

- Meditations & Yoga Classes
- Healing Workshops
- Certified Training Programs
- Free Awareness Seminars
- Free Healings



**Katie Kyleen Sabbaghian**  
TRANSPERSONAL PSYCHOLOGIST AND METAPHYSICIAN

**Lee Whyberd**  
CLAIRVOYANT & INTUITIVE MEDIUM

**Mona Issa Karim**  
THETA HEALER & CLAIRVOYANT ANGEL PRACTITIONER

**Nazish Khan**  
HOLISTIC HEALING PRACTITIONER & SPIRITUAL PSYCHOLOGIST

**Deepa Arora**  
SPIRITUAL & LAW OF ATTRACTION COACH

**Marko Zigon**  
SOUND THERAPIST

**Verona Rochat**  
TRAUMA RELEASE THERAPIST & ENERGY PRACTITIONER

**SATURDAY**

**SUNDAY**

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**



**ICELAND RETREAT**  
SEPTEMBER 2017  
WITH DR. YUVRAJ KAPADIA

**illuminations**  
**WELL-BEING CENTER**

409, Fortune Executive Towers,  
Cluster T, Plot T1, Jumeirah Lake Towers,  
Outside DAMAC Properties Metro,

WhatsApp: +971 50 910 4710  
P: +971 4 4487043 | +971 4 3692254  
E: events@illuminationsworld.com  
W: www.illuminations.ae

**1**  
**Crystal Healing Meditation for Stress Relief**  
5:30pm-6:30pm  
AED 40/-  
**21 Days Spiritual Challenge: Change Your Thoughts - Change Your Life! - Using the Powerful Tool of Affirmations!**  
5pm-6:30pm  
AED 30/-

**2**  
**USUI Reiki Level 2 Training Program**  
10am-6pm  
AED 999/-  
**Spiritual Healing Circle for Love and Relationship Workshop**  
6:30pm-8:30pm  
AED 150/-

**3**  
**TRE Closed-Group Session**  
4:30pm-6:30pm  
**SUFI Understanding and Healing for Relationship Training Program**  
10am-6pm  
AED 499/-  
**21 Days Spiritual Challenge: Experience the Power of the Subconscious Mind with Self Hypnosis.**  
5pm-6:30pm  
AED 30/-  
**Saturday's Chakra Alignment Chakra alignment Through Ancient Tibetan Sound-Healing Doctrine**  
7:30pm-8:30pm  
AED 60/-

**4**  
**Sunday's Experimental Sound-Healing Meditation with Marko Zigon**  
9am-10am  
AED 60/-  
**Feminine Healing Circle - 7 Chakras Transformational Journey: The Solar Plexus**  
5pm-7pm  
AED 150/-  
**21 Days Spiritual Challenge: Spiritual Eating: You are What You Eat!**  
5pm-6:30pm  
AED 30/-  
**Flame Purification & Energy Cleansing For Emotional Detox**  
7:30pm-8:30pm  
AED 40/-

**5**  
**Crystal Monday Vibes: Group Sound Meditation with Quartz Crystal Bowls with Marko Zigon**  
5:30pm-6:30pm  
AED 60/-  
**21 Days Spiritual Challenge: Introduction To Mindfulness & Easy to Do Meditation Tips & Techniques**  
5pm-6:30pm  
AED 30/-  
**FREE! 30 Minute Consultation in Reiki Healing, Crystal Healing, Access Bars with Nazish Khan**

**6**  
**Tuesday's Himalayan Alloys meditation: Group sound meditation with Himalayan 7-metals**  
9am-10am  
AED 60/-  
**21 Days Spiritual Challenge: Mantra's Chanting and Sound Healing to Increase Your Vibration**  
5pm-6:30pm  
AED 30/-  
**Chakra Healing and Gonging Meditation with Zarine**  
7:30pm-8:30pm  
AED 80/-

**7**  
**Chakra Balancing with Sound Healing Meditation**  
9am-10am  
AED 40/-  
**Law of Attraction Meditation to Manifest Your Desires**  
5:30pm-6:30pm  
AED 40/-  
**21 Days Spiritual Challenge: Breathe Like a Yogi: Powerful Yoga & Breath Work Exercises for Daily Practice**  
5pm-6:30pm  
AED 30/-  
**FREE! 30 Minute Consultation in Theta Healing with Mona Issa Karim**

**8**  
**Chakra Seed Mantra Meditation for Intense Chakra Healing**  
5:30pm-6:30pm  
AED 40/-  
**21 Days Spiritual Challenge: Journey of the Soul: Connecting with the Higher Guidance!**  
5pm-6:30pm  
AED 30/-  
**FREE! 30 Minute Consultation in Energy Healing, Trauma & Stress Management with Verona Rochat**

