

COACH'S DAILY D™

The
Exercise
Coach.

According to a study entitled, *The Vitamin D epidemic and its health consequences*¹, Vitamin D deficiency is recognized as an epidemic in the United States. Vitamin D deficiency can manifest itself in a myriad of different ways that extend beyond bone health, including cardiovascular problems, blood sugar imbalances, and cognitive impairment.

Unless you are lucky enough to live in a place that enjoys year-round sunshine, you'll likely see your Vitamin D blood test results at below optimal levels. Coach's Daily D™ delivers 2000 i.u. of Vitamin D3 in each drop. Coach's Daily D™ is a pleasant tasting, naturally emulsified liquid Vitamin D3. The natural, self-emulsifying technology allows for quick and complete dispersion in any liquid.

Or, you can drop right onto your tongue!

Coach's Daily D™ makes taking Vitamin D simple and convenient!

1. Ref. *The Vitamin D Epidemic and Its Health Consequence*. Holick, MF; Boston University School of Medicine, Dept. of Medicine, Section of Endocrinology, Vitamin D Laboratory.

Benefits at a glance

- Concentrated, highly bioavailable liquid Vitamin D formulation.
- Convenient, pleasant tasting liquid drops
- Drop into any liquid or directly onto your tongue
- Naturally derived ingredients free of preservatives and synthetic surfacants
- Accurate dosing (1 drop at a time)
- Broad range of dosing possibilities

These statements have not been evaluated by the food and drug administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

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