



**August 7, 2013  
4-8pm**

**Exhibits  
Music  
Food  
Family Fun!**



# Green Fair Folk Festival Blessing

Source of all life, all creation is charged with your divine energy.

Ignite your spark within us,

That we may know ourselves as truly human and holy,  
irrevocably part of the Web of Life.

All creation . . . explodes with the revelation of you  
Sacred Mystery . . .

May we always walk gently upon this earth, in right relationship,

- Nurtured by Love,
- Taking only what we need,
- Giving back to the Earth in gratitude,
- Sharing what we have,
- Honoring all with reverence,
- Reconciling and healing,
- Mindful of those who will come after.

Grant us strength and courage.

— *Adapted from A Prayer of Global Restoration*

## Canticle of the Sun

Praise be to Thee my Lord, especially for our worshipful  
Brother Sun.

Praise be to Thee my good Lord for our Sister Moon and  
the stars.

Praise be to Thee my Lord for Brother Wind, for cloudy  
and clear skies.

Praise be to Thee my Lord for Sister Water who is humble,  
precious, chaste.

Praise to Thee my Lord for Brother Fire; he is beautiful,  
jocund and strong.

Praise my Lord for our Mother the Earth which sustaineth  
and governeth us.

And bringeth forth leaves and flowers of many colors and  
various fruits.

—Saint Francis of Assisi

# Schedule of Events

## Radio Shack Stage

---

- 4 p.m.            **The Rick Family**
- 4:30 p.m.        **Woodland Strings**  
Len Sharon, June Shutter, Celo V'ec,  
Sister Carolyn Law, Carol Christiansen
- 5:30 p.m.        **Fiddle Festival**
- 6 p.m.            **Blessing** – Sisters Susan Knutson and  
Rose Margaret Schneider  
**Sestri**
- 6:30–8 p.m.     **URock!**  
Due to the joys of live music, changes may be made to the program!

## Speaker Tent

---

**Speakers will present and discuss on various green topics.**

## Tour the Franciscan Motherhouse

Tour the highlights of the Franciscan Motherhouse. See how the Sacred Heart Chapel and the sisters' art reflect the themes of peace and ecology in this 20-30 minute tour. **Sign up for a tour at the Franciscan Life Center booth!**

## Tour Franciscan Campus Grounds

Enjoy an outdoor tour of the grounds of the Franciscan Sisters' Campus aboard a horse drawn wagon. You will see the community gardens, the peace garden, the hermitages, the sisters' garden, the barn and the Clothes Review. **Line up and board on the south end of the building near the large striped tent.**

