

HIGH C'S FISHING CAMPS: 2017 REGISTRATION PACKET



2017 Theme: Hooked on Christ

(Please Print Neatly)

mail your completed packet to: Joelle Friesen, 11509 Arnold Palmer Drive, Blaine, MN 55449
or email it to Joelle@FishingForLife.org

Camper Information:

Camper's Full Name: _____ Male/Female: _____

Grade Completed 6/17: _____ Camper's Birthday: _____ Camper's Church: _____

Camper's Email: _____ How Did You Hear About Camp?: _____

Parent/Guardian Information:

Name of Parent(s) or Guardian: _____

Address: _____

City: _____ State: _____ Zip: _____

Home Phone: _____ Cell Phone: _____

Work Phone: _____ Parent/Guardian Email: _____

2nd Parent Name: _____

2nd Parent Phone (s): _____

2nd Parent Email: _____

Permission and Agreements:

___ My child has permission to take part in all camp activities under supervision, and I agree that the camp and/or its staff/volunteers will not be responsible for accidents arising there from.

___ I give permission for FFL camp leaders to transport my child during the camp week and for emergencies.

___ I give permission for the use of photographs, video, audio and electronic images of my camper in camp promotions.

___ I understand the costs associated with High C's Camps and agree to the camp fees as listed. If I have financial or scholarship questions or requests, I can contact the Registrar, Joelle Friesen, at 763-242-5652, Joelle@FishingforLife.org. If requesting a scholarship, I understand that I may still be required to pay a partial payment to help cover the expenses of having my child attend a camp, as indicated above. Cancellations received 15 days before the camper arrival date will receive a full refund minus a \$50 administration fee. All other cancellations are non-refundable. Exceptions may be made in the event of family emergencies.

Parent/Guardian Signature: _____ Date: _____

I Would Like to Speak to Someone about Carpooling or Finding a Ride to Camp from the Metro Area for My Child

I am 16-17 Years Old and Would Like to Apply to be a Junior Guide (see Junior Guide Leadership Training Program info on page 9). Please have the Camp Director Contact Me!

Camper Code of Conduct

1. Respect One Another: Treat Each Other as You Would Like to be Treated

- Don't take or borrow anything that doesn't belong to you without permission. If it does not belong to you then you must ask permission before using it.
- Don't insult or criticize. Be careful that your joking isn't hurtful to others. Bullying and harassing behaviors will not be allowed.

2. Respect the Host Camp's Rules

- Respect and do not harm any property, nature or person. Leave all animals alone.
- Help keep camp clean by using properly marked containers for garbage and recyclables. Don't leave food or garbage around the cabins or tents as it may attract animals.
- We are guests of our host camps, and our actions are not to interfere with their programs unless directed by High C's Leaders.

3. Safety

- Don't go barefoot around the campgrounds. Shoes must be worn around the campgrounds at all times except for at the beach.
- Stay out of cabins and tents other than the one assigned to you.
- No swimming unless a lifeguard is on duty.
- Don't go out in a boat or canoe alone, and don't leave the campgrounds for any reason without one of your camp leaders.
- Campers must wear life jackets at all times in the boat when out on the lake.
- Apply sunscreen twice a day: morning and after lunch.
- Camp staff, or other assigned staff person, needs to know where you are at all times, and much of the time will be with you.
- We are God's creation and believe it is important to take care of our bodies. We offer an alcohol free, smoke free and substance abuse free environment.
- Camp is weapon free. Camper must not bring any kind of weapon or explosive device, including firecrackers.
- Camp reserves the right to hold inappropriate personal items of campers. Return of the item will, if appropriate, be made at the end of the camper's stay; parental contact and authorization may be necessary for this return.

4. No Electronics Allowed

- Leaders will have access to cell phones for emergency purposes.

