

5:30 AM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
	NBAC			Aquatic Fitness	
	Swim School			Masters	

6:00 AM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
	NBAC			Aquatic Fitness	
	Swim School			Masters	

6:30 AM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
Yellow	Yellow	Yellow	Yellow	Yellow	White
Black				Yellow	White
White	White	White	White	Yellow	White

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
Red	NBAC	Green	Aquatic Fitness		
Blue	Swim School	Yellow	Masters		





7:00 AM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
White	White	White	White	White	White
Black				White	White
White	White	White	White	White	White

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
Red	NBAC	Green	Aquatic Fitness		
Blue	Swim School	Yellow	Masters		



7:30 AM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
	NBAC			Aquatic Fitness	
	Swim School			Masters	





8:00 AM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
	NBAC			Aquatic Fitness	
	Swim School			Masters	

8:30 AM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
	NBAC			Aquatic Fitness	
	Swim School			Masters	





9:00 AM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
	NBAC			Aquatic Fitness	
	Swim School			Masters	

9:30 AM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
	NBAC			Aquatic Fitness	
	Swim School			Masters	





10:00 AM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
	NBAC			Aquatic Fitness	
	Swim School			Masters	



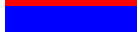

10:30 AM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
	NBAC			Aquatic Fitness	
	Swim School			Masters	





11:00 AM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
	NBAC			Aquatic Fitness	
	Swim School			Masters	

11:30 AM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
	NBAC			Aquatic Fitness	
	Swim School			Masters	





12 Noon

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
	NBAC			Aquatic Fitness	
	Swim School			Masters	




12:30 PM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
	NBAC			Aquatic Fitness	
	Swim School			Masters	





1:00 PM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
	NBAC			Aquatic Fitness	
	Swim School			Masters	





1:30 PM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
	NBAC			Aquatic Fitness	
	Swim School			Masters	





2:00 PM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
	NBAC			Aquatic Fitness	
	Swim School			Masters	



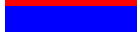

2:30 PM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6

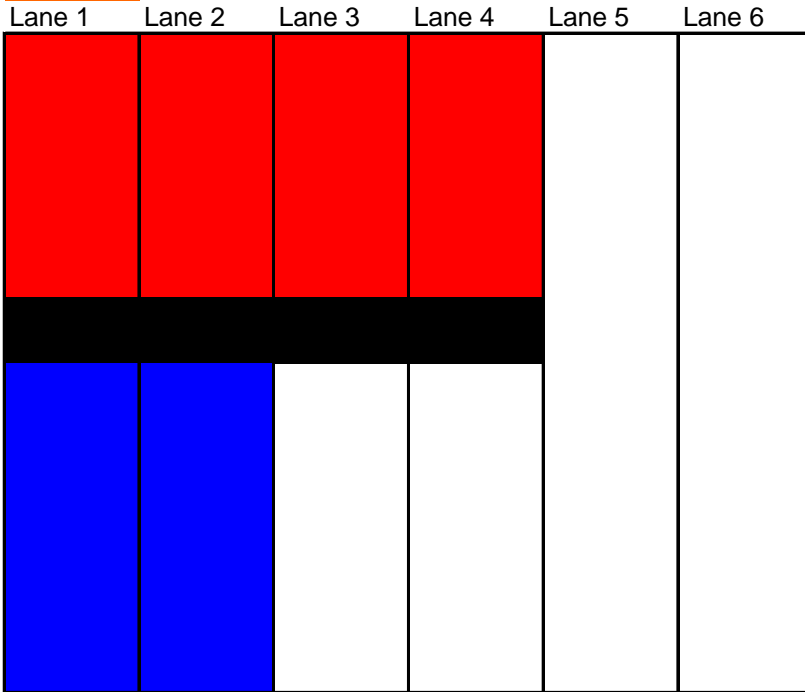
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
	NBAC			Aquatic Fitness	
	Swim School			Masters	