# 2013 Vendors

**Aihu/It Works**

Deb Durken  
320-253-1996

**All Things Herbal**

David & Christine Kennedy  
218-838-3926

**Basic Care, LLC**

Kim Gregoire  
320-274-3708

**Brain Integration**

Carolyn Law, OSF  
320-260-1030

**Brambleberry Farm**

Jim Fruth  
218-831-7018

**Brunson Enterprises**

JoHonna Brunson  
320-310-7124

**C. Tetrault Jewelry**

Cathy Tetrault  
320-468-6418

**Children First Christian Preschool**

Gail Hittesdorf  
320-632-6667

**Cities of Little Falls/Royalton**

Dwayne Heinen  
320-616-5530

**Coborn's Natural Foods**

BreeAnn Rakow  
320-632-2367

**Creatively Turned**

Lyle Knopp  
320-980-3644

**CRS Fair Trade/St. Cloud Mission Office**

Shelby Vaske  
320-282-2488

**Dairy Queen**

Doug & Laurie Veillette  
320-632-6494

**Daisy Blue Naturals**

Sandy Richmond  
320-745-2500

**Daryl's Dog House**

Allen & Daryl Schaefer  
320-980-2184

**Domino's Pizza**

Shane Cole  
320-632-2371

**Face Painting by Karen**

Karen Bistodeau  
952-607-1889

**First Lutheran Church**

Jay Kiel  
320-632-6667

**Four Cheeks Foods**

Rick Turner  
320-360-6649

**Franciscan Community Volunteers**

Kaitlin Depuydt  
320-229-9307

**Franciscan Gift Shop**

Claudia Barnier /Sister Janice Welle  
320-632-0601

**Franciscan Life Center**

Rick Dietz  
320-632-0668

**Fun Time Ice Cream, LLC**

Francis Gomes  
320-202-8570

**Glacial Ridge Grower**

Gene Stark, Author  
320-634-0136

**Great River Arts Association**

Jill Moore  
320-224-8181

**Health Source Chiro and Rehab**

Dr. Ben Grams  
320-632-9224

**Healthy Communities Collaborative**

Kate Bjorge  
320-631-5675

**Horizon Health, Inc.**

Vicki Villebro  
320-468-6451

**Kowalzek Soothing Salve**

Amy Kowalzek  
320-630-0905

**Great River Writers**

Laura Hanson  
320-632-8841

**Little Falls Farmers Market, Inc.**

Wanda Mackenthun  
320-360-0691

**Little Falls Police Dept.**

Greg Schirmers  
320-616-5575

**Longshadow Woodworks**

Courtney & Aryn Kern  
320-360-2601

**NICA Fund Microcredit**

Fr. Tony Kroll  
320-493-7873

**Oasis of Central MN**

Vicki Spofford  
320-632-2360

**Oils 101, LLC**

Lisa Taylor  
320-630-2396

**Paradox Chiropractic**

Dr. DeAnn Adams  
320-632-6757

**Smude Oil**

Buck Kowalzek  
651-999-9340

**Snowy Pine Farm**

Marcia Rapatz  
320-594-6317

**Solely for Better Health**

Aleata Wickstrom  
320-630-2864

**St. Francis Health & Rec**

Angie Sahr  
320-632-0627

**St. Francis Music Center**

Robyn Gray  
320-632-0637

**Stellar Health Center**

Denise Madigan  
320-631-1103

**The Royal**

Lisa Bitz  
320-632-6401

**Willow Baskets**

Len Sharon  
320-749-2368

**Your Life/doTerra Products**

Kat Whittington  
218-259-1806

## Green Fair Folk Festival **History**

In 2007, the Franciscan Sisters hosted an outdoor concert for peace featuring rural Minnesota talent. This community concert put in motion the idea of combining a Green Fair along with the concert.

Care of creation is important to the Franciscan Sisters, therefore, in 2007 a Campus Green Committee was formed with a mission to educate on environmental issues and to “green” the campus in every way possible. The passion of our Green Committee members, combined with the love of music from St. Francis Music Center, blended into this unique community festival, now in its seventh year.

If you have any interest in the Green Committee or would like more information, please contact Jeff Odendahl - Justice, Peace and Integrity of Creation coordinator at 632-2981.

Thank you for being here!

### **Win a Compost Bin!** **Donated by Tractor Supply Co.**



Complete your **Bingo Card** for a chance to win. Turn Bingo Cards into the information booth.

The compost bin is valued at \$150. The winner will be contacted by a member of the Campus Green Committee on August 8.

*Must be 18 years or older to enter. One entry per person.  
(Employees of Franciscan Sisters of Little Falls are not eligible.)*



# Be safe. Wear a Helmet.

It's not enough to simply buy a bicycle helmet – it should be properly fitted, adjusted and worn each time you ride. Helmets, like hats, come in a variety of sizes. The size of helmet you need can vary depending on the manufacturer.

Stop by the Little Falls Police Department's booth to be properly fitted for a helmet and learn the recommended size just for you.

Enter to win one of the helmets the department will be giving away.

## Teddy Bear Clinic and Stuffed Animal Adoption Center

Children First Christian Preschool along with the Great River Arts Association sponsors a Teddy Bear Clinic and Stuffed Animal Adoption Center. Bring your "injured" teddies (and other animals, too) for on-the-spot repair and peruse a variety of stuffed animals that need a new home.



# The Peace Kite

In 2009 the world lost a wonderful person, Mary Krantz. Mary was an associate of the Franciscan Sisters and a friend to many in the Little Falls community. She was a great supporter of the Green Fair Folk Festival and to remember her and honor her spirit, the peace kite was created by Lost Lake Design in 2010.

Mary had a love for kites and in celebrating her life she shared some of her joy by writing these words . . .

Wind is our Spirit Sister, it represents the breath of life in us; wind creates the waves that we love to listen to as they crash on shore; winds carry the smells of the seasons to us; and wind may someday help us to stop killing the planet. Wind is also necessary for flying kites.

Mary liked kites. She felt they were a lot like people. Kites come in many different sizes, shapes and colors. Like people they can bring us much joy, but they are also easily hurt especially when they're brought down to earth. To achieve their potential, kites must leave the safety of Mother Earth and reach for the heavens. There they are free to dazzle and delight us. Thought buffeted by winds, kites are resilient as long as they remain airborne. Likewise, we humans must leave the safety of our comfort zones to realize our full potential. We too are resilient as long as we stay airborne — as long as the line that connects us to our human network remains unbroken. Kites amaze and thrill us — just like those we love.

Mary believed deeply in spreading the message of peace and taking care of our planet. We are blessed to know she is watching over us and our time together here tonight.