**9**  
**Law of Attraction Training Program**  
(10am-6pm)  
AED 499/-  
**Hypnotherapy Level 1**  
June 9th-10th (10am-6pm)  
AED 1400/-  
**ThetaHealing Manifesting and Abundance**  
June 9th-10th (9am-6pm)  
AED 1750/-  
**Special Full Moon Meditation**  
7:30pm-8:30pm  
AED 60/-

**10**  
**TRE Closed-Group Session**  
4:30pm-6:30pm  
**21 Days Spiritual Challenge: Healing Relationships Part 1: Resolving Childhood Beliefs, Healing the Inner Child**  
5pm-6:30pm  
AED 30/-  
**Candle Lit and Sound Healing Meditation with Meetu Singh**  
7:30pm-8:30pm  
AED 60/-  
**FREE! 30 Minute Consultation in Sound Healing Massage Therapy & Vibrationa Medicine with Marko Zigon**

**11**  
**Sunday's Experimental Sound-Healing Meditation with Marko Zigon**  
9am-10am  
AED 60/-  
**Feminine Healing Circle - 7 Chakras Transformational Journey: The Heart - I Am Love**  
5pm-7pm  
AED 150/-  
**21 Days Spiritual Challenge: Healing Relationships Part 2: How to have the Love you want, with Energetic Cord Cutting**  
5pm-6:30pm  
AED 30/-  
**Karma Cleansing with Sound Healing Meditation**  
7:30pm-8:30pm  
AED 40/-

**12**  
**Crystal Monday Vibes: Group Sound Meditation with Quartz Crystal Bowls with Marko Zigon**  
5:30pm-6:30pm  
AED 60/-  
**21 Days Spiritual Challenge: How to Cleanse Your Energy Space + The Power of Crystals**  
5pm-6:30pm  
AED 30/-  
**FREE! Introductory Talk with Experiential Session: How to tap into Miracles through the Power of Spiritual Intercession Healing**  
7:30pm-8:30pm  
**FREE! 30 Minute Consultation in Kundalini Light Energization, Rebirthing, Soul Logos and In-depth Channeling with Katie Kyleen Sabbaghian**

**13**  
**Tuesday's Himalayan Alloys meditation: Group sound meditation with Himalayan 7-metals**  
9am-10am  
AED 60/-  
**21 Days Spiritual Challenge: Creative Visualization**  
5pm-6:30pm  
AED 30/-  
**Guided Meditation for Spiritual Awakening with 'Welsh Wonder' Lee Whyberd: Internationally Renowned Psychic Clairvoyant & Medium!**  
5:30pm-6:30pm  
AED 80/-  
**Manifestation with Quantum Jumping and Gonging Meditation with Zarine**  
7:30pm-8:30pm  
AED 80/-

**14**  
**Basic ThetaHealing Training June 14th-16th**  
9am-6pm  
AED 2000/-  
**Soul Healing with Sound Healing Meditation**  
9am-10am  
AED 40/-  
**21 Days Spiritual Challenge: Introduction to Karma & Forgiveness to Heal Your Past**  
5pm-6:30pm  
AED 30/-  
**How to Remove Past Life Karma Experiential Meditation with 'Welsh Wonder' Lee Whyberd**  
5:30pm-6:30pm  
AED 80/-

**15**  
**Experiential Meditation: Cosmic Kundalini Light Energization for Spiritual Awakening and Opening of your Higher Energy Chakras**  
5:30pm-6:30pm  
AED 60/-  
**21 Days Spiritual Challenge: Discover Your Life Purpose**  
5pm-6:30pm  
AED 30/-  
**FREE! 30 Minute Consultation in Guidance Reading and Healing with Geetika**

**16**  
**Usui Reiki Level 1**  
10am-6pm  
AED 799/-  
**Trauma/Tension Release Exercise**  
June 16th-17th  
10am-6pm  
AED 1200/-  
**Intuitive Developmental Circle**  
7pm-8:30pm  
AED 100/-

**17**  
**21 Days Spiritual Challenge: Discovering the Power Within: Understanding How You Create Your Own Reality**  
5pm-6:30pm  
AED 30/-  
**TRE Closed-Group Session**  
6:30pm-8:30pm  
**Saturday's Chakra Alignment Chakra alignment Through Ancient Tibetan Sound-Healing Doctrine with Marko Zigon**  
7:30pm-8:30pm  
AED 60/-  
**FREE! Awareness Workshop: Understanding Symbolism & Psychometry charms with 'Welsh Wonder' Lee Whyberd**  
7:30pm-8:30pm