3:00 PM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6

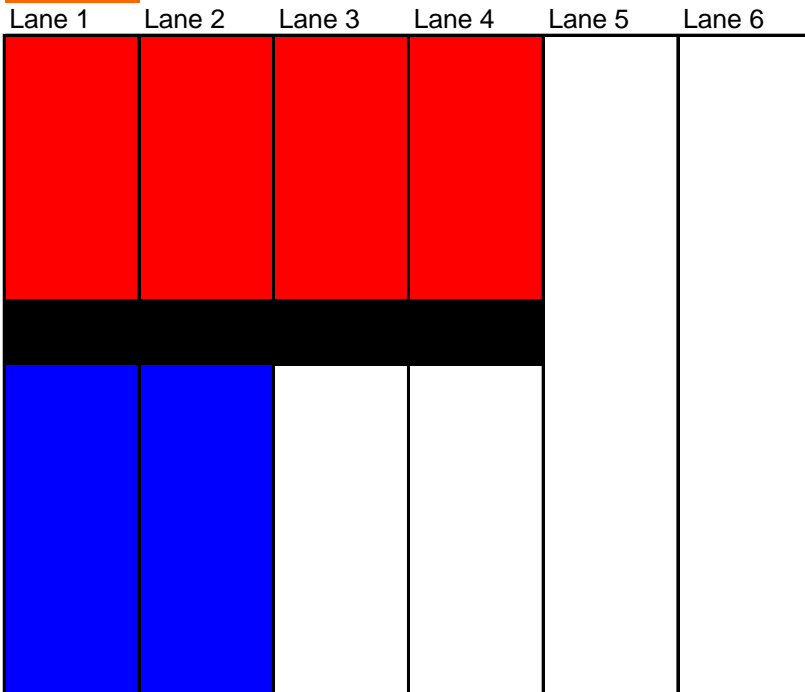
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
	NBAC			Aquatic Fitness	
	Swim School			Masters	

4:30 PM



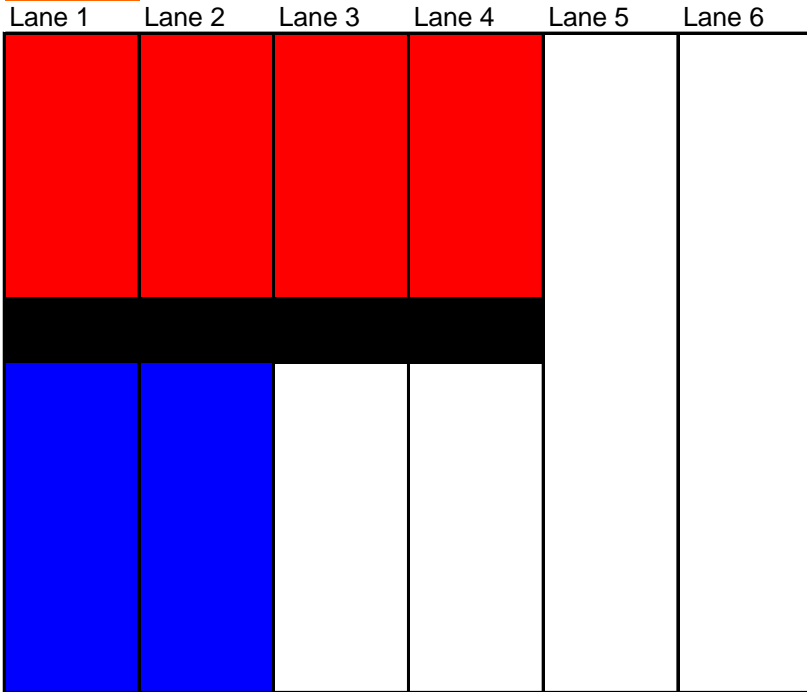
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
Red	NBAC		Green	Aquatic Fitness	
Blue	Swim School		Yellow	Masters	

5:00 PM



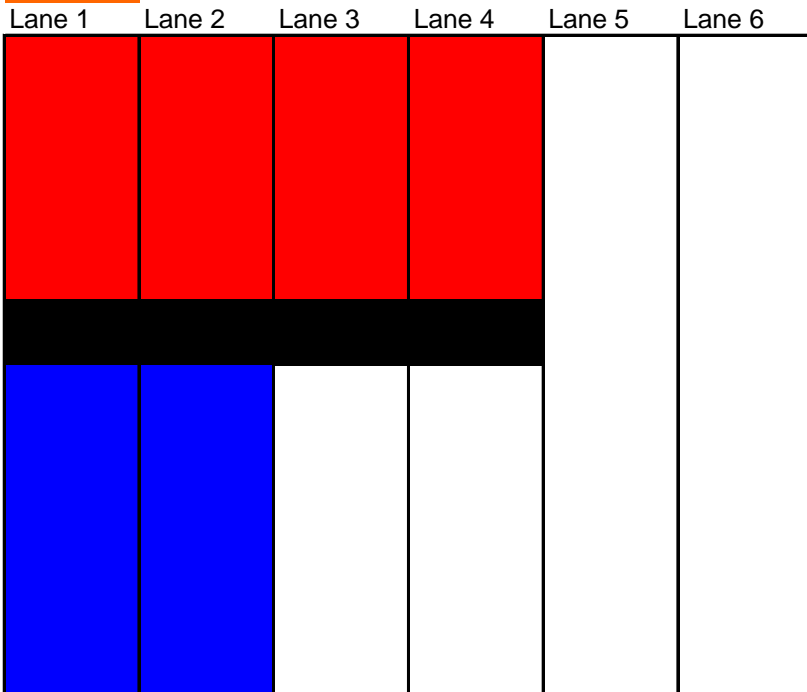
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
Red	NBAC		Green	Aquatic Fitness	
Blue	Swim School		Yellow	Masters	