# Recycling

There are many convenient and cost effective recycling opportunities throughout Morrison County. Whether you live in one of the 16 cities within the county or in a rural area, there is a recycling option for you!

## Township Sites

There are 10 rural refuse and recycling sites located throughout Morrison County. These sites are funded mostly from a grant to participating townships from Morrison County. These sites are run by the townships. Each site accepts residential recycling free of charge and bagged household garbage for a per bag fee. Go to the following link for a calendar and recycling guide for each site:  
<http://www.co.morrison.mn.us>

## City Recycling

All 16 cities within Morrison County have mandatory curbside collection of garbage and recyclables. For more information on each individual city's program, please contact the city directly.

<b>Bowlus</b>	Robert J Maciej	320-584-5283
<b>Buckman</b>	Laura Otremba	
<b>Elmdale</b>	Joy Koroll	320-573-2214
<b>Flensburg</b>	Margurite Cofell	320-632-2987
<b>Genola</b>	Dolores Preimesberger	320-468-6638
<b>Harding</b>	MaryLou Oppelt	320-277-6359
<b>Hillman</b>	Rita Iverson	320-277-3578
<b>Lastrup</b>	Roberta Gross	320-468-6552
<b>Little Falls</b>	Staff	320-616-5500
<b>Motley</b>	Terri Smith	218-352-6200
<b>Pierz</b>	Anna Gruber	320-468-6471
<b>Randall</b>	Jerry Peterschick	320-749-2159
<b>Royalton</b>	Carol Madsen	320-584-5900
<b>Sobieski</b>	Joyce Holtz	320-632-5075
<b>Swanville</b>	Julie Hollermann	320-547-2179
<b>Upsala</b>	Adrian Welle	320-573-4950

# What about electronics?

As of July 1, 2006, cathode-ray tube (CRT) containing devices cannot be placed in the garbage. CRTs are found in video display devices such as televisions and computer monitors. You must recycle your unwanted CRT. Morrison County accepts electronics year-round at the landfill.

For more information on electronics, visit the websites below:

**Electronic Collections around the state**

<http://www.moea.state.mn.us/plugin/recyclers-household.cfm>

**Minnesota Pollution Control Agency Fact Sheet for Businesses**

<http://www.pca.state.mn.us/publications/w-hw4-15.pdf>

**CRT Prohibition Statute**

<http://www.revisor.leg.state.mn.us/stats/115A/9565.html>

**Minnesota Electronics Initiatives**

<http://www.moea.state.mn.us/stewardship/minnesota.cfm>

**Midwest Electronics Initiatives**

<http://www.moea.state.mn.us/stewardship/electronicsmidwest.cfm>

For more information, visit: <http://www.co.morrison.mn.us>

---

## 4th Annual Franciscan Earth Citizen coming Spring 2014

Do you know someone who has great respect and care for the community of life? Does this person also act with environmental integrity and practice social and economic justice? Does she/he promote democracy and nonviolence? You may think we're looking for Superman or Superwoman. Not quite! This is simply our definition of a Franciscan Earth Citizen.

Help us pick the next **Franciscan Earth Citizen**: Nomination forms are available at the Convent Reception Office. Nominations may be submitted until March 1, 2014. For more information, call 320-632-0649.

# What is URock?

URock is a program of St. Francis Music Center for young musicians who have always dreamed of playing in a band. The musicians come together on a Friday night at 5 p.m. and by 8 p.m. they are each in a new band and



already working on the name of the band and a set list. For the next two weekends they rehearse together, attend classes on musicianship, technical skills, and all that is needed to make a band successful. They have band pictures taken and posters are designed. They learn a lot about music and about the basic skills of working together, listening to each other, adapting, communication and so much more.

So what you see here tonight on stage are dedicated musicians pushing themselves to reach that next level of their craft, and most of all, musicians pursuing their dream! Enjoy!!

## Music Lessons and Programs for all ages!

Financial Aid available!

**(320)632-0637**  
116 8th Avenue SE, Little Falls



ST. FRANCIS  
MUSIC CENTER

[www.sfmusiccenter.org](http://www.sfmusiccenter.org)

# Brain Integration

Optimizes Learning  
Corrects ADD, ADHD,  
Dyslexia

*Lasting results!*

Carolyn Law, OSF, MA

320.260.1030

[www.carolynlaw.com](http://www.carolynlaw.com)

