

Super yummy summer soup - a version of Cucumber Gazpacho

2 cucumbers (I have a VitaMix, so I don't mind the seeds) peeled and cut into chunks

1/2 ripe honeydew melon peeled and cut into chunks

1 cup yogurt

fresh basil or cilantro to taste

salt to taste

lime juice to taste (or I use doTerra lime essential oil)

serve with a dollop of sour cream and/or sweet & spicy chili sauce drizzle