

5 Tips for

Living On-Purpose

The World needs *YOU* right now.
You were created exactly for the Purpose you are here to serve.

1



Make time to play! All work and no play makes Jack a dull boy. In order to keep your energy up, re-focus yourself, and re-charge your batteries, schedule some time for play each day.

2



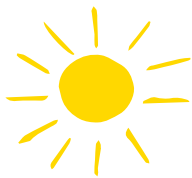
Listen to your gut. Your gut is the compass that will point you in the direction of your Purpose if you are not sure what it is. If you already know, following your gut instincts and reactions will lead you deeper into your Purpose. Don't worry about *HOW*. I'm here to help with that!

3



Do more of what you Love (or at least DO something). Once you know where your Passions lie, work within them! Volunteer, take a class, talk with people and share your excitement. This is how connections are made. Enjoy the Light-ness that comes with indulging and nurturing this part of you.

4



Shine youe (weird) light. Now is not the time to be shy or to hide your uniqueness. Your clarity and excitement will attract people, places, and things to you in order to support your Work. Don't worry about out-shining anyone or needing to protect your heart. Your strong intention is enough to attract those who will be supportive of you.

5



Know that you are not alone. There are others out there like you who are driven by a deep sense of Purpose and Service. In the past, others might not have understood this about you, but now you are finding those who do. This is a great place to Be and Be understood. Welcome.

If you want **my support** in finding and living your Purpose and clearing the things that stand in the way, feel free to **email me** and we'll talk about how we can create powerful changes for you so that you can show up in the way you feel called to.



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