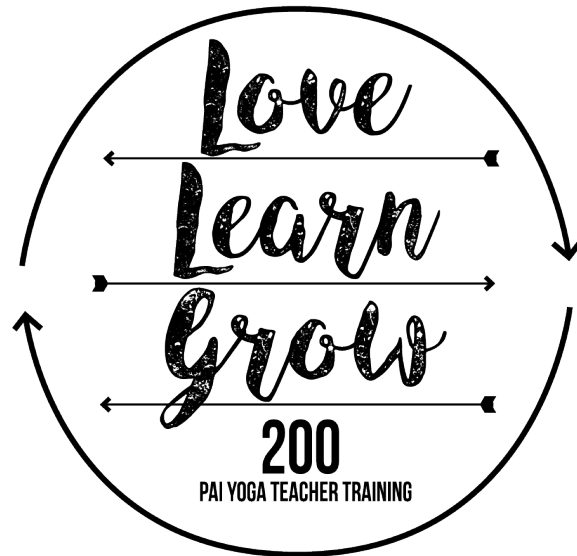


-- APPLICATION PACKET --



PAI Journey 200-Hour Yoga Teacher Training

Receive \$250 off when submit the application
with deposit by Oct 15th.



Program Dates

Weekend #1: 1/19* – 21
Weekend #2: 2/16 – 2/18
Weekend #3: 3/2* – 3/4
Weekend #4: 4/6 – 4/8
Weekend #5: 4/27 – 4/29
Weekend #6: 5/18* – 5/20
Weekend #7: 6/22 – 6/24
Weekend #8: 7/27 – 7/29

Hours:

Fridays: 6-9p, except 1/9, 3/2 and 5/18: 8a-6p
Saturdays: 8a-6p
Sundays: 9a-4p

Locations:

Friday evenings: PAI Studio.
Sat, Sun, and Fridays 1/19, 3/2 and 5/18: TBD

Registration Information + Requirements

Students wishing to enroll must have a passionate interest in yoga. You must also have 6 months of dedicated practice by the time the program starts in February 2018. Aside from the required 8 weekends above, a few hours for reading and homework may be required each week.

Upon completing your certification, you will be certified by PAI Yoga and Fitness. You may then choose to register through Yoga Alliance for a 200 Hour Registered Yoga Teacher (RYT) designation.

Special note: Enrollment is limited and by permission only.

See Course Description and Bios for teachers and special guest teachers on PAIYogaFitness.com/yoga-teacher-training



Application Form

Full Name:

Birth Year:

Current Address:

Mobile Number:

Email:

Emergency Contact Information

Name:

Phone no.:

Relationship:

Please answer all questions. If you need more room, go to the bottom of the page.

1. What brought you to PAI Journey 200 Hour Yoga Teacher Training?

2. Can you commit to the entire course?



3. How long have you been practicing hatha yoga on a regular basis?

4. Do you practice at PAI Yoga and Fitness? If so, how many times per week? If not, where do you practice, how many times per week?

5. Do you practice any breathing exercises daily?



9. Do you have any serious injuries or any particular medical challenges / conditions we should know about?

10. Do you have a plan to open a yoga studio? If so, where and when?

11. Who inspires you to be your greatest self in life? And How?



12. What are three things that you think are unique about you? It could be an accomplishment, an injury, a special talent, something that nobody knows, things when you think about yourself, make you "YOU"?

13. Any comments or questions?



Declaration Page

Acceptance (please INITIAL)

I hereby declare the information in this application to be true and complete. I understand that providing false information is grounds for rejection of this application, expulsion from the program, or revocation of certification.

I've read & accept the certification requirements

_____Yes _____No

Teaching at PAI Yoga + Fitness (please INITIAL)

I understand that completion of the PAI Journey 200 Hour Yoga Teacher Training does not guarantee me a yoga teacher position at PAI Yoga and Fitness. I further understand that to become a teacher at PAI Yoga and Fitness, upon earning the certification, I must go through the formal interview process.

_____Yes _____No

Non-Compete (please INITIAL)

I declare that I am not currently an owner or partner of a yoga studio within a 10 mile radius of any PAI Yoga and Fitness location and I agree that I will not open, purchase, become a partner or become an owner of any yoga studio within a 10 mile radius of any PAI Yoga and Fitness location within two years of the completion of the YTT Program.

_____Yes _____No



Code of Ethics

(please initial)

As a teacher trainee enrolled in PAI Journey 200 Hour Yoga Teacher Training program, I agree to represent and honor the following:

_____ I agree to present myself as a leader, teacher, and servant, and will maintain clear and professional boundaries.

_____ I will provide a safe environment, and cultivate Respect, Kindness, Honesty, and Humility in my students and myself.

_____ I will discourage competition between students.

_____ I agree to represent myself honestly and provide only guidance and services that I am qualified for.

_____ I agree to refrain from recommending treatment, diagnosing a condition, or suggesting a student disregard medical advice.

_____ I understand that being prompt is a sign of respect to my students, colleagues, and employers, so I agree to arrive for all of my scheduled classes and events before the start time, and begin and end the events as scheduled.