**18**  
**Sunday's Experimental Sound-Healing Meditation with Marko Zigon**  
9am-10am  
AED 60/-  
**Feminine Healing Circle - 7 Chakras Transformational Journey: The Throat - I Speak, Express and Bless**  
5pm-7pm  
AED 150/-  
**21 Days Spiritual Challenge: The Habit of Happiness through Practicing Gratitude: Create Your Own Gratitude Journal**  
5pm-6:30pm  
AED 30/-  
**Cord-Cutting Meditation for Relationship Healing**  
7:30pm-8:30pm  
AED 40/-

**19**  
**Crystal Monday Vibes with Quartz Crystal Bowls with Marko Zigon**  
5:30pm-6:30pm  
AED 60/-  
**Crystal Healing for Psychic Protection Meditation with 'Welsh Wonder' Lee Whyberd**  
7:30pm-8:30pm  
AED 80/-  
**FREE! 30 Minute Consultation in Angel Reading, Energy Healing, Spiritual Coaching & Intuitive Development with Fadi Sarieddine**

**20**  
**Tuesday's Himalayan Alloys meditation: Group sound meditation with Himalayan 7-metals**  
9am-10am  
AED 60/-  
**21 Days Spiritual Challenge: The Law of Attraction: Powerful Techniques to Manifest Your Goals**  
5pm-6:30pm  
AED 30/-  
**Receiving Healing from 15 Mighty Archangels and Gong Meditation with Katie & Zarine**  
7:30pm-8:30pm  
AED 100/-

**21**  
**Releasing the Past with Sound Healing Meditation**  
9am-10am  
AED 40/-  
**21 Days Spiritual Challenge: Wealth & Prosperity: How to Attract Abundance & Closing Session**  
5pm-6:30pm  
AED 30/-  
**Body of Light for Relaxation Meditation**  
5:30pm-6:30pm  
AED 40/-

**22**  
**Clairvoyant Evening & Group session with 'Welsh Wonder' Lee Whyberd**  
7:30pm-8:30pm  
AED 80/-

**23**  
**EID Special! Past Life Regression and Unblocking Workshop**  
11am-5pm  
AED 699/-

**24**  
**Eid - MUBARAK**  
**WE ARE CLOSED TODAY**

**25**  
**Sunday's Experimental Sound-Healing Meditation with Marko Zigon**  
9am-10am  
AED 60/-  
**Feminine Healing Circle - 7 Chakras Transformational Journey: Third-Eye & Crown Chakra**  
7pm-9pm  
AED 150/-  
**Eid Special! New Moon Manifestation Meditation**  
7:30pm-8:30pm  
AED 60/-

**26**  
**Crystal Monday Vibes: Group Sound Meditation with Quartz Crystal Bowls with Marko Zigon**  
7:30pm-8:30pm  
AED 60/-  
**FREE! Introduction to Cellular Memory Healing: How to Erase Negative Emotions?**  
7:30pm-8:30pm  
**FREE! 30 Minute Consultation in Kundalini Light Energization, Rebirthing, Soul Logos and In-depth Channeling with Katie Kyleen Sabbaghian**

**27**  
**Tuesday's Himalayan Alloys meditation: Group sound meditation with Himalayan 7-metals**  
9am-10am  
AED 60/-  
**Mind Power Training for MANIFESTATION through Creative Visualization!**  
7pm-9pm  
AED 50/-  
**Connecting to Oneness and Gonging Meditation with Zarine**  
7:30pm-8:30pm  
AED 80/-

**28**  
**Relationship Healing with Sound Healing Meditation**  
9am-10am  
AED 40/-  
**Astral Travel Meditation for Life Progression & Spiritual Acceleration**  
7:30pm-8:30pm  
AED 40/-  
**FREE! 30 Minute Consultation in Energy Healing, Trauma & Stress Management with Verona Rochat**

**29**  
**Mindfulness for Calming the Monkey Mind Meditation**  
6:30pm-7:30pm  
AED 40/-  
**FREE! 30 Minute Consultation in Guidance Reading and Healing with Geetika**

**30**  
**Cellular Memory Workshop**  
10am-6pm  
AED 599/-  
**Sound Healing & Vibrational Therapy Training**  
June 30th-July 1st  
10am-6pm  
AED 1200/-  
**Opening Up The Gateway to Receiving Spirits Grace, Support and Love Training**  
June 30th-July 1st  
10am-7pm  
AED 1350/-  
**Spiritual Healing Circle to Clear Your Doubts, Fears, and Attract Abundance Workshop**  
6:30pm-8:30pm  
AED 150/-