

CALENDAR COLOR CODE

- Meditations & Yoga Classes
- Healing Workshops
- Certified Training Programs
- Free Awareness Seminars
- External Events

800-HEAL

AUGUST



illuminations live light

Michelle Araujo
PSYCHIC & CLAIRVOYANT



Deepa Arora
SUFU HEALER & LIFE COACH



Yogmitra
INDIAN MYSTIC, ENERGY CHANNELLER & TIBETAN HEALER



Nazish Khan
HOLISTIC HEALING PRACTITIONER & SPIRITUAL PSYCHOLOGIST



Dr. Doris Greenwood
INTERNATIONALLY RENOWNED NLP MASTER TRAINER



Handan Darici
THETA HEALER



Tee Sebastian
LIFE & RELATIONSHIP COACH



SATURDAY

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



CHIANG MAI RETREAT
NOVEMBER 2017
WITH YOGMITRA

illuminations
WELL-BEING CENTER

409, Fortune Executive Towers,
Cluster T, Plot T1, Jumeirah Lake Towers,
Outside DAMAC Properties Metro,
P: +971 448 7043
E: events@illuminationsworld.com
W: www.illuminations.ae

- 1
Crystal Healing Training Program
Aug. 1st
10am-6pm
AED 599/-
- Manifestation with Quantum Jumping & Gonging Meditation with Zarine
7:30pm - 8:30pm
AED 100/-
- Kundalini Awakening: Healing Series
7pm-8:30pm
AED 120/-

- 2
Manifestation Meditation: Applying the Law of Intention to Achieve your Desires
7:30pm-8:30pm
AED 80/-
- FREE! 30 Minute Consultation in Angel Healing with Yogmitra! *Call us to book.

- 3
Aura Protection & Cleansing Meditation
6:30pm-7:30pm
AED 60/-
- Intuitive & Developmental Class with Guest International Facilitator Yogmitra
7pm - 8:30pm
AED 150/-

- 4
Tarot Reading & Training Program
August 4th-5th
10am-6pm
AED 1350/-
- Usui Reiki Level 3
August 4th - 5th
10am-6pm
AED 1350/-
- Basic Sound Healing Training Program (IPHM Certified)
August 4th - 5th
10am-6pm
AED 1200/-

- 5
Saturday's Chakra Clearing: Third Eye Chakra & Tibetan Singing Bowl Meditation with Marko
7:30pm-8:30pm
AED 60/-
- FREE! 30 Minute Consultation in Energy Healing with Nazish Khan! *Call us to book.

- 6
Soulful Sunday's Meditation with Sound Healing with Marko
9am-10am
AED 60/-
- Crystal Healing Meditation For Psychic Protection
7:30pm-8:30pm
AED 80/-
- Healing Your Inner Child through the Power of Hypnotherapy Workshop
7pm-8:30pm
AED 100/-

- 7
Full Moon with Chakra & Energy Balancing Meditation
7:30pm-8:30pm
AED 100/-
- Mixed Level: Vinyasa Yoga with Laura Preston
6:30pm - 9:00pm
AED 30/-

- 8
Full Moon Meditation & Gonging with Zarine
7:30pm-8:30pm
AED 100/-
- FREE! Experiential Meditation: Understanding the Auras: What Your Energy Reveals About You
7:00pm-8:30pm
- Kundalini Awakening: Healing Series
7pm-8:30pm
AED 120/-

- 9
Body, Mind & Soul Stirring Meditation
7:30pm-8:30pm
AED 80/-
- FREE! Experiential Meditation: Eliminating Toxic & Limiting Emotions
7pm-8:30pm

- 10
Yoga Nidra Meditation
6:30pm-7:30pm
AED 60/-
- Intuitive & Developmental Class with Guest International Facilitator Yogmitra
7pm - 8:30pm
AED 150/-

- 11
Hypnotherapy Level 1
August 11th - 12th
10am - 6pm
AED 1400/-
- Access Bars Training Program
August 11th
10am - 6pm
AED 1100/-
- FREE! 30 Minute Consultation in Sufi Healing with Deepa Arora! *Call us to book.

- 12
Three Worlds Tibetan Singing Bowls Meditation
7:30pm-8:30pm
AED 60/-
- FREE! 30 Minute Consultation in Hypnotherapy & NLP with Sarmistha! *Call us to book.

- 13
Soulful Sunday's Meditation
9am-10am
AED 60/-
- Connecting to Oneness Meditation
7:30pm-8:30pm
AED 80/-
- FREE! 30 Minute Consultation in Tarot Healing with Geetika Khanna! *Call us to book.

- 14
Awakening the Heart Meditation
7:30pm-8:30pm
AED 80/-
- Mixed Level: Vinyasa Yoga with Laura Preston
6:30pm - 9:00pm
AED 30/-

- 15
Opening the Heart Chakra Meditation & Gonging with Zarine
7:30pm-8:30pm
AED 100/-
- FREE! 30 Minute Consultation in Hypnotherapy with Dr. Sonia Gupta! *Call us to book.

- 16
Sufi Twirling Meditation
7:30pm-8:30pm
AED 60/-
- FREE! 30 Minute Consultation in ThetaHealing with Handan Darici! *Call us to book.

