



THERAPY SOLUTIONS PACKAGES

Child Counseling

Quit Smoking Cessation & Other Addictions

Relationship Healing & Counseling

Healing Chronic Aches & Pains

Stress Management & Mental Coaching: Focus, Concentration & Mindfulness!

Packages & Discounts: Package of 3 is 5% Discount, Package of 5 is 10% Discount, Package of 10 is 15% Discount

Free Introductory Services	Duration	AED RATE	THERAPIST
Wellness Consultations - Hypnosis & Life Management & Belief Therapy	30 Mins	FREE	Dr. Beryl Dr. Sonia
Aura & Energy Reading Consultation	30 Mins	FREE	Ghada Brenda & Charu Irina
Naturopathy Healing - Pulse Reading	30 Mins	FREE	Yogi Sharath
Rebirthing Breath & Body Work Consultation	30 Mins	FREE	JD Thomas
Sound Healing & Vibrational Therapy Consultation	30 Mins	FREE	Bharti Daniela Meetu
Theta Healing Consultation	30 Mins	FREE	Ghada Mona
Shamanic Healing	30 Mins	FREE	Teya Estar
Yoga Therapy	30 Mins	FREE	Yogi Sharath
Spiritual Healing & Reading Consultation	30 Mins	FREE	Brenda & Charu Teya Daniela
Stress Assessment Test (Iridology, Biofeedback & Pulse Reading)	30 Mins	FREE	Dr. Beryl Brenda & Charu Yogi Sharath

Private Coaching

Private Meditation Coaching	1	200	Various
Private Yoga Session (Beginners)	1	200	Yogi Sharath Dr. Joovin Meetu

Energy Healing & Cleansing

Reiki Healing / Jikiden Reiki	1	500 - 600	Nazish Silfath Verona Dr. Beryl
General Energy Cleansing	1	500 - 650	Yogi Sharath Daniela Silfath Ghada Nazish Verona
Chakra Balancing & Alignment	1	500 - 650	Bharti Daniela Ghada
Crystal Healing	1	500	Daniela Dr. Beryl Nazish
Reconnective Healing - Energy Healing Approved By Science New!	1	540	Gitte Bhairavi
The Reconnection New!	1	1225	Gitte Bhairavi Andra
Sound Healing & Vibrational Therapy New!	1	500 - 650	Bharti Jatti Varma Daniela Nikolova Meetu Singh
Rebirthing Breath & Body Work New!	1	600	JD Thomas
Theta Healing	1	600	Ghada Mona
*Kathara Healing New!	1	600	Philip Gruber

Clinical Hypnotherapy/Human Behavior

Free Consultations Available			
* Integrated Clinical Hypnotherapy (General)	1	500 - 650	Bharti Irina Dr. Doris Ghada Nazish Verona Deepa Dr. Beryl Dr. Sonia
* Regression/Past Life Therapy	1.5	500 - 600	Bharti Irina Verona Dr. Sonia
Addictions Therapy (Package Appointments Only) & CBT	1	500 - 600	Dr. Sonia Irina Nazish Verona Dr. Beryl
Trauma Therapy - EMDR & PTSD	1	540	Dr. Sonia Gupte
* Life Designing & NLP COACHING	1.5	600	Dr. Doris Greenwood Deepa Dr. Beryl

Mother, Baby & Prenatal Wellness: Private Sessions + Group Classes Available

Hypnobirthing, Fertility Consultant, Prenatal Yoga & Breathing with Energy Healing & Natural Healing	Free Consultations. Available. Ask In House for Details.
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Spiritual Healing & Guidance

Spiritual Response Therapy or Spiritual ReConstructing	1.15	500-600	Lukas Putz Brenda&Charu
Feng Shui Audit	2-3	3,000 - 4,500	Suzanne Schutz
Guidance Card Reading	1	400 - 500	Lee Jane Daniela Nazish Charu&Brenda
Aura Reading	1	400	Irina Khanna
Astrology Readings	1	500	Ruchi Khanna
Spiritual Readings	1	500-600	Fiona Day Aneeta Sanas Kyra

* Alternative/Complementary Medicine

Free Consultations Available			
Relaxation Therapy (Active Thai Yoga)	1.5	399	Sharath Unni
Astro-Circle & Experiential Astrology	1.5	500 - 1000	Dr. Doris Greenwood
Soul Readings	1	500	Daniela Nikolova
Book Of Fate New!	1	600	Philip Gruber

* Alternative/Complementary Medicine

Free Consultations Available			
Yoga Therapy	1	300	Yogi Sharath Dr. Joovin Meetu Snigh
Color Puncture / Advance Color Light Therapy New!	1	700	Teya Estar
Meridian Cleansing	1	500	Yogi Sharath
Naturopathy	1.5	500	Yogi Sharath Dr. Beryl Dr. Joovin
TRE (TRAUMA/TENSION RELEASE EXERCISE) New!	1	500	Verona Rochat
Lymphasizing New!	1	600	Philip Gruber

Online Skype Readings

Cord Cutting	1	500	Bharti Irina
Cognitive Behavioral Therapy	1	500-700	Bharti Irina

For bookings, please contact us at: 800 - HEAL or (+971)04 369 2253, (+971)04 369 2254, (+971) 04 448 7043

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