



## **Invoke Yoga Teacher Training Institute 200-Hour Yoga Teacher Training (YTT) and 100-Hour In-Depth Studies Application**

Please read the following requirements and submit the following to:

[ahnahoke@gmail.com](mailto:ahnahoke@gmail.com) or  
Invoke Studio  
Spring 2015 YTT/Study  
970 Ft. Wayne Ave., Suite C  
Indianapolis, IN 46202  
Attn: Ahna Hoke

- Completed Teacher Training/In-Depth Studies Application
- 2 current letters of recommendation (one from a current yoga teacher, the other from someone who knows you and is not a family member)
- \$100 non-refundable application fee, payable in check or money order (upon acceptance, application fee will be applied toward tuition)

### **Please check one:**

- Applying for 200-Hour Yoga Teacher Training  
 Applying for 100-Hour In-Depth Studies  
 Applying for 200-Hour YTT Ubud, Bali     100-Hour Studies Bali

### **Acceptance Notification**

Space is limited to 20 applicants. Applicants will be notified of their acceptance into the **Invoke YTT/In-Depth Studies** program by email, and must confirm their acceptance within 14 days of notification, or one week prior to start of program. If acceptance is not confirmed within this timeframe, spot may be offered to another applicant. We recognize that everyone's situation is unique, so to help accommodate your personal financial situation, we offer different payment options. Upon acceptance and confirmation, payment options will be offered.



## **Invoke Studio 200-Hour Yoga Teacher Training (YTT) and 100-Hour In-Depth Studies Application**

**You may complete this application online and submit it by email, or print the application and submit it by mail. Both options will be available to you at the end of the application.**

Name \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Phone Numbers \_\_\_\_\_ (H M W )

*(please list in order of preference)* \_\_\_\_\_ (H M W )

\_\_\_\_\_ (H M W )

Email \_\_\_\_\_

Date of Birth \_\_\_\_\_

Name of Emergency Contact \_\_\_\_\_

Emergency Contact's Phone Number \_\_\_\_\_

How did you hear about us? \_\_\_\_\_

1. How long have you been practicing yoga?
2. How many days per week do you practice yoga?
3. Do you currently have a home practice?
4. Do you practice meditation and/or pranayama?

5. Please provide information regarding your yoga experience and background:

School/Style	Teacher(s)	Number of Years

6. Please provide information on any workshops or other yoga training you have taken:

School/Style	Teacher(s)	Number of Years

7. Why are you interested in taking the **Invoke YTT or In-Depth Study Course**?  
What do you hope to get out of this training? What are your expectations?

8. Have you taught yoga in the past? If so, when and where?

9. The nature of this training is physically demanding. Do you have any injuries, physical conditions or special challenges that we should be aware of?

10. Are you currently under the care of a medical doctor and if so would you be able to get a signed release from your doctor to participate in this training?

11. What do you do for a living? What is your educational background?

12. Please write a short essay (1-2 paragraphs) describing how your yoga practice has changed, influenced or enhanced another area of your life (*please attach a separate sheet if necessary*).

By signing below, I am confirming that:

- I have read all of the materials enclosed in this package
- I meet all of the Requirements set forth in this application
- I agree to all the terms and conditions listed

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

**Tuition Payments** \*\*\**Please note other arrangements will be made separately for Bali training. The below agreement is for Indianapolis based trainings only.*

Total tuition for **Invoke YTT** is \$3,200.00 (US currency). Tuition for the **In-Depth Study Course** is \$1,600.00 Tuition includes all required classes, including 3 weekly yoga classes at Invoke Yoga & Pilates for the duration of **study program. Restrictions:** These classes may not be transferred, you may not use them for a guest, and they may not be accumulated for use after the end of the program.

We recognize that everyone's situation is unique, so to help accommodate your personal financial situation, we offer different payment options for the 200-Hour Teacher Training. (*Please note there are no payment options for the 100-Hour Course*). Upon acceptance and confirmation, the following options are available:

**Tuition Refunds for 200-Hour Teacher Training**

Application fee is non-refundable.

Once you have confirmed your acceptance, if you cancel your participation:

<b>4 weeks prior to start of program</b>	Refund of all money less: <ul style="list-style-type: none"><li>· \$100 application fee</li><li>· \$100 processing fee for any payments made</li></ul>
<b>2 weeks prior to start of program</b>	Refund of 50% of any payments made
<b>1 week prior to start of program and beyond</b>	No refunds available

Questions? Please contact Ahna Hoke at [ahnahoke@gmail.com](mailto:ahnahoke@gmail.com) or 317-640-2588