

LIFE GUARD TRAINING

Full course (25 hours) - 350 \$

Date & Time: _____

You need to be:

- At least 15 years old
- Able to pass the pre-test
- 300 meters continuous swim
- retrieve 10lbs brick from deep end of the pool in less then 1:40 min.
- tread water for 2 minutes without using your arms

Pre-test tryouts are available upon request!
Valid state ID or Passport required

NO REFUNDS!!!!

- Cancellations 48 hours or less before the first class session
- Not being able to pass the pre test
- Not being able to attend full class
- Pass any of the test

REGISTRATION FORM

Name: _____ Birthdate _____ Age _____

Address: _____ Phone: _____

City, State: _____ Zip: _____ email: _____

Session Dates: _____ Amount Due: \$ _____

CHK # _____ CASH VISA/MC _____ EXP _____



Please make checks payable to MEADOWBROOK
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Or Mail to: POB 20801, Baltimore, MD 21209
Come to: 5700 Cottonworth Ave
410-433-8300