# Natural & Organic Products

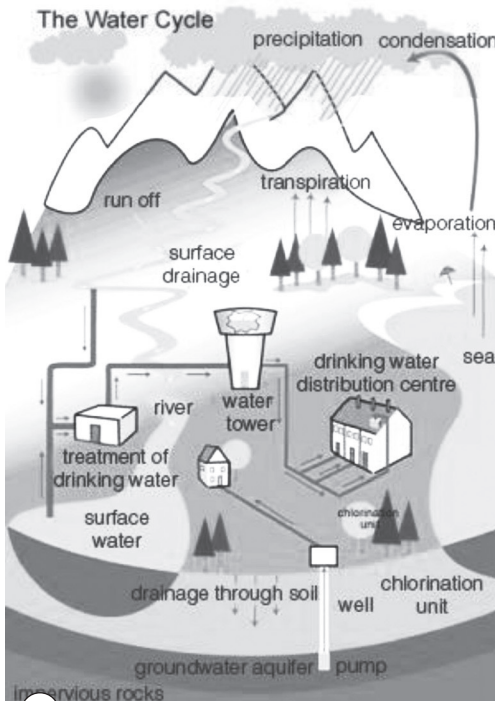
Our Mission is to provide our customers with an outstanding Natural Foods presentation within our retail supermarkets in the communities that we serve. We offer an exceptional selection of high quality national brand and private label Natural and Organic products.



## COBORN'S

1101 2nd Avenue NE, Little Falls

(320) 632-2367



Our goal is to educate the public about their drinking water supply and how to protect it.

CITY OF  
**Little Falls**



## "YOUR LIFE" INTERACTIVE COOKING PARTY!

Find out why to diffuse them, use them to help heal your family and make delicious foods & drinks too! Experience them in your life...Have fun with them and enjoy better health too.

### WHY "YOUR LIFE"?

- \* 35 years experience owning an island restaurant, Creative Catering and Lulu's B & B
- \* Loves to be creative, entertain and have fun
- \* Your Life will infuse your life with ideas for easy, tasty and creative treats
- \* Invite your friends to your home, or use my house and leave the mess with me!

**dōTERRA™**  
restoring health with the power of natural essences

Contact:

**Kat Whittington**

[kat@yourlifeoils.com](mailto:kat@yourlifeoils.com) • 218-259-1806

[www.yourlifeoils.com](http://www.yourlifeoils.com)

**Basic Care**

*for your health and God's glory*



We are a small Christian based company located in the heart of Minnesota. Using all natural and mostly organic oils and botanicals, we have created a line of products free of any synthetics, dyes or chemicals in harmony with nature and God's good earth.

**Kim Gregoire**

PO Box 301, Annandale, MN 55302

320-274-2894

[basiccareproducts@hotmail.com](mailto:basiccareproducts@hotmail.com)

[www.basiccareproducts.com](http://www.basiccareproducts.com)



### "Children First" Christian Preschool

Non-denominational  
Christian Preschool

Serving children ages  
33 Months – PreKindergarten

**320-632-6667**

[www.flclittlefalls.org](http://www.flclittlefalls.org)

email: [childrenfirst@flclittlefalls.org](mailto:childrenfirst@flclittlefalls.org)

# **HS HealthSource™**

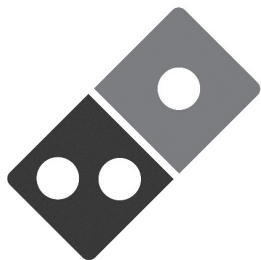
## **Chiropractic & Progressive Rehab™**

We combine the talents of skilled chiropractors, licensed massage therapists, and progressive rehab staff all dedicated to your health.

Visit our booth for FREE "Stress Break" massages!

42 East Broadway, Little Falls, MN 56345

**320.632.9224**



# **Domino's™**

Delivering to the  
community since 1986!  
Open Later than the rest!

**632-2371**



**Toys for kids of  
all ages!**

53 East Broadway  
Downtown Little Falls  
**320-631-0013**

# Smude's Natural Sunflower Oil

*Cold Pressed and Filtered*



Reach for a better cooking oil!

Processed from Premium High Oleic Sunflower Seeds for the Greatest Natural Nutritional Value!

Learn more at:  
[www.smudeoil.com](http://www.smudeoil.com)

# daisyblue

*Soaps, lotions, minerals,  
essential oils*

Made in MN. 100% natural and gluten free. Safe enough to eat.

**Sandy Richmond**, consultant  
320-745-2500  
[kidfree@brainerd.net](mailto:kidfree@brainerd.net)

[www.4075.daisybluenaturals.com](http://www.4075.daisybluenaturals.com)

# YOUNG LIVING

ESSENTIAL OILS

## The Path to More

**More health. More income. More time. More fulfillment. More gratitude.**

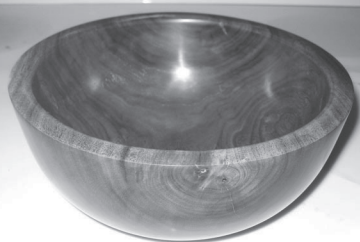
Staying home with your kids is one of the best gifts a mother can give to her family. But we all know finances can often get in the way of this becoming a reality. Luckily, some moms have found a way to earn a full-time income while working part-time from home—around their family life, all while helping others in their community become healthier!