- 17
Emotional Cleansing Meditation
6:30pm-7:30pm
AED 60/-
- Intuitive & Developmental Class with Guest International Facilitator Deepa
7pm - 8:30pm
AED 150/-

- 18
Usui Reiki Level 2
August 18th - 19th
10am-6pm
AED 1200/-
- Aura Healing & Protection Workshop (Clear, Heal, Energize and Protect Your Aura) What your Energy Can Reveal about You
10am-6pm
AED 499/-
- ShivYog Meditation
6:00pm - 9:00pm
FREE!

- 19
Releasing Toxic Beliefs
11am-2pm
AED 299/-
- Inner Dance Workshop
7pm-9pm
AED 250/-
- Blue Oceans Tibetan Singing Bowls Meditation
7:30pm-8:30pm
AED 60/-

- 20
Soulful Sunday's Meditation
9am-10am
AED 60/-
- Releasing the Past Meditation
7:30pm-8:30pm
AED 60/-
- FREE! Free, Fabulous YOU!
7:30pm-8:30pm LADIES ONLY

- 21
FREE! Seminar & Experiential Session: Maintaining a Healthy Relationship
7:30pm-9:00pm
- New Moon Manifestation Meditation for Birthing Your Wishes & Desires
7:30pm-8:30pm
AED 100/-
- Mixed Level: Vinyasa Yoga with Laura Preston
6:30pm - 9:00pm
AED 30/-

- 22
Age of Aquarius Meditation & Gonging with Zarine
7:30pm-8:30pm
AED 100/-
- FREE! Seminar & Experiential Session: Law of Attraction through NLP
7:30pm-9pm

- 23
Law of Attraction Meditation
7:30pm-8:30pm
AED 60/-
- FREE! Awaken the Psychic within You Seminar & Demonstration Reading & Experiential Sessions
7pm-8:30pm
- FREE! Awareness Talk: How to be a successful NLP Coach
7:30pm-9:00pm
- FREE! 30 Minute Consultation in Guidance & Psychic Reading with Michelle! *Call us to book.

- 24
Awakening the 3rd Eye Experience
6:30pm-7:30pm
AED 100/-

- 25
NLP Level 1 Part 1
August 25th-26th
10am-6pm
AED 1500/-
- ThetaHealing Basic DNA with Handan Darici
August 25th - 27th
9:00am - 7:00pm
AED 2150/-
- The Magic of Loving Yourself: How to Practice Self-Love & Boost Your Self-Esteem
11am-2pm
AED 299/- LADIES ONLY
- Workshop: Peaceful, Satisfying & Nourishing Relationship
6:30pm-8:30pm
AED 150/-

- 26
Divine Healing Tibetan Singing Bowls Meditation
7:30pm-8:30pm
AED 60/-

- 27
Soulful Sunday's Meditation
9am-10am
AED 60/-
- The Heart Cosmic Choir Meditation
7:30pm-8:30pm
AED 60/-
- NLP Support Group
7:00pm-9:00pm
- FREE! Seminar & Introduction Your Path to Self - Love & Understanding
7:30pm-8:30pm LADIES ONLY

- 28
Mixed Level: Vinyasa Yoga with Laura Preston
6:30pm - 9:00pm
AED 30/-
- Communicating with Your Higher Self Experiential Exercises
7:30pm-8:30pm
AED 100/-
- FREE! Enhancing Emotional Intelligence: Choose Your Mental, Emotional & Physical State Anytime through NLP
7:30pm-9pm

- 29
Kundalini Awakening: Healing Series
7pm-8:30pm
AED 120/-
- Transform Stress, Anxiety & Anger with NLP
7pm-9pm
AED 150/-
- An Empowering Introductory Workshop on Tarot, Archetypes & Spiritual Awareness by Renowned UK Based Psychic Psychotherapist, Michelle Araujo
7pm - 8:30pm
AED 150/-

- 30
NLP Level 1 Part 2
August 30th-31st
(6:30pm-9:30pm)
Sept 1st-2nd
(10am-6pm)
AED 2000/-
- Abundance & Manifestation Meditation
7:30pm-8:30pm
AED 60/-
- The Science of Mind Power Training for Wealth & Abundance
7pm - 8:30pm
AED 100/-

- 31
Karma Cleansing Meditation
6:30pm - 7:30pm
AED 60/-
- Intuitive Development & Healing Circle with UK's Most Renowned Psychic Michelle Araujo
7pm - 8:30pm
AED 150/-

IMPORTANT TO NOTE: EFFECTIVE FROM DECEMBER 1ST, 2014 ALL COURSES ABOVE AED 300/- REQUIRES RSVP AND PRE-PAYMENT. FOR SAME DAY PAYMENT, AN ADDITIONAL FEE OD AED 150/- WILL BE APPLICABLE. **ONLINE PAYMENT OPTIONS ARE AVAILABLE AT YOUR CONVENIENCE.**
PLEASE NOTE: OUR PAY WHAT YOU WANT (PWYW) WORKSHOPS & SHARE WITH FRIENDS AND FAMILY