**Positive Christianity Discussion Guide**

**- Giving and Receiving -**

In John 10:10 - Jesus says: ***“The thief comes only to steal, kill and destroy, but I have come that they may have life and have it abundantly”.*** Since the beginning of time faithful people have sought to discover what it means to have an “abundant life.”

* When you hear that Jesus comes to bring YOU abundant life, what do you envision this life to be?

***“If we continually give without receiving we end up empty. If we continually take in without giving away, we end up constipated.”***

* Some people find it easier to give rather than receive help. Why do you think this is so? What part does pride play in this?

**Principle:** God is the only way to true healing and wholeness.

The abundant life for Naaman (Read the story in 2 Kings 5: 1-15) and the 10 Lepers (Luke 17: 11-19) begins with God’s healing and wholeness for them. God’s healing is much broader than just physical restoration it is about being made whole. To be made “whole” Naaman first has to overcome the pride he feels about how much better the rivers are in his home country verses the Jordan River.

* Why does Elisha attack his sense of pride before granting him healing?
* When Jesus mentions that the only leper to return and give thanks is a foreigner and outcast Samaritan, what sin is he confronting in his audience?
* What is it about your daily life that needs to be healed? What is missing from your life today?

**Attitude:** Praise and Thanksgiving

In 1 Thessalonians 5: 18 - It says: “In all things give thanks.”

* What things do you find most difficult in your life to give thanks for?
* If we are to give thanks in *all* things, do you think that means even in times of lack and suffering?
* What would that look like? Why would the Bible say such a thing?

**Daily Discipleship:**

Billy Graham is quoted as saying***: “God has given us two hands – one to receive with and the other to give with.”***

* What would you like to “receive” from God and others today?
* What is God leading you to be more receptive to and about?
* What is God leading you to give up or away?