



Alonzo King
LINES Dance
Center

Dancing Queens

With pliés back in rotation, the barre trend takes center stage. Plus, pleats, flats and chignons leap out of the studio

CLASS ACT

Technique for all levels and ages

**Alonzo King
LINES Dance
Center**
San Francisco
linesballet.org

Ballet Arts
Westlake Village
balletarts.org

**Contra Costa
Ballet Centre**
Walnut Creek
contracostaballet.org

**Debbie Allen
Dance Academy**
Los Angeles
[debbieallen
danceacademy.com](http://debbieallen
danceacademy.com)

Le Studio
Pasadena
lestudiodance.com

Sacramento Ballet
Sacramento
sacballet.org

Western Ballet
Mountain View
westernballet.org

**Westside School
of Ballet**
Santa Monica
westsideballet.com

BALLET BASICS GO BEYOND THE BARRE



Nike,
\$64.



Repetto,
\$285.



Heidi
Merrick



Prada



Pure Barre

BODY DOUBLE

Ballet-inspired workouts

Ballet Bodies
Los Angeles
balletbodies.com

Cardio Barre
L.A. and O.C.
cardiobarre.com

Core et' Barre
Newport Beach
coreetbarre.com

Fit on Studios
Manhattan Beach
fitonstudios.com

Pop Physique
Throughout CA
popphysique.com

Pure Barre
Throughout CA
purebarre.com

The Bar Method
Throughout CA
barmethod.com

The Dailey Method
Throughout CA
thedaileymethod.com

YogaWorks
Throughout CA
yogaworks.com