

PARENT SHEET

As part of the Little Ninja Belt Promotion, a Ninja will have to memorise some Korean words. Which are covered in class but this sheet is designed so Parents can practice at home with their Ninja. If your Ninja wears the following coloured belt, then they have to memorise the relevant words. It naturally gets harder when a Ninja moves higher through the ranks. When a Ninja graduates to the full Tae Kwon Do program then these words are very important.

White - 1 to 5 in Korean (White Belt going for Orange stripe)

Orange Stripe - 1 to 10 in korean

Green Stripe - uniform, belt, attention and bow

Purple Stripe - punch, kick, stance and block

Red Stripe - Training hall, ready and knifehand

Blue Stripe - stop, start, side kick and turn kick

Brown Stripe - 5 Ninja Rules, 1-20 counting in korean

Korean Terms Applicable to Little Ninjas and Tae Kwon Do

Numbers

One	-	Hanna (Han-a)
Two	-	Dool (Dual)
Three	-	Seth (Set)
Four	-	Neth (Net)
Five	-	Dasaul (Das-all)
Six	-	Yosaul (Yas-all)
Seven	-	Ilgop (Ill-gop)
Eight	-	Yodoll (Yo-doll)
Nine	-	Ahop (Ah-hop)
Ten	-	Yoll (Yoll)
Eleven	-	Yoll hanna
Twelve	-	yoll dool
Twenty	-	Soomul

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General

Suit	-	Dobok	(Do-bok)
Belt	-	Ti	(Tie)
Training Hall	-	Dojang	(Do-jan)

Commands

Attention	-	Charyot	(Chari-ot)
Bow	-	Kyong Ye	(Kun-yay)
Ready	-	Chumbi	(Chum-bee)
Return to Ready	-	Barrol	(Ba-role)
Stop	-	Goman	(Go-man)
Start	-	Si –Jak	(See Jack)
Dismiss	-	Haessan	(Has-san)

Actions

Punch	-	Jirugi	(J-ru-gee)
Kick	-	Chagi	(Cha-gee)
4 Directional Punch	-	Sajo-Jirugi	(Sa-j-o j-ru-gee)
Stance	-	Sogi	(So-gee)
Block	-	Makgi	(Ma-key)
Front kick	-	Ap chagi	
Side kick	-	yop chagi	
Turn Kick	-	Dollyo chagi	
Knifehand	-	Sonkal	

Little Ninja Rules

1. No kicking and punching people, Sir!
2. Always listen to your parents, teachers and instructors, Sir!
3. Have fun, Sir!
4. Always bow to your instructors, Sir!
5. No talking to strangers, Sir!