**Schedule your first Young Living Home Experience night!**

We are giving away a **\$100 Getting Started Bundle** including a \$20 off Enrollment Coupon to the first 3 people who schedule.

**Chris & Lisa Taylor**, Independent Distributor

320-630-2396 • [lisabearrd@yahoo.com](mailto:lisabearrd@yahoo.com) • [www.oils101.com](http://www.oils101.com)



## Creatively Turned

Wooden bowls and vases

Lyle Knopp

[www.creativelyturned.com](http://www.creativelyturned.com)

320-980-3644

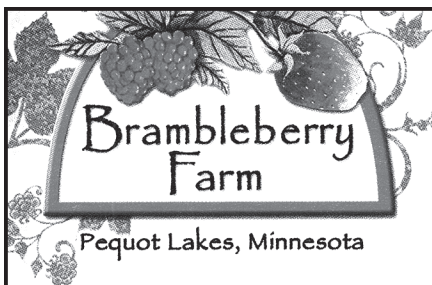


## Kowalzek's Soothing Salves

All Kowalzek Salves are all natural products that promote healing, made from bee's wax and other bee products.

Pierz, MN 56364

320-630-0905



Jams & Jellies • Salsa • Honey  
Maple & Fruit Syrup

Jim Fruth, *owner*

4002 Davis Street  
Pequot Lakes, MN 56472

[jimfruth@charter.net](mailto:jimfruth@charter.net)

*Hand-crafted Foods from our  
Farm to your Table*

# Aihu

Essentials for Healing

*Aromatherapy ~ Green ~ Plant-Based  
Toxin-Free ~ Calming ~ Natural*

Our product line encourages the restoration of balance in the body, promotion of self-healing and the enhancement of the immune system for you, your family and your home.



Deb Durken  
320-253-1996



## Services include:

Diversified Chiropractic Technique  
Acupuncture  
Applied Kinesiology  
Aromatherapy  
Athletic/Fitness Advantage Training

Breath Balancing™ Relaxation  
Technique  
Upledger CranioSacral Technique  
Nutritional Consultations  
Mobile Animal Chiropractic  
Services (with DVM Referral)

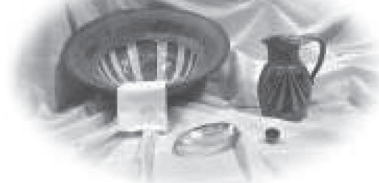


Dr. DeAnn Adams, Chiropractor  
**320-632-6757**  
16541 Haven Rd, Little Falls, MN  
[paradoxchiropractic.com](http://paradoxchiropractic.com)

**PARADOX**  
CHIROPRACTIC

## First Lutheran Church

Serving God for 120 years



**Summer Worship**  
at 8:00 and 10:00 am.  
Come and meet  
New youth minister,  
Jay Kiel!

2100 Riverview Drive  
Little Falls MN 56345  
320-632-6667  
[www.flclittlefalls.org](http://www.flclittlefalls.org)

**First...Servants of All**

## SOLELY FOR BETTER HEALTH

*Identifying & addressing the underlying  
basis for pain from head to toes*

Reflexology  
Neuromuscular Therapy  
JFB-Myofascial Release  
Orthopedic Massage  
Aromatherapy & Herbology

Featuring--  
dōTERRA CPTG essential oils

**ALEATA WICKSTROM**  
*Certified Reflexologist, NMT, CNHP*  
16541 Haven Road, Little Falls

**320-630-2864**  
[sfbhealth@hotmail.com](mailto:sfbhealth@hotmail.com)  
[www.SolelyforBetterHealth.com](http://www.SolelyforBetterHealth.com)  
[www.OilsIEnjoy.com](http://www.OilsIEnjoy.com)



The purpose of the Live Better! Live Longer! project is to inspire Morrison County people of all ages to live better and live longer through healthy eating, physical activity and foster a climate of purpose and belonging.

For more information or to get involved with projects of the LBLL initiative, contact **Kate Bjorge** at the HCC office: **320-631-5675** or visit: [www.mocohcc.org](http://www.mocohcc.org)

*Live Better! Live Longer!* is sponsored by  
Healthy Communities Collaborative and Horizon Health.