5. Mornings & Lunchtime

- Allow yourself enough time to get cleaned up before breakfast. Breakfast is at 8:15am.
- After breakfast you will have at least a half hour of free time to play on the basketball court, fish off the dock, play carpet ball, ping pong, etc. but it is your responsibility to be prompt and attend morning Chapel at 9:30am.
- After Chapel there will be free time, but you are expected to be prompt for lunch at noon.
- After lunch, be available to help pack meals for supper on the lake, take swimming tests, and get ready for fishing.

6. After the Evening's Fishing

- Help the camp leaders with the boats and help put away equipment after fishing.
- Keep the noise down when you return to the host camp. Other campers may already be in their cabins sleeping or having devotions.
- Stay out of the dining hall at night without an adult High C's guide being with you.
- We will have devotions prior to lights out. We expect all campers to quiet down after lights are off.

7. Christian Conduct

- High C's Fishing Camps are Christian camps. Everything we do and say should reflect this. Don't use inappropriate language at any time, whether at the campground or in the boat. This would include profanity, vulgarity, sexual innuendo or racist or sexist remarks.

Have a safe, fun, and God-glorifying week at High C's Fishing Camp!

Camper Agreement and Signature:

I have read the Camper Code of Conduct, and I promise to comply with them. If I have questions, I can email GEM Camp Director Vaughn Blackburn (Vaughn @fishingforlife.org), or call him at 763-308-5434.

Camper Signature: _____ Date: _____

2017 High C's Fishing Camp Schedule:

please indicate which camp(s) you are registering for:

- June 11-16: High C's Fishing Camp at Green Lake**
\$450/week
We are excited to enter our 3rd year of camps with Green Lake Lutheran Ministries! This will be a unique camp that merges loads of fishing with a more traditional large camp experience. Green Lake is in Spicer, MN. This will be a great week of fishing! Please register directly through Green Lake at: gllm.org.
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- June 12-16: High C's Day Camp for Military Kids**
\$260/week
Kids from military families are invited to join us for this fish-filled Day Camp. We will be fishing 4 metro lakes throughout the week, as well as having a fun yet informative instruction day, helping your kid become a fishing pro! We will wrap up our week by attending FFL's Armed Forces Family Fun Celebration on Lake Minnetonka – a huge lake event for military families which includes contests and prizes – all sponsored by Fishing for Life.
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- June 26-30: High C's Day Camp for 5th-8th Grades – Minnehaha Academy***
\$260/week
For 17 years, our fishing camps have been offering a 5-day metro Day Camp option through Minnehaha Academy for middle school youth. This program is for all students entering grades 5-8. You do not have to be affiliated with Minnehaha Academy to register. Campers are to bring a bag lunch each day.
*Please register directly through Minnehaha Academy
at: <http://www.minnehahaacademy.net/schools/summerprograms/>. Click on the "catalog" to view more info on page 29, or click "register now" to register.
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- Jun 29-Jul 2: Man Camp for Fathers & Sons - Rock Ridge**
\$400 per Father/Son Pair
Man Camp is a unique opportunity for a Father and Son to spend time with other Father/Son pairs as we address the sensitive yet invaluable topics of integrity, sexual purity and other issues related to adolescence and the transition into Biblical manhood. This camp includes guided fishing and canoe trips in the Boundary Waters. Please fill out a registration packet for each father and son attending.
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- July 17-21: High C's Day Camp for 5th-8th Grades – Minnehaha Academy***
\$260/week
For 17 years, our fishing camps have been offering a 5-day metro Day Camp option through Minnehaha Academy for middle school youth. This program is for all students entering grades 5-8. You do not have to be affiliated with Minnehaha Academy to register. Campers are to bring a bag lunch each day.
*Please register directly through Minnehaha Academy
at: <http://www.minnehahaacademy.net/schools/summerprograms/>. Click on the "catalog" to view more info on page 29, or click "register now" to register.
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July 18-23: High C's BWCA Canoe Experience – Red Rock Lake
\$350/week
This unique week of camp in the Boundary Waters Canoe Area is for the more seasoned outdoorsman and fisherman. This is a tent and canoe-based trip in the beautiful wilderness of northern Minnesota. Fishing is emphasized, with plenty of paddling and portaging too. Campers must have completed 8th grade to qualify for this trip.