_____ I agree to be attend all required hours of the training. If I miss more than 5 hours of the YTT program, I understand that I will not be able to graduate with the program unless special make-up classes are scheduled on a case-by-case basis with additional cost and upon teachers' availability.

I understand and agree to this code of ethics _____

Date _____

**Inspired by Max Strom*



Training Tuition

A non-refundable deposit \$400 must accompany your registration. The deposit will be used toward your tuition balance. This deposit, however, is 100% refundable if you are not accepted to the program. Additional details regarding the cancellation and refund policy are in the next section.

You can choose to pay the remaining tuition in 2 options.

- \$2,850 paid in full by Dec 1, 2017. Total training tuition = \$3,250
- 8 monthly payments of \$387.50 on the 1st of every month starting Dec 1, 2017. Total training tuition = \$3,500. Auto pay program with credit card only.

Additional costs may include purchases of selected staff approved books or DVDs for training.

The Training tuition includes the following:

- Unlimited class pass membership from Jan 19 – July 29, 2018 to all PAI locations.
- 25% discount on all PAI workshops offered during YTT program.
- Teacher Training Course manual.
- An access to PAI YTT Library for most reading materials.

Payment Method:

Check or Credit Card. Credit card users must complete the Credit Card Authorization form herein at the time of registration.



Cancellation and Refund Policy

Due to the intensive nature of the PAI Journey 200 Hour Yoga Teacher Training program, there is significant time required to prepare for your participation. As such, we cannot provide full refunds after a certain point.

- Upon acceptance to the program, the \$400 deposit is NON-refundable.
- At least 30 days prior to the start of the program (Dec 19, 2017 or earlier), a participant needing to cancel their participation will receive a full refund of the tuition paid minus the \$400 non-refundable deposit.
- Less than 30 days prior to the program start date (between Dec 19, 2017 – Jan 18, 2018), a participant needing to cancel their participation will receive a refund of only 50% of the tuition paid.
- A participant needing to withdraw from a program on or after the program start date, will receive only a 25% refund of the tuition paid.
- In the case of medical or family emergency only, we may offer the option of rescheduling participation to a future course in lieu of refund.
- No refund will be paid to a student who withdraws or is asked to withdraw from a program if they have violated the Code of Ethics.

In ALL cases, there is an additional \$150 administration fee to be deducted from all refunds.

I have read and understand the cancellation and refund policy.

Signature: _____

Printed Name: _____

Date: _____



Credit Card Authorization Form

(All information will remain confidential)

Cardholder Name: _____

Billing Address: _____

Credit Card Type: ___ Visa ___ Master card ___ Discover ___ AMEX

Credit Card Number: _____

Expiration Date: _____

Card Identification Number: _____

(The last 3 digits located on the back of the Visa, Mastercard and Discover OR 4 digits located on the front of AMEX)

Amount to Charge:

\$ _____ (USD) for a non-refundable deposit
AND remaining tuition balance (please refer to the Training Tuition section)

- In one lump sum of US\$ _____ (USD) on 12/1/2017
- In 8 payments of US\$ _____ (USD) on the 1st of the month starting 12/1/2017 until the last payment on 7/1/2018

I authorize PAI YOGA AND FITNESS to charge the agreed amount listed to my credit card provided herein.

Print name, sign and date below:

Signed: _____

Date: _____

Name: _____

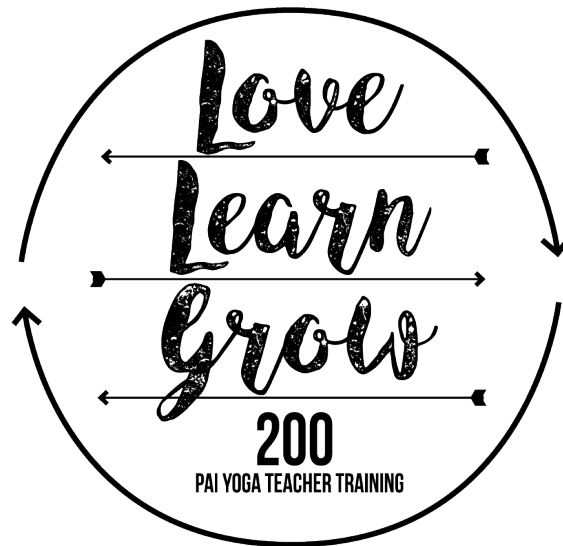


How to Enroll

1. Complete the Application form and answer all 13 questions. Email word document or PDF to Chan@PAIYogaFitness.com
2. Complete and sign the following:
 - a. Declaration Page
 - b. Code of Ethics
 - c. Cancellation and Refund Policy
 - d. Credit Card Authorization Form (if applicable)
3. Send ALL forms to PAI:
 - a. Scan and email to Chan@PAIYogaFitness.com, or
 - b. Mail or drop off at studio:

PAI YOGA AND FITNESS (PAI Yoga Dublin studio)
Attn: Chan Hemintranont
6375 Sawmill Road
Dublin, OH 43017





"Learning is finding out what you already know.
Doing is demonstrating that you know it.
Teaching is reminding others that they know just as well as you.
You are all learners, doers, teachers."

— Richard Bach
Illusions: The Adventures of a Reluctant Messiah