Let us make you smile with made to order treats, smoothies and grilled sandwiches! **Recycle your Dilly bar wrappers at our booth.**  
**5 cents per wrapper goes to local schools!**

1012 Haven Rd, Little Falls, MN 56345-4491  
Phone: 320-632-6494

# RUDOLPH

---

## *Auto Solutions*

AUTO SALES & DETAILING

### **Quality pre-owned vehicles at unbeatable prices!**

All of our vehicles are thoroughly inspected and cleaned prior to hitting our lot. Customer satisfaction is our #1 goal, if you can't find what your looking for contact us and we'll find it for you. We offer a number of financing options as well as extended warranties on all vehicles. We have a complete detailing and service department to take care of all of your vehicle needs.

**Chris Rudolph**

400 13th Street NE, Little Falls, MN 56345

email: [chrisrudolph@rudolphauto.net](mailto:chrisrudolph@rudolphauto.net)

320-632-6623

**[www.rudolphautosolutions.net](http://www.rudolphautosolutions.net)**



## EVERGREEN EQUIPMENT INC.



JOHN DEERE

We are a full line John Deere Signature Dealer serving agricultural, lawn and garden, and Skid Steer customers. Established in 1972, we moved to the eastern edge of Little Falls in 1975. We are conveniently located in the center of the state, just one-mile east of the junction of Highways 10 and 27.

Our Wadena location is also a full line John Deere Signature Dealer serving Agricultural, Lawn and Garden, and John Deere Skid Steer Loader customers.

### **LITTLE FALLS**

16069 Hwy 27 E, Little Falls, MN 56345  
(320)632-5649

### **WADENA**

62505 US Hwy 10, Wadena, MN 56482  
(218)631-2311

# Gary Block *Tours*



*invites you to join us*

**September 11, 2013** — “The Church Basement Ladies in The Last (Potluck) Supper” - lunch and show at Plymouth Playhouse  
(The first three sold out and we've added another date.)

**September 25, 2013** — “Cow Girls” - musical comedy and lunch at the Old Log Theater

**September 30, 2013** — Country music legend Mel Tillis in concert and lunch

**October 10, 2013** — “Baby Case” - Lindbergh Baby Kidnapping Musical and lunch in St. Paul

**October 18, 2013** — “Geritol Frolics” - lunch & show



**Contact us if you'd like to be on our mailing list.**

**Check out more trips at [www.garyblocktours.com](http://www.garyblocktours.com)**



Tractor Supply Company is the largest retail farm and ranch store chain in the United States.

We supply the unique products to support your rural lifestyle, from welders and generators to animal care products and men and women's workwear. You can also find pet supplies, animal feed, power tools, riding mowers, lawn and garden products and more. Each store team includes welders, farmers and horse owners who collectively provide an exceptional depth of knowledge and resources.

**Located in Little Falls!**

1800 1st Avenue NE  
Little Falls, MN 56345

**(320)632-0742**

Design > Print > Apparel > Promotional > Fulfillment



888/632-8844

[www.spectrummrks.com](http://www.spectrummrks.com)

*Serving the Little Falls Area*

308 13th Avenue NW > Little Falls, MN

One Company. Endless Possibilities.

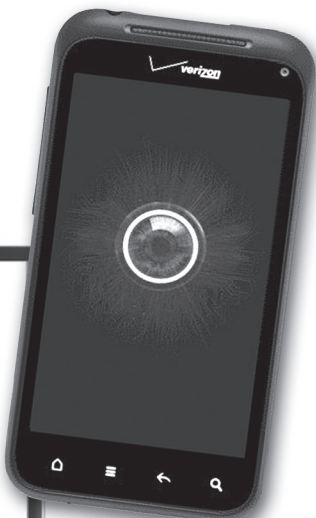


# RadioShack<sup>®</sup>

*Design Electronics, LLC.*

1614 1st Avenue NE  
Little Falls, MN

320-632-1780



**DESIGN**  
*E*  
**ELECTRONICS**

  
**verizon**  
Authorized Wireless Retailer

  
**dish**  
NETWORK.  
AUTHORIZED RETAILER



# Living the Gospel courageously with energy, spirit, peace

Inspired by Saints Francis and Clare of Assisi, we are committed to a life of peace, non-violence and the care of creation. We build relationships and community wherever there is greatest need.

---



**Sacred Heart Chapel • 632-2981**

Join us for Sunday Mass at 8:30AM, weekdays 11:00AM

**Franciscan Gift Shop • 632-0601**

Open Mon-Fri: noon-5PM

**St. Clare Library • 632-2981**

Open Mon-Fri 10AM - 2PM

**St. Francis Music Center • 632-0637**

[www.sfmusiccenter.org](http://www.sfmusiccenter.org)

**St. Francis Health and Recreation Center**

632-0627 • [www.stfrancisrec.org](http://www.stfrancisrec.org)

**Clothes Review • 632-0609**

Good, clean, used clothing.

