

CALENDAR COLOR CODE

- Meditations & Yoga Classes
- Healing Workshops
- Certified Training Programs
- Free Awareness Seminars
- External Events

800-HEAL

# SEPTEMBER



**Verona Rochat**  
TRE PRACTITIONER & HOLISTIC HEALER



**Nazish Khan**  
HOLISTIC HEALER & SPIRITUAL PSYCHOLOGIST



**Yogmitra**  
INDIAN MYSTIC, ENERGY CHANNELER & TIBETAN HEALER



**Namraata Gollrajani**  
HYPNOTHERAPIST & ENERGY HEALER



**Gian & Manuela**  
WORLD RENOWNED PSYCHIC & QUANTUM HEALER



**JD Thomas**  
BREATH & BODY WORK PRACTITIONER



**Handan Darici**  
THETA HEALER

SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>CHIANG MAI RETREAT</b> <b>NOVEMBER 2017</b> <b>WITH YOGMITRA</b>				<p>1</p> <p>The Mystic Seeker Weekend: Foundations of Psychic Development through Tarot, Psychic Mapping &amp; Spiritual Awareness September 1st-2nd 10am-6pm AED 1400/-</p> <p>Angel Healing Training Program September 1st - 2nd 10am - 5pm AED 1250/- *Card Deck Excluded</p>
<p>2</p> <p>Eid Special: Chakra Alignment through Clear Quartz Singing Bowl Meditation 7:30pm-8:30pm AED 60/-</p> <p>Emotional Detox: Unleash Negative Emotions through the Power of Hypnotherapy 7pm-8:30pm AED 100/- (Additional AED 50/- for Certificate)</p>	<p>3</p> <p>Reiki Golden Ball Meditation 7:30pm-8:30pm AED 60/-</p> <p>FREE! Understanding Why Do We Need to Code Time? The Time Matrix 7:30pm-9:00pm</p>	<p>4</p> <p>Aura Cleansing Meditation for Spiritual Balancing &amp; Healing 7:30pm-8:30pm AED 60/-</p> <p>FREE! Experiential Session: Releasing Stress &amp; Anger through TRE 7:30pm-9:00pm</p>	<p>5</p> <p>Soul Journey with Sound Healing Meditation 7:30pm-8:30pm AED 60/-</p> <p>FREE! Introduction to Breath Work and Tantric Alchemy: For Yin &amp; Yang Balancing - Meditation and Breath Work 7:30pm-9:00pm</p> <p>Kundalini Awakening: Healing Series 7pm-8:30pm AED 120/-</p>	<p>6</p> <p>Mindfulness Meditation: Breath &amp; Emotion 9am - 10am AED 60/-</p> <p>Full Moon Manifestation Meditation 7:30pm - 8:30pm AED 100/-</p>	<p>7</p> <p>Chakra &amp; Energy Balancing Meditation 7:30pm-8:30pm AED 60/-</p> <p>Tantric Alchemy: Balance Your Being through Awakening the Divine Feminine &amp; Masculine Elements within Workshop 7:30pm - 9pm AED 150/-</p>	<p>8</p> <p>USUI Reiki Level 1 September 8th - 9th 10am - 6pm AED 999/-</p> <p>Free Your Mind! Free Your Heart! 10am - 5pm AED 499/-</p> <p>The Aura Workshop with Michelle Burton 2pm - 6pm AED 399/-</p> <p>How to Live a More Satisfying &amp; Fulfilling Life 5pm - 8pm AED 299/-</p>