July 19-23: High C's Fishing Camp at Miracle Bible Camp: Special Parent/Child Week
\$400 per Parent/Child Pair
If you've always wanted to take your child fishing, but you don't have the knowledge or gear, or if you'd simply enjoy going fishing with other parents and their kids, then this is the camp for you! Staged at Miracle Bible Camp in Hackensack, MN, 6-8 hours of daily guided fishing experiences with your child are in store for you! Gear is provided, or feel free to bring your own! Please fill out a registration packet for each parent and child attending.

Jul 31-Aug 4: High C's Fishing Camp in Partnership with Camp Fish
\$450/week
If fishing is all you can think about, then this is the camp for you! Staged at Camp Jim in Pillager, MN, your child will attend advanced fishing seminars taught by Pro Fishermen, then fish for hours each day with their newly acquired knowledge. This unique camp is designed for youth who are already experienced with fishing and who desire a more in-depth knowledge of fishing.

Aug 7-11: High C's Fishing Camp – Sand Haven
\$350/week
We are excited to partner with the beautiful Sand Haven Resort in Deer River, MN. At this picturesque camp, camper can expect to fish a variety of lakes for 8-10 hours a day! This is a perfect camp for both male and female anglers!

Aug 7-11: High C's Fishing Camp for Hospitality House Kids – Ironwood Springs
\$350/week
We are excited to partner with Ironwood Springs in Stewartville, MN to offer a camp exclusively to kids from Hospitality House. At this camp, we will of course focus on fishing each day, but will also enjoy other recreational activities and games. This camp is similar to a more traditional summer camp experience, with a fun fishing twist.

Method of Payment:

Cash Amount Enclosed: _____

Check Amount Enclosed: _____ Check Number: _____

(Please Make Checks Payable to Fishing for Life; credit card payments can be made by contacting the registrar at 763-242-5652)

Scholarship Request:* 1. Partial Payment Amount (amount you are able to pay): _____

2. Payment Type: Cash Check (Check #: _____)

3. Amount of Scholarship Requested: _____

***please note:** "partial payment amount" (#1) plus the "amount of scholarship requested" (#3) must equal the Camp Cost listed with the week of camp your child is requesting.

Health History Form

Camper Name: _____ Camper DOB: _____

Gender: M F

Legal Guardian and Emergency Contact Information

1st Parent or Guardian _____ Relationship _____
Home Address _____ Home Phone _____
City _____ State _____ Zip _____ Work Phone _____

2nd Parent or Guardian _____ Relationship _____
Home Address _____ Home Phone _____
City _____ State _____ Zip _____ Work Phone _____

Health History:

(check and give approximate dates)

_____ Frequent Ear Infection
_____ Heart Defect/ Disease
_____ Convulsions/Seizures
_____ Diabetes
_____ Bleeding/Clotting Disorder
_____ Hypertension
_____ Mononucleosis
_____ Psychiatric Treatment

Diseases

_____ Chicken Pox
_____ Measles
_____ German Measles
_____ Mumps

Allergies (dates not needed)

_____ Hay Fever
_____ Poison Ivy, etc.
_____ Insect Stings
_____ Penicillin
_____ Sulfa Drugs
_____ Other Drugs
_____ Asthma
_____ Other (specify) _____

Has this camper ever required any psychiatric counseling or hospitalization? _____

Explain _____

Operations or serious injury (dates) _____

Disability or Chronic Illness _____

Activities to be exempt or limited by doctor _____

Dietary Modifications _____

Current Medications (send instructions) _____

Other disease or details from above _____

Dentist/Orthodontist Name _____ Phone _____

Family Physician Name _____ Phone _____

Date of last physical examination _____

Does your family carry health insurance Yes No

If so, indicate: Company name _____

Policy or Group Number _____

Individual who carries coverage _____

Suggestions on health related information for camp personal (attach additional information if necessary) _____

