

## **MIDWIVES FOR HOSPITAL BIRTHS**

UCLA Midwife Team  
310 794 7244 or 310 794 4434  
12304 Santa Monica Blvd Ste 120  
310 504 1822

Dr Francis Chang MD/Denise Ellison CNM WHNP  
Avida Womens Health Care  
801 S. Flower Street  
213 784 7717  
Midwifery and OB care at Good Samaritan

Eisner Pediatric & Family Wellness Center  
1530 S Olive Street  
213 747 5542

## **DOCTORS WE RECOMMEND**

Dr Paul Crane  
OB/GYN – Cedars Sinai  
310 659 5810

Dr Kathleen Valenton  
Cedars and St Johns  
310 432 6640

Dr Bente Kaiser – Good Samaritan Hosp  
213 250 9461

Dr Jason Rothbart - Cedars  
10309 Santa Monica Blvd  
310 552 3232

Dr Jessica Schneider  
Ste 840E  
8631 W 3rd Street  
310 659 7537

Dr Michelle Hakakha  
9735 Wilshire Blvd #207  
310 274 2005

Dr Ronald Wu, MD  
818 244 3572

Glendale Adventist  
Recommended for breech and twins only but will do them vaginally

Dr Ohad Ben-Yehuda MD  
818 783 6500  
drbenyehuda.com

## **PEDIATRICIANS**

Dr Jay Gordon, Dr Jody Lappin  
In the same office  
901 Montana Ave  
310 393 9784

Dr Nancy Blumenstein  
1125 Beverly Drive #613  
310 204 6897

Dr Edmond Saraf  
955 Carrillo Drive #210  
310 888 7778

Dr Brousseau /Dr Lily  
Pasadena Natural Health  
710 Lake Avenue, Pasadena  
626 794 4668

Dr Lawrence Kagan  
12301 Wilshire Blvd, Ste 120  
310 979 7337

Dr Monica Asnani MD  
Medical Arts Pediatric Medical Group  
323.938.7294

Arash Nikoukari. with UCLA.  
(310) 395-9442

Dr Daniel Bruckner or Alison Mann  
Boulevard Pediatrics Encino  
818 789 0941

Drs Frennd and Boxstein  
Burbank 818 841 9990

Francisco Rivera  
Huntington Pediatrics Pasadena  
626 795 7051

Kirsten Gardner  
Descanso Pediatrics La Canada  
818 790 5583

Dr Pejman Katerai  
310 828 9998  
<http://www.wholistickids.com>

### **MIDWIVES FOR HOME BIRTHS**

Davi Kaur Khalsa, CNM  
1122 s Robertson Blvd # 17  
Los Angeles CA 90035  
320 278 6333  
[Tenderlovingchildbirth.com](http://Tenderlovingchildbirth.com)

HomeBirth Service of LA  
Leslie Stewart and Catherine Williams  
13743 Riverside Drive, Sherman Oaks  
818 380 6400

Birthing Rhythm Midwifery  
Beth Cannon  
4454 Van Nuys Blvd #216  
Sherman Oaks CA 91403  
323 333 6904

Mari Oxenberg/Birthwell  
5353 Topanga Canyon Blvd #226A  
424 256 8727

Mary Lou O'Brien  
Beach Cities Birth Service  
1028 Loma Drive  
Hermosa Beach  
310 318 6850

Nancy Beyda

323 646 4362  
abeautifulbirth.com

### **DOCTOR FOR HOME BIRTH**

Dr Stuart Fischbein  
10309 Santa Monica Blvd #300  
310 282 8613  
also does Breech and twins

### **BIRTH CENTERS**

Art of Nursing  
Ammy Tinney CNM  
3013 W Washington Blvd  
Marina del Rey  
424 835 4186

The Community Birth Center  
1645 S La Cienega Blvd  
323 541 9100

Natural Birth Center and Womens Wellness  
432 S San Vicente Ste #250  
Los Angeles  
424 245 4150

Del Mar Birth Center  
1416 El Centro Street #100  
Pasadena  
626 577 2229

### **ACUPUNCTURE**

Dr Jeremiah Krieger  
[www.easternmedicine.com](http://www.easternmedicine.com)  
310 468 6188

Abigail Morgan  
Float Chinese Medicine  
800 S Central Ave #302

Glendale  
818 392 8797

Dr Behnaz Forat  
behnazf.com  
310 276 7466

Dr Jing  
Tcmhealingcenter.com  
12304 Santa Monica Blvd Ste 120  
310 504 1822

Karla Pineda (acupuncture and chiro  
(323) 240-8031  
Kpineda.d.c@gmail.com  
Www.pinedafamilychiropractice.com

## **CHIROPRACTORS/OSTEOPATHS**

Dr Hari Bhajan S Khalsa  
<http://www.wellness.com/>  
310 274 6164

Berlin Wellness  
[www.doctorberlin.com](http://www.doctorberlin.com)  
323 549 007  
Dr Natalie Nevins, Osteopath  
[www.drnevins.net/](http://www.drnevins.net/)  
562 904 5026