<p>9</p> <p>TRE Closed Group Session 6:30pm-8:30pm AED 150/-</p> <p>Saturday's Chakra Alignment through Ancient Tibetan Sound Healing Doctrine 7:30pm-8:30pm AED 60/-</p> <p>FREE! 30 Minute Consultation in Hypnotherapy &amp; NLP with Sarmisthal *Call us to book.</p>	<p>10</p> <p>Sunday's Experimental Sound-Healing Meditation 10am-11am AED 60/-</p> <p>FREE! Experiential Seminar &amp; Channeled Meditation on T.Q.H Trans-Dimensional Quantum Healing with World: A New Revolutionary Energetic Healing Method Unifying Scientific &amp; Spiritual Beliefs! 7pm-8:30pm</p> <p>Yoga Nidra for Deep Relaxation &amp; Self Healing 7pm-8pm AED 100/-</p> <p>Mindful Breathing Meditation: Improve Inner Calm 7:30pm-8:30pm AED 100/-</p>	<p>11</p> <p>Meditation &amp; Session on Holographic Healing &amp; Accessing Advanced Light Beings Through Spiritual Healing &amp; Channeling 7:30pm-8:30pm AED 100/-</p> <p>FREE! Seminar &amp; Experiential Session on Releasing Blocks through SRT 7:30pm-9:00pm</p>	<p>12</p> <p>TASSO Level 3 September 12th - 16th 9am-6pm AED 3600/-</p> <p>Calming Anxiety w/ Sound Healing Meditation 7:30pm-8:30pm AED 60/-</p> <p>Kundalini Awakening: Healing Series 7pm-8:30pm AED 120/-</p> <p>FREE! 30 Minute Consultation in Hypnotherapy with Dr. Sonia Gupta! *Call us to book.</p>	<p>13</p> <p>Mindfulness Meditation: Focus &amp; Clarity 9am-10am AED 60/-</p> <p>Rebirthing: Breathwork Exercise &amp; Meditation 7:30pm-8:30pm AED 100/-</p> <p>FREE! 30 Minute Consultation in ThetaHealing with Handan Darici! *Call us to book.</p>	<p>14</p> <p>Forgiveness and Gratitude Meditation 7:30pm-8:30pm AED 60/-</p> <p>Quantum Energy Group Healing Session to Step into your Authentic Power &amp; Connecting to in the Heart Chakra 7:30pm - 9pm AED 150/-</p>	<p>15</p> <p>Tension Release Exercises Training Program September 15th - 16th 10am-6pm AED 1200/-</p> <p>Certified Chakra Practitioner 10am - 6pm AED 1200/-</p> <p>The Time Matrix Workshop 10:00am-1pm AED 299/-</p> <p>Intuitive Development &amp; Healing Circle 7pm-9pm AED 150/-</p>
<p>16</p> <p>Access Bars Training Program 10am-6pm AED 1100/-</p> <p>TRE Closed Group Session 6:30pm-8:30pm AED 150/-</p> <p>Saturday's Chakra Alignment through Ancient Tibetan Sound Healing Doctrine 7:30pm-8:30pm AED 60/-</p>	<p>17</p> <p>Sunday's Experimental Sound-Healing Meditation 10am-11am AED 60/-</p> <p>Yoga Nidra for Deep Relaxation &amp; Self Healing 7pm-8pm AED 100/-</p> <p>Connecting to Higher Self Meditation 7:30pm-8:30pm AED 60/-</p>	<p>18</p> <p>Master Your Destiny &amp; Reclaim Your Personal Power through Introduction of Trans-dimensional Quantum Healing 7pm - 9pm AED 150/-</p> <p>Crystal Monday Vibes: Group Sound Meditation with Marko Zigon 7:30pm-8:30pm AED 60/-</p>	<p>19</p> <p>Kundalini Awakening: Healing Series 7pm-8:30pm AED 120/-</p> <p>Quantum Jumping and Gonging Meditation with Zarine 7:30pm-8:30pm AED 100/-</p>	<p>20</p> <p>Mindfulness Meditation: Bliss &amp; Happiness 9am-10am AED 60/-</p> <p>New Moon Manifestation Meditation 7:30pm-8:30pm AED 100/-</p> <p>Self-Hypnosis Training: Creative Visualization through Mind Power to Manifest Your Goals 7pm-8:30pm AED 100/- (Additional AED 50/- for Certificate)</p> <p>FREE! Seminar &amp; Experiential Session on ThetaHealing 7:30pm-9:00pm</p>	<p>21</p> <p>Anger Release and Sound