

SEPTEMBER 2017

Sunday Brunch	Monday Meatless Monday	Tuesday Asian	Wednesday Indian	Thursday	Friday	Saturday Brunch
					1 Chicken Alfredo Vegan Garlic Alfredo Roasted Broccoli (V) Garlic Bread(V) Brown Rice (V) Steamed Kale (V)	2 Cajun Beans and Rice (V) Andouille Sausage Breakfast Potatoes (V) Scrambled Eggs Steamed Greens (V)
3 Cajun Beans and Rice (V) Andouille Sausage Breakfast Potatoes (V) Scrambled Eggs Breakfast Potatoes(V) Steamed Greens (V)	4 Creamy Shepherd's Pie Vegan Shepherd's Pie(V) Lemon Pepper Broccoli(V) Garlic Bread(V) Brown Rice(V) Steamed Greens(V)	5 Thai Chicken Thai Tofu (V) Lettuce Wraps Fresh Veggie Fixings (V) Egg Rolls Coconut Rice (V) Steamed Kale (V)	6 Goan Beef Goan Seitan (V) Indian Spiced Cauliflower (V) Samosas (V) White Basmati Rice (V) Steamed Greens (V)	7 Nacho Bar with Fixings Steamed Greens(V) Brown Rice(V)	8 Chili-Lime Rubbed Tofu(V) Lemon Pepper Chicken Mashed Potatoes (V) Creamed Corn Brown Rice(V) Steamed Greens(V)	9 Bacon Egg Scramble Tofu Scramble (V) Breakfast Potatoes(V) Breakfast Beans and Rice(V) Steamed Greens (V)
10 Bacon Egg Scramble Tofu Scramble (V) Breakfast Potatoes(V) Breakfast Beans and Rice(V) Steamed Greens (V)	11 Vegetarian Fajita Bar with Fixings Brown Rice (V) Steamed Greens (V)	12 Moo Shu Seitan (V) Moo Shu Pork (V) Tortillas (V) Egg Rolls Basmati Rice (V) Steamed Kale (V)	13 Chicken Tikka Masala Chana Masala (V) Curried Potatoes (V) White Basmati Rice Samosas (V) Steamed Kale (V)	14 Mexican Seitan Skillet(V) Mexican Beef Skillet Spanish Rice(V) Spicy Corn(V) Brown Rice(V) Steamed Greens(V)	15 Chicken Nuggets Tofu Nuggets(V) Creamy Mashed Potatoes Mushroom Gravy(V) Brown Rice(V) Steamed Greens(V)	16 Sausage Gravy Vegan Sausage Gravy (V) Breakfast Potatoes (V) Scrambled Eggs Steamed Greens(V)
17 Sausage Gravy Vegan Sausage Gravy (V) Breakfast Potatoes (V) Scrambled Eggs Steamed Greens(V)	18 Chickpea Paella (V) Roasted Root Vegetables(V) Patatas Bravas (V) Brown Rice(V) Steamed Greens(V)	19 Chicken Fried Rice Tofu Fried Rice (V) Garlic Sesame Broccoli (V) Egg Rolls Basmati Rice (V) Steamed Greens (V)	20 Cashew Butter Tofu (V) Coconut Curry Chicken Curried Cabbage (V) Lemon Rice (V) Samosas (V) Steamed Greens (V)	21 Mediterranean Chicken Kalamata Tempeh (V) Patatas Bravas (V) Steamed Corn (V) Brown Rice(V) Steamed Greens(V)	22 Pecan-Crusted Chicken Herb Crusted Tofu(V) Mashed Potatoes (V) Glazed Carrots(V) Brown Rice(V) Steamed Greens(V)	23 Cajun Beans and Rice (V) Andouille Sausage Scrambled Eggs Steamed Greens(V) Breakfast Potatoes (V)
24 Cajun Beans and Rice (V) Andouille Sausage Fried Eggs Steamed Greens(V) Breakfast Potatoes (V)	25 Corn Fritters(V) Summer Squash and Black Bean Enchiladas Refried Beans (V) Spanish Rice (V) Brown Rice(V) Steamed Greens(V)	26	27	28	29	30