For Female Campers

Has person menstruated? Yes No If not, has she been told about it? Yes No

If so, is her menstrual history normal? Yes No Special Considerations _____

Doctor's Report (only required if camper has major health concerns)

I have examined the person described and have reviewed his/her history. It is my opinion that he/she is physically able to engage in camp activities, except as noted in the attached report. **Please attach a list of medications to be administered at camp and include specific dosages.**

Physician's Name (Print) _____

Physician's Signature _____

Business Phone _____ Home Phone _____

Camper Name: _____

Camper DOB: _____

| Vaccines | Year of Basic Immunization | Year of Last Booster |
|--|----------------------------|----------------------|
| Diphtheria Pertussis (Whooping Cough) (DTaP) Tetanus or | 1. 2. 3. | 1. 2. |
| Tetanus Diphtheria (Td) or | | |
| Tetanus | | |
| Oral Polio (Sabin) TOPV | | |
| Injectable Polio (Salk) | | |
| Measles, Mumps, Rubella (MMR) | | |
| Varicella (Var) | | |
| Hepatitis B | 1. 2. 3. | |
| Other | | |
| Tuberculin test given _____ (most recent) | | |
| Haemophilus influenza b (HIB) | | |

Consent for Medication Administration

Please circle those medications below that you would allow camp staff to administer to your camper, if needed, and then sign below granting camp staff permission to administer those medications you have circled. If you do not circle one or more of the medications, that medication will not be administered unless staff is able to contact you by phone or an emergency situation. Please note that all medications will be given according to labeled directions based upon your child's health history.

| | | | |
|--------------------------|-------------------------|-----------------|-------------|
| Ibuprofen (Advil/Motrin) | Acetaminophen (Tylenol) | Calamine Lotion | Sudafed |
| Antiseptic Ointment | Pepto-bismol | Benadryl | Cough Drops |
| Aloe Vera | Hydrocortisone Cream | Burn Cream | Tums |

Parent Signature: _____ Date: _____

This health history is correct so far as I know, and the camper described has permission to engage in all prescribed camp activities, except as noted by me and/or an examining physician. I hereby give permission to the staff and medical personnel to order X-rays, routine tests, treatment and necessary transportation for my child. In the event I cannot be reached in an emergency, I hereby give permission to the physician selected by the camp staff or camp nurse to secure and administer treatment, including hospitalization, for my child as named above.

Parent Signature: _____ Date: _____

Please Note: for everyone's safety, State Law requires that ALL medications brought to camp be kept by the Camp Director or Health Center. The only exceptions to this rule are rescue inhalers and epi-pens. All medications must be in an original pharmacy container with the correct name, date and instructions on the bottle. The camp cannot give camper any medications that are improperly labeled or not prescribed by a physician/practitioner. Over-the-counter medications should not be brought to camp by campers; camp will have these on hand.

High C's FISHING CAMPS: PACKING LIST



BRING:

- 1) Bible, Pen, and Notebook
- 2) 4-5 Pairs of Shorts
- 3) 5-6 Shirts
- 4) 1-2 Pairs of Jeans/Track Pants
- 5) Old Tennis Shoes
- 6) Flip Flops/Sandals
- 7) Rain Jacket
- 8) Hat, if desired
- 9) Hoodie or Sweater for Cold Nights
- 10) Pajamas
- 11) Swim Suit and Towel
- 12) Soap, Shampoo, and other Toiletries
- 13) Towel and Washcloth
- 14) Toothbrush and Toothpaste
- 15) Sleeping Bag
- 16) Pillow
- 17) Fishing Equipment, if you have it
- 18) Sun Screen
- 19) Bug Spray
- 20) Snacks, if desired
- 21) Spending Money for McDonalds (for on the way up to camp and back)

DO NOT BRING:

- 1) Electronics of any Kind (this includes cell phones, mp3 players, hand-held games, etc)
- 2) Weapons
- 3) Drugs, Alcohol, Cigarettes

High C's FISHING CAMPS: BWCA TRIP PACKING LIST



(THIS LIST IS FOR MAN CAMP AND THE BWCA CANOE EXPERIENCE)

What to Wear:

We recommend lightweight and breathable clothing to layer. Synthetic, athletic, or polyester clothing is preferred (cotton is ok but it doesn't dry very quickly).