**Clare's Well • (320) 274-3512**

Spirituality Farm in Annandale, Minn.

**Franciscan Community Volunteers • (320) 229-0307**

Long-term volunteer program serving the St. Cloud area.

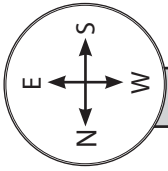


FRANCISCAN  
SISTERS

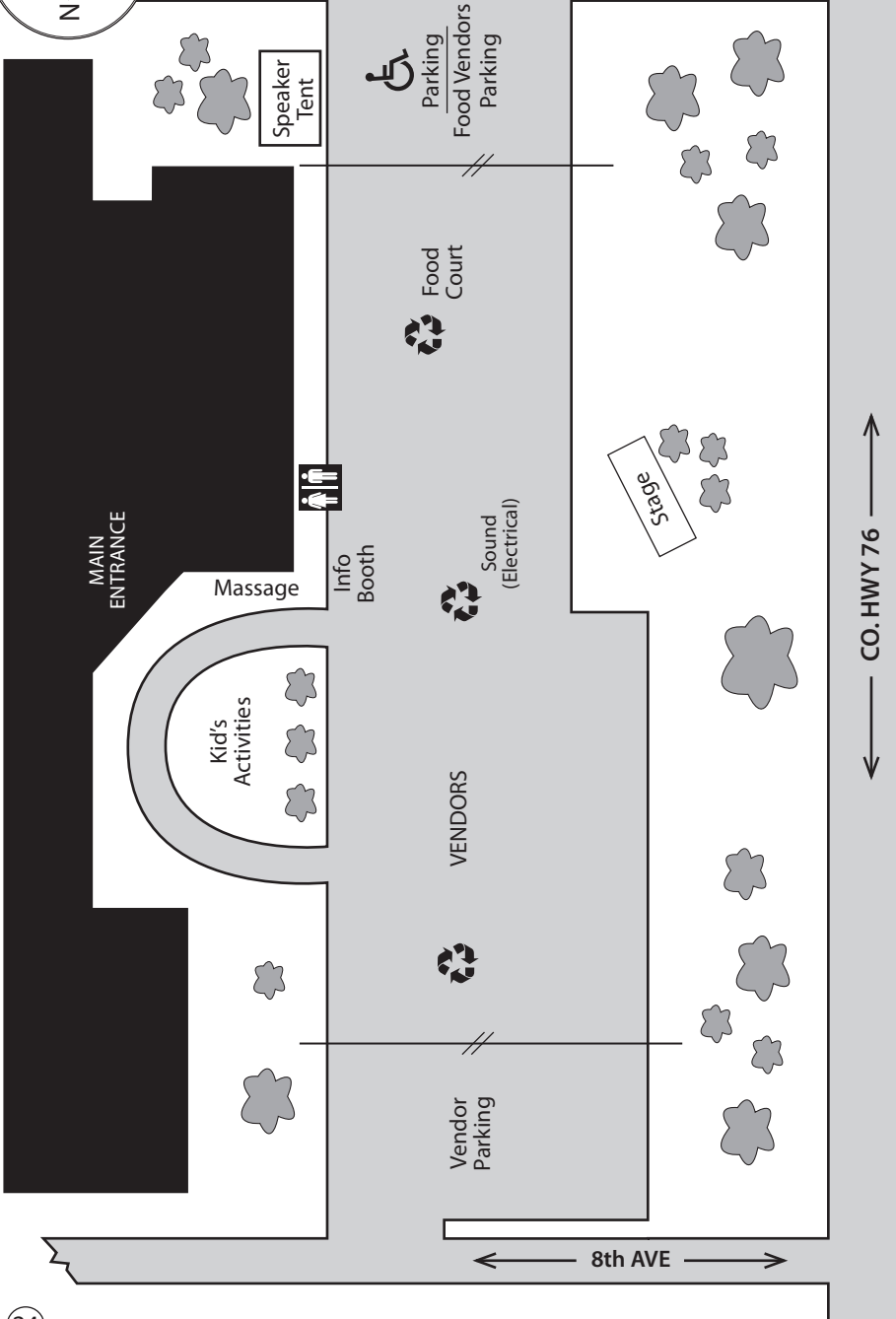
OF LITTLE FALLS  
MINNESOTA

**(320)632-2981**

**[www.fslf.org](http://www.fslf.org)**



General Parking ↑



# Save the date!

## 8th Annual Green Fair Folk Festival

### August 6, 2014

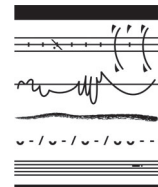
The Green Fair Folk Festival is funded, in part, by the Minnesota State Arts Board through the arts and cultural heritage fund as appropriated by the Minnesota State Legislature with money from the **Legacy Amendment** vote of the people of Minnesota on November 4, 2008.

