



# FlyDog Yoga



## 200-Hour Power Vinyasa Teacher Training Program Policies

### **Pre-Requisites**

Teacher training candidates must have at least 6 months of yoga experience. Though Vinyasa experience is preferred, various styles are welcome. Trainees must be familiar with the Sun Salutations and basic yoga poses like Warrior, Triangle, Half Moon etc. If you have any worries or questions about your experience, please contact Eliza at [eliza@flydogyoga.com](mailto:eliza@flydogyoga.com) or (434) 964-1964.

### **Financial Policies**

FlyDog Yoga 200 Hour Power Vinyasa Teacher Training is \$2500. A \$250 non-refundable deposit is due at the time of application that holds your spot in the training. The remaining balance (\$2250) is due by June 10th, 2017 unless a payment plan option has been agreed to.

***If you register prior to May 15th, 2017 and pay your entire tuition amount by June 10th, 2017 you will receive an Early Bird discount of \$300.***

### **Attendance Policies**

Attendance is expected on every day of training. The materials covered every day are important and will build upon each other. If it is necessary to miss any training sessions, the hours can be made up. If Eliza's presence is required to make up missed time, an extra cost of \$50 per hour is applied.

### **Homework & Assignments**

Throughout training, short reading and writing assignments will be given. Deadlines for all assignments will be given on the first day of training. All assignments are due on the specified day. Full class participation, successful completion of the assigned curriculum, and self-study are required to receive your teacher certification.

*I have read and understand the general policies above and agree to comply with them. I also understand that I upon acceptance into the program, I will be provided the FlyDog Yoga Teacher Training Agreement which must be signed prior to the start of training.*

\_\_\_\_\_  
Name

\_\_\_\_\_  
Signature

Date: \_\_\_\_\_