

Come to Clare's Well, a 40-acre farm with a large farmhouse, hermitages, garden, lake and woods. The peaceful, natural surroundings will help you to rediscover your own spirit and spirituality. Let the life-giving energy of Mother Earth restore your balance.

Overnight accommodations are available. Both women and men are welcome, single and/or shared accommodations are available in the hermitages. We serve meals with healthy, natural foods, many of which come from our garden. For your comfort, we suggest that you wear casual clothing and walking shoes.

You are invited to Clare's Well where you can enjoy:

- Therapeutic Massage, Trager, Integrated Energy Therapy (IET)
- Sauna
- Meditation Chapel
- Labyrinth and walking paths
- Personal reflection, study and healing
- Communal prayer and ritual
- Overnight or daytime accommodations



Everyone can relax at Clare's Well!



For more information or reservations contact us:

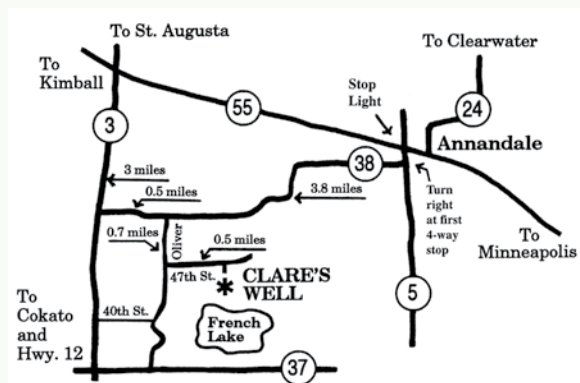
Sisters Carol Schmit, Jan Kilian,
Paula Pohlmann, and Ms. Roxanne Wagner

Phone: (320) 274-3512

Website: www.clareswell.org

Directions to: Clare's Well, Annandale, MN

Clare's Well is located 60 miles west of Minneapolis, 25 miles southeast of St. Cloud.



**13537 Forty Seventh St. N.W.
Annandale, MN 55302**

CLARE'S Well



Relax, Refresh, Renew
Wisdom is simple and deep within.
Drink from your own well.

FRANCISCAN SISTERS
OF LITTLE FALLS, MINNESOTA

Relax, Refresh, Renew, Retreat



Overnight Accommodations

Hermitages are small cabins, and have a bed, desk, prayer area, small refrigerator, hot plate and microwave. Each hermitage is complete with basic items such as towels, sheets, CD player, etc.



The name, *Clare's Well*, is inspired by Clare of Assisi, a 13th Century woman, saint, mystic and friend of Francis.

Clare's Well offers a safe, reverent space for reflecting and exploring. It is a place of hospitality and a loving respect for all of creation. All are welcome in this place.

When we come to a well, the Scriptures remind us, we are refreshed, cleansed and healed. Transformation happens. Hearts change.

Being at the well allows us to draw from our own inner resources and to develop a gentle peace that makes us ready to reach out to others, listen, nurture and enter a journey of healing and rebirth. We become refreshed and renewed.