5:30 PM



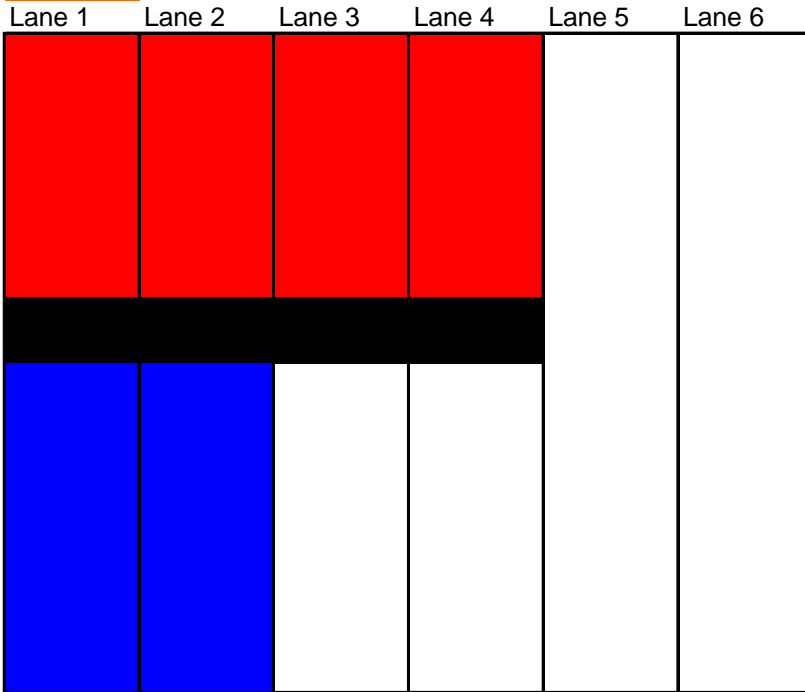
Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6
Red NBAC Green Aquatic Fitness
Blue Swim School Yellow Masters

6:00 PM



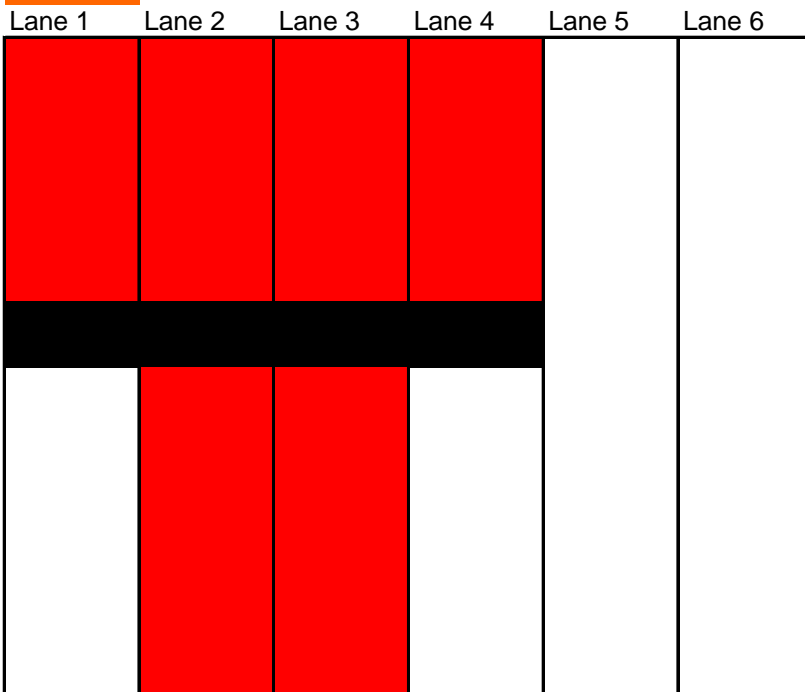
Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6
Red NBAC Green Aquatic Fitness
Blue Swim School Yellow Masters