Dr Brook Merkel  
[www.gracefull.com](http://www.gracefull.com)  
323 486 7134

Dr Gassia Titizian  
818 244 7600 Glendale  
[glendalechirocare.com/](http://glendalechirocare.com/)

Dr Heidi Fennel  
[www.innermovement.ne](http://www.innermovement.ne)  
Inner Movement Chiro Glendale  
818 549 1300

Dr Ron Zimmerman  
818 952 0172 La Canada/Flintridge  
flintridgefamilychiropractic.com

Focus Family Chiropractic  
focuschiropractic.net  
626 449 0900 Pasadena

**BIRTH DOULAS**

Sada Simran (Kathy Greathouse)  
Sadasimran.com  
818 679 8733

Keya Merah Nkonoki  
Hariatma.com  
323 523 5392  
pre and postnatal doula and yoga teacher

Chapman Child and Family Foundation  
For doula referrals 310 453 5144

Anita Munoz  
Cherubinodoula.com  
661 210 0714

Cheryl Baker  
www.losangelesbirthpartners.com  
310 837 5686

Harinam Kaur  
Pre and postnatal doula  
310 570 3073

Sheila Cochran Feldman  
424 222 9482  
lotusmoonbirth.com

Yvonne Novak  
doulayvonne@gmail.com  
626 390 3555

Maggie Ehrig  
magnificentbirth@gmail.com  
323-901-5627

Margie Levy  
818 994-6800

Becca Gordon  
beccafgordon@gmail.com

Kate Zachary  
doulabyheart@gmail.com

Elizabeth Anderson  
603 833 7003

Joni Lucarelli  
justjoni2@gmail.com

Anna Paula Markel 818 822-9568 has a referral service

**POSTPARTUM DOULAS**

Jennifer Kelly  
818 974 2657

Kate Zachary  
doulabyheart@gmail.com  
773 369 8818

Sufi Ertur  
phone: 310-386-5290  
web: [www.momsquadla.com](http://www.momsquadla.com)  
Sant Kaur  
310 278 7403

CarolAnn Braun  
phone: 310-409-8982  
email: [bellymatters@gmail.com](mailto:bellymatters@gmail.com)

Julie Skehan  
phone: 310-804-4677  
email: [arrivaldoula@yahoo.com](mailto:arrivaldoula@yahoo.com)  
web: [www.arrivaldoula.com](http://www.arrivaldoula.com)

Gloria Hennessee  
phone: 888-UR-DOULA  
email: [gloria@thenurturingtouch.com](mailto:gloria@thenurturingtouch.com)

Ida Reid  
phone: 310-310-3366 or 310-699-2602  
email: ida.doula@gmail.com

Joanne Goulborne  
phone: 323-656-0603 or 323-445-9870  
email: joannegoulbourne268@hotmail.com

Dayva Savio  
dayvacare.com

### **LACTATION CONSULTANTS**

Kate Zachary  
doulabyheart@gmail.com  
773 369 8818

Elena Vogel  
310 889 8444

Roza Bagdasarian  
818 913 2228  
Cynthia Epps  
310 458 6430 mobile 310 968 0387  
motherwork2001@aol.com

Cathy Redus  
818 839 1617

Jessica Clare  
323 206 6557  
www.lactationconsultantla.com

### **CHILDBIRTH EDUCATION CLASSES**

Julie Freitas  
818 763-1001

Anna Paula Markel  
Bini Birth  
818 822 9568

Kathy Killebrew  
empower4birth@hotmail.com



Two Doulas Birth  
Twodoulasbirth.com

### **CRANIOSACRAL TREATMENT**

Alexandra Pettis -626 799 8636

Ellen Steinberg- 818 345 4439

Jesse Tischler -310 424 0353

Rober Norett -323 663 8579

Jacqueline Leavitt  
917 309 4090  
jlleavitt@yahoo.com

### **PRENATAL AND POSTPARTUM MASSAGE AND BODYWORK**

Hargopal Khalsa  
Sat Nam Rasayan  
310 559 5998  
hargopal@snrbliss.com

Alison Savier  
alison.savior@gmail.com  
323 854 3656

Berlin Wellness  
323 549 0070  
doctorberlin.com

Leah Miller [www.yogabodyworker.com](http://www.yogabodyworker.com)  
Sabrina Robertson [www.mooncyclearts.com](http://www.mooncyclearts.com)  
Both do home visits and are also doulas

### **INFANT MASSAGE**

Summer Sinclair with Summer and Sage  
323 804 3755  
summerandsage@gmail.com

### **SPIRITUAL READINGS**

Gahl Sasson

323 653 8919  
gahl@onestoryteller.com

Sarah Eaglewoman  
818 408 3022  
eaglewoman124@yahoo.com

## **MARRIAGE AND FAMILY COUNSELLING**

Carolyn Fitzgerald  
Hypnotherapist  
323 660 3629

Sharon Burnett  
818 609 8703