- Shorts for each day
- 1 pair athletic or nylon pair of pants (lightweight, breathable material is best; zip-offs are great)
- 1 long sleeve shirt for cooler days and bug protection
- Short sleeve shirts for each day
- 1 rain jacket (no ponchos)
- 1 fleece jacket to use for warmth, bug protection, and as a pillow
- Socks for each day, plus 2 extra pairs
- Closed-toe shoes such as tennis shoes or hiking boots
- Sandals for evenings at campsite
- 1 swimsuit

What to Bring:

- Fishing for Life will provide you with fishing gear upon request, but you're welcome to bring your favorites such as:
 - Fishing rod/reel/8-10 lb. Line (if you have it)
 - SM Bass, Walleye, and Pike fishing tackle in small plastic box:
 - Shad Raps – perch color, Purple and Brown soft baits, Large jointed original Rapala – fire tiger color, Spoons 4" red/white, #6 hooks, split shot, bobbers, Swivels, 12" steel leaders
- MN fishing license if over 16 years of age
- Sleeping bag – packed in plastic bag (you may also bring an air mattress, if desired)
- Backpack
- Sunblock lotion
- Repel, Deep Woods Off or Ultra Muskol insect spray
- Camera in plastic bag
- Toothbrush & Toothpaste
- Small Bible, paper and pencil, all in plastic bag
- Flashlight
- Comb
- Baseball Hat
- Towel & wash cloth
- \$25.00 for food on the way up (per person)

**Everybody will wear a lifejacket at all times while on the water.
Every trip in a canoe is with another person. There is no venturing off alone.**

Junior Guide Leadership Training Program

Summer, 2017

High C's camps offer a unique Junior Guide Leadership Training Program for campers aged 16-17. Each of our camps will have between 10-16 campers in attendance. The role of a Junior Guide is to use your experience both in fishing and in your walk with the Lord to teach and encourage and leave a positive impact on fellow campers and to aid the Camp Director, Assistant Camp Director, and Adult Guides throughout the entire week of camp. To apply for this role, please contact Camp Director Vaughn Blackburn at 763-308-5434. Please note: camper fees still apply.

Qualifications:

- must be between 16-17 years old
- active faith - must have a personal relationship with Christ and be his follower in word and deed
- must possess good leadership abilities
- must show responsibility
- must demonstrate appropriate behavior at all times
- must be patient, enthusiastic, self-controlled and dependable
- must have the ability to work with others and follow directions
- must have a valid MN fishing license (FFL will reimburse for this)

Responsibilities:

- observe and promote all rules and regulations established for High C's Camps
- must attend and participate in all camp activities
- reports a camper's absence from a camp activity immediately to the Camp Director
- help inexperienced younger fishermen to develop fishing skills
- assists Director/Adult Guides in getting boats ready for fishing
- help Adult Guides by making sure kids are where they are supposed to be
- aid in cleaning boats after a day of fishing
- be a positive role model for other campers
- no offensive language
- report to the Adult Guides any abuses of policy or negative behavior
- set an example of attentiveness during Chapel, opportunities to share testimony, if applicable
- develop positive relationships with other campers
- operate trolling motors when adult Guides are present

At the end of the camp week, you will receive the following:

- Junior Guide Evaluation
Criteria:
 - Positive Attitude
 - Behavior and Language Consistent with a Christian Leader
 - Ability to Teach Others
 - Fishing Skill Level
- Certificate of Completion – High C's Junior Guide Leadership Training Program
- Letter of Reference, if requested