

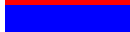






5:30 AM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
			Start 5:45	Start 5:45	
[Black bar]					

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
	NBAC			Aquatic Fitness	
	Swim School			Masters	

6:00 AM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
	NBAC			Aquatic Fitness	
	Swim School			Masters	

6:30 AM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
Yellow	Yellow	Yellow	Red	Red	White
Black				Red	White
White	White	White	White	Red	White

Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6

Red NBAC Green Aquatic Fitness
Blue Swim School Yellow Masters

7:00 AM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
White	White	White	White	White	White
Black				White	White
White	White	White	White	White	White

Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6

Red NBAC Green Aquatic Fitness
Blue Swim School Yellow Masters

7:30 AM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
	NBAC			Aquatic Fitness	
	Swim School			Masters	

8:00 AM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
	NBAC			Aquatic Fitness	
	Swim School			Masters	

8:30 AM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
	NBAC			Aquatic Fitness	
	Swim School			Masters	

9:00 AM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
	NBAC			Aquatic Fitness	
	Swim School			Masters	

9:30 AM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
Yellow	Yellow	Yellow	Yellow		
Black					
Green	Green				

Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6

Red NBAC Green Aquatic Fitness
Blue Swim School Yellow Masters

10:00 AM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
Green	Green				
Black					





Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6

Red NBAC Green Aquatic Fitness
Blue Swim School Yellow Masters

10:30 AM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
Aquatic Fitness	Aquatic Fitness				
Swim School					





Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6

 NBAC  Aquatic Fitness
 Swim School  Masters

11:00 AM


Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
Swim School					

Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6

 NBAC  Aquatic Fitness
 Swim School  Masters




11:30 AM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
	NBAC			Aquatic Fitness	
	Swim School			Masters	



12 Noon

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
	NBAC			Aquatic Fitness	
	Swim School			Masters	

12:30 PM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
	NBAC			Aquatic Fitness	
	Swim School			Masters	

1:00 PM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
	NBAC			Aquatic Fitness	
	Swim School			Masters	

1:30 PM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
	NBAC			Aquatic Fitness	
	Swim School			Masters	

2:00 PM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
	NBAC			Aquatic Fitness	
	Swim School			Masters	

2:30 PM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6

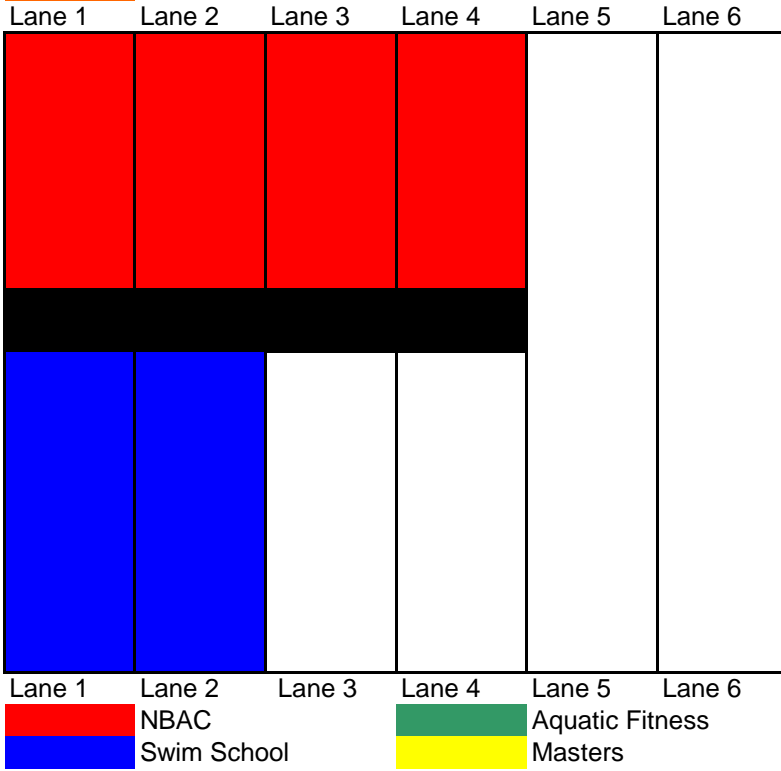
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
	NBAC			Aquatic Fitness	
	Swim School			Masters	

3:00 PM

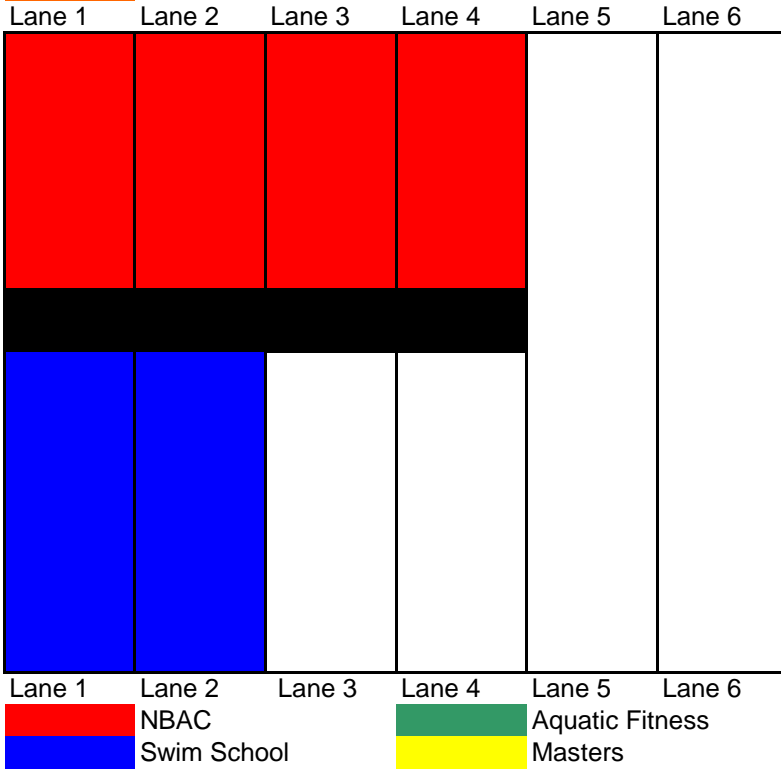
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
	NBAC			Aquatic Fitness	
	Swim School			Masters	