6:30 PM



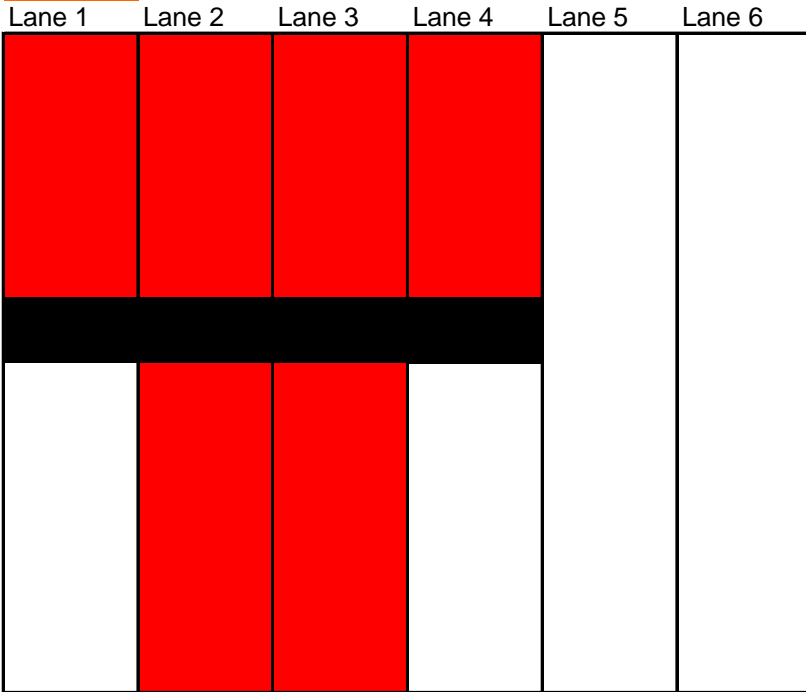
Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6
Red NBAC Green Aquatic Fitness
Blue Swim School Yellow Masters

7:00 PM



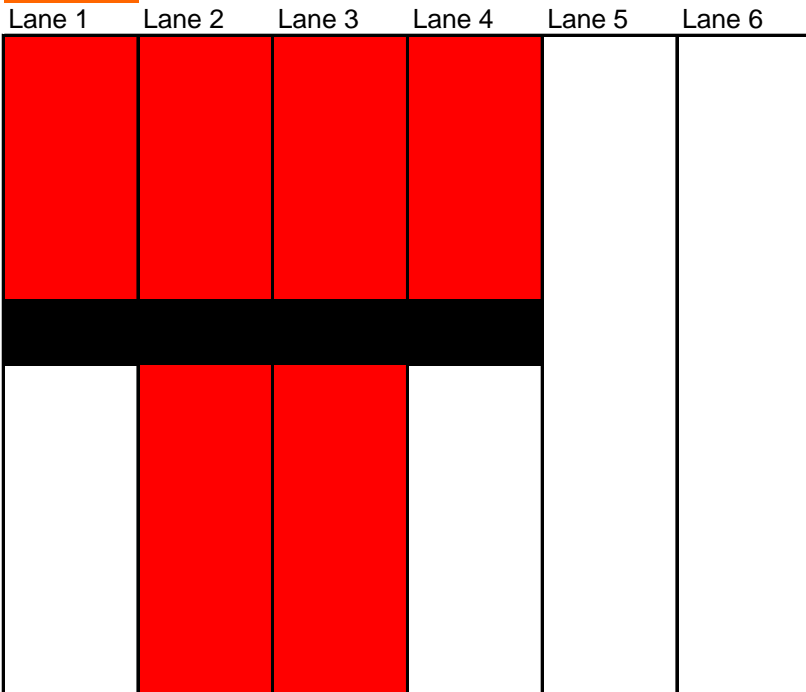
Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6
Red NBAC Green Aquatic Fitness
Blue Swim School Yellow Masters

7:30 PM



Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6
NBAC Aquatic Fitness
Swim School Masters

8:30 PM



Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6
NBAC Aquatic Fitness
Swim School Masters

9:00 PM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
Red	Red	Red	Red	White	White
Black				White	White
White	White	White	White	White	White

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
Red	NBAC		Green	Aquatic Fitness	
Blue	Swim School		Yellow	Masters	