The Music Activities are sponsored by: The Minnesota State Arts Board, Five Wings Arts Council, and the Laura Jane Musser Fund. We thank them for their support!

We also thank **Benton Telecommunications Foundation, Stearns Electric Association** and **Franciscan Sisters of Little Falls** for their generous support of this event.



CLEAN  
WATER  
LAND &  
LEGACY  
AMENDMENT



MINNESOTA  
STATE ARTS BOARD



St. Francis Campus is a non-smoking facility and grounds.

# Thank you

to all those who help make this event happen:

The Community Relations Department for their help organizing the event; Jeff Odendahl and the Campus Green Committee for their commitment to the environment and passion for this event, their ideas and help; Robyn Gray from the Music Center; Greg Langlois and his work with the URock program; Celo V'ec and his work with the Fiddle Festival and Sestri; Environmental Services staff for all the help with set-up and clean-up; Nutrition Services staff for the food and water prep; Kari Ross, graphic designer, for her work on the booklet, posters and flyers; Jan Roering for her work with the publicity; Sister Sharon Fitzpatrick and her fund-raising efforts; Gretchen Miller for overseeing the Kids' Activities; Pastor Damen Heitmann and his crew from First United Church for Garbage Patrol; Spectrum Printing staff for their help with parking; the numerous volunteers who help in so many ways; the musicians, vendors, sponsors and donors who make this event possible; and especially to the Franciscan Sisters of Little Falls, who give of their space, their talents, their support and love for Mother Earth.

Anne Heisick  
*Green Fair Folk Festival Chair*



FRANCISCAN  
SISTERS  
OF LITTLE FALLS  
MINNESOTA



ST. FRANCIS  
MUSIC CENTER

116 8th Avenue SE, Little Falls, MN 56345  
(320)632-2981 • (320)632-0637  
[www.fslf.org](http://www.fslf.org) • [www.sfmusiccenter.org](http://www.sfmusiccenter.org)

JULY 22, 2013

Vendors continued . . .

**Brigid's Hand**  
Dr. Janell Osborn  
320-414-0157

**Flourish Acupuncture**  
Shana Grams  
320-631-0029

**Karen Gross**  
320-468-6818

**Horizon Health**  
Vicki Villebro  
320-468-6451

**Pathways to Harmony**  
Brenda Wiener  
320-492-4109

**Quinde Enterprises**  
Janelle Hinchley  
320-339-3708

**Recycled Cards**  
Sisters Mary Zirbes &  
Tonie Rausch

---

**Check it out!**  
**UROCK**

**UROck posters** are on display in the west entrance lobby. Artwork on loan from Five Wings Arts Council which funds the URock program.

Participants of URock name their band and develop the visual concepts for a band poster, which is exhibited around their town to promote the final concert. The musicians work closely with Kari Ross of the Community Relations Department for the Franciscan Sisters of Little Falls to develop a visual identity for their band. Kari photographs each group and then works with them to translate the band's name, concept and musical style into a colorful poster. The posters you see here represent a few of the many posters that have been created since URock's inception.

---

### **Thank you:**

- Central Minnesota Electric for donating the use of their electric pedestals. These help bring sound to the stage and power to the food vendors!
- Steve Januschka for the use of his hayrack to be used on the stage.

### **Green Fair Folk Festival T-Shirts for sale!**

**\$10**

Visit the Information Booth!

# Speaker Schedule

*(Visit the red & white tent at the south end of the grounds.)*

5-5:30 p.m.

**Stephen Jones, Little Falls Superintendent of Schools**  
***Garden to Cafeteria***

Mr. Jones will describe the collaborative project between Little Falls Community Schools and St. Francis Convent—students growing produce for their own school lunch program.

5:30-6 p.m.

**Sister Karen Niedzielski**  
***Storytelling for Adults and Kids***

Entertainment “outside the box” for people seeking creative play-time.

6-6:30 p.m.

**Dr. Ben Grams**  
***Live a Sustainable LIFESTYLE***

Fun and entertaining thoughts on how to live in health and wellness—includes important bits of life-saving information.

6:30-7 p.m.

**Gene Stark, author**  
***Books, Plants & Rain Gardens***

Discussion of author’s books as well as his insights into native plants, rain gardens, and other types of sustainable production.