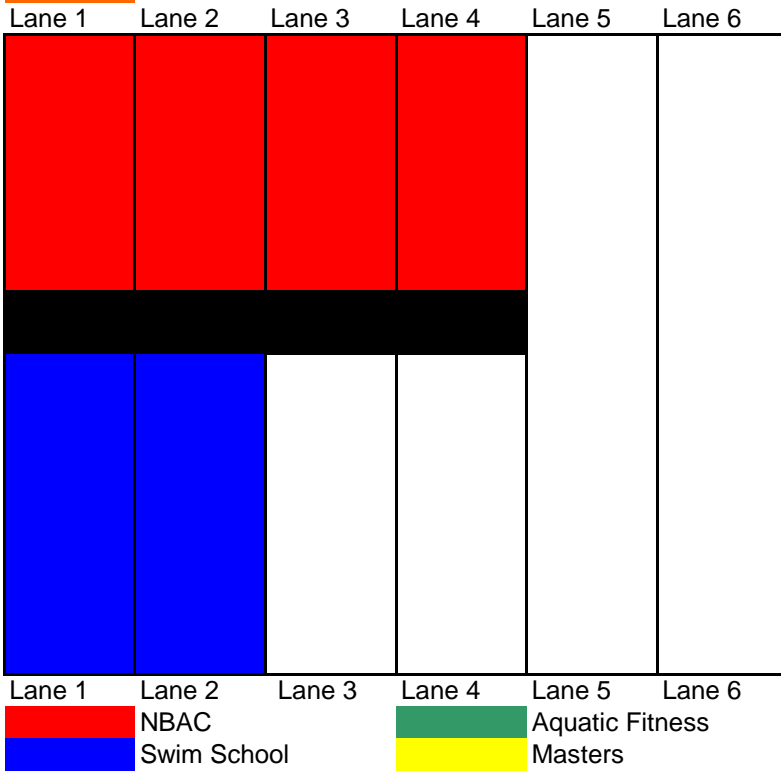
4:30 PM



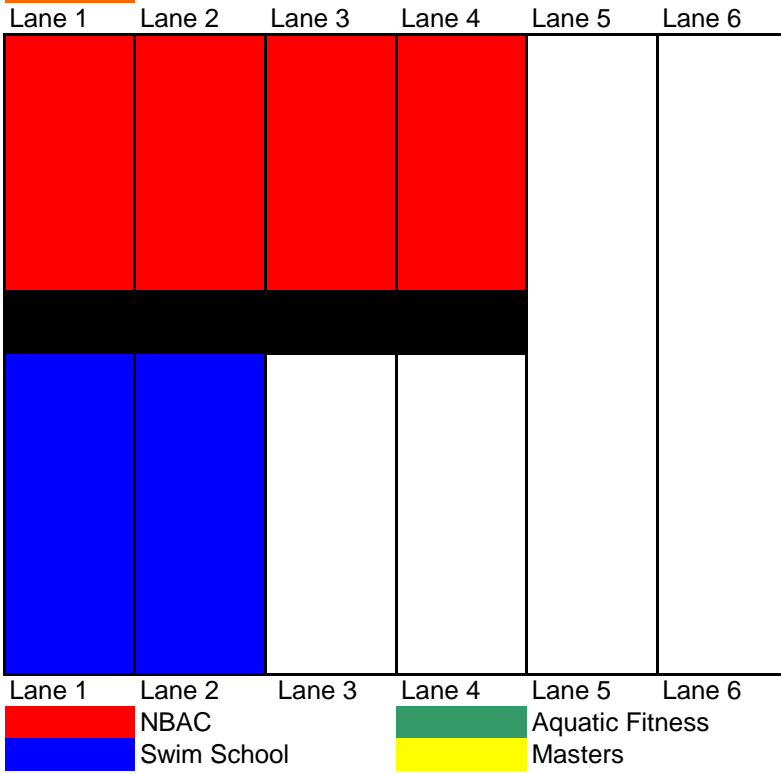
5:00 PM



5:30 PM



6:00 PM



6:30 PM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
Red	Red	Red	Red	White	White
Black				White	White
Blue	Blue	White	White	White	White

Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6

Red NBAC Green Aquatic Fitness
Blue Swim School Yellow Masters

7:00 PM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
Red	Red	Red	Red	White	White
Black				White	White
White	Red	Red	White	White	White

Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6

Red NBAC Green Aquatic Fitness
Blue Swim School Yellow Masters

7:30 PM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
Red	Red	Red	Red	White	White
Black				White	White
White	Red	Red	White	White	White

Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6

Red NBAC Green Aquatic Fitness
Blue Swim School Yellow Masters

8:30 PM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
Red	Red	Red	Red	White	White
Black				White	White
White	Red	Red	White	White	White

Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6

Red NBAC Green Aquatic Fitness
Blue Swim School Yellow Masters

9:00 PM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
Red	Red	Red	Red	White	White
Black				White	White
White	White	White	White	White	White

Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6

Red	NBAC	Green	Aquatic Fitness
Blue	Swim School	Yellow	Masters