Healing Meditation 7:30pm-8:30pm AED 60/-</p> <p>Angel Workshop for Healing &amp; Guidance: Archangel Gabriel 7:30pm-9pm AED 150/-</p> <p>FREE! Seminar &amp; Experiential Session on Space Clearing 7:30pm-8:30pm</p>	<p>22</p> <p>USUI Reiki Level 3 September 22nd - 23rd 10am-6pm AED 1599/-</p> <p>Hypnotherapy Level 2 Sept. 25th - 26th (6pm-10pm) AED 3300/-</p> <p>The Trans-dimensional Quantum Healing (T.Q.H.) - Level 1 September 22nd - 23rd 10am - 6pm AED 1250/-</p> <p>Strengthening &amp; Balancing The Root Chakra 7pm-9pm AED 150/-</p>
<p>23</p> <p>TRE Closed Group Session 6:30pm-8:30pm AED 150/-</p> <p>Saturday's Chakra Alignment through Ancient Tibetan Sound Healing Doctrine 7:30pm-8:30pm AED 60/-</p>	<p>24</p> <p>Sunday's Experimental Sound-Healing Meditation 10am-11am AED 60/-</p> <p>Yoga Nidra for Deep Relaxation &amp; Self Healing 7pm-8pm AED 100/-</p> <p>Light Body Activation, Soul Star Quantum Healing &amp; Aura Cleansing Meditation 7:30pm-8:30pm AED 100/-</p> <p>FREE! Workshop: Learn How to Enhance &amp; Heal Your Relationships 7:30pm-8:30pm</p>	<p>25</p> <p>Crystal Monday Vibes: Group Sound Meditation with Marko Zigon 7:30pm-8:30pm AED 60/-</p> <p>FREE! Seminar &amp; Experiential Session: How to Tame Your Temper 7:30pm-9pm</p>	<p>26</p> <p>Crystal Healing &amp; Tarot Support Group 6pm-9pm</p> <p>Kundalini Awakening: Healing Series 7pm-8:30pm AED 120/-</p> <p>Inner Child Healing and Gonging Meditation with Zarine 7:30pm-8:30pm AED 100/-</p>	<p>27</p> <p>Mindfulness Meditation: Activating Energy Center 9am-10am AED 60/-</p> <p>Journey to the Heart Meditation 7:30pm-8:30pm AED 100/-</p>	<p>28</p> <p>Family Constellation Workshop 10am - 6pm AED 499/-</p> <p>Law Of Attraction &amp; Sound Healing Meditation 7:30pm-8:30pm AED 60/-</p> <p>Angel Workshop for Healing &amp; Guidance: Archangel Michael &amp; Raphael 7:30pm-9pm AED 150/-</p>	<p>29</p> <p>Spiritual Response Therapy Basic Training Program Sept. 29th-30th (10am-7pm) Oct. 1st (6pm-10pm) AED 2100/-</p> <p>ThetaHealing Advance DNA Sept. 29th - Oct. 1 9am-7pm AED 2150/-</p> <p>Heart Chakra Activation &amp; Relationship Healing Workshop 11am - 4pm AED 399/-</p>
<p>30</p> <p>Tarot Rituals Workshop 10am - 3pm AED 399/-</p> <p>Space Clearing through Energy &amp; Crystal Healing Workshop 4:30pm - 8:30pm AED 399/-</p> <p>TRE Closed Group Session 6:30pm-8:30pm AED 150/-</p> <p>Saturday's Chakra Alignment through Ancient Tibetan Sound Healing Doctrine 7:30pm-8:30pm AED 60/-</p>						

## illuminations WELL-BEING CENTER

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**IMPORTANT TO NOTE:** EFFECTIVE FROM DECEMBER 1ST, 2014 ALL COURSES ABOVE AED 300/- REQUIRES RSVP AND PRE-PAYMENT. FOR SAME DAY PAYMENT, AN ADDITIONAL FEE OF AED 150/- WILL BE APPLICABLE. **ONLINE PAYMENT OPTIONS ARE AVAILABLE AT YOUR CONVENIENCE.**

**PLEASE NOTE:** OUR PAY WHAT YOU WANT (PWYW) WORKSHOPS & SHARE WITH FRIENDS AND FAMILY