



## Shiver Plunge Rules

*\*A Shiver Elk River Event*

**February 11, 2017 at Lake Orono Park**

1:30 p.m. Check-In Begins      3:00 p.m. Plunge Begins

Elk River Area Chamber of Commerce (ERACC) is hosting a Shiver Plunge fundraising event. Persons jumping in the lake are "Plungers". Pledges are collected by the Plunger for a non-profit organization. Non-profit organizations include 501(c)3, church groups, and some city purposes. Tax deductibility should be discussed with your tax advisor. Plunge registration is \$35 per person. Teams are encouraged. All pledges raised will be distributed to the designated non-profit. Registration fees help defray event expenses.

1. Plungers must be at least 10 years old and in good health. Plungers under age 16 must be accompanied by parent or guardian on-site the day of the event. Those under 18 must have a Parent or Guardian signature on the waiver. Any plunger under 5 feet tall must provide and wear a personal floatation device.
2. Plungers are encouraged to raise at least \$100 for the non-profit of their choice. All pledges are to be collected and presented to ERACC at or before February 11, 2017, the date of the event.
3. Monies raised for non-profits will be distributed to the non-profit organization designated by the plunger regardless of the plunger actually taking the plunge.
4. Checks for pledged funds should be made payable to the non-profit you are supporting. ERACC will distribute funds back to each organization after the event. No credit will be given for uncollected pledges.
5. Appropriate costumes and theme plunges are highly recommended. This is intended to be a fun family/community event. ERACC may deny any Plunger with inappropriate costume from participating. ERACC's decision is final. Pledges raised, however, will still be distributed.
6. Plungers appearing to be impaired or intoxicated will not be allowed to jump. Pledges received, however, will still be distributed.
7. Plungers must be in good health to participate. It is the responsibility of each Plunger to consult his or her doctor to determine the condition of his or her health. **PLUNGERS PLUNGE AT THEIR OWN RISK.** Each Plunger must sign the Registration Agreement as well as the Release and Waiver of Liability in order to plunge. Registration fee must be paid to jump. **NO EXCEPTIONS.**
8. All Plungers must exit the water immediately after entry. Plungers **MUST** obey all instructions of the emergency diver and medical personnel on site.
9. Plungers must check in no later than 3:00 p.m. on the day of the plunge.
10. Photographs/videos of the event will/may be taken. Plungers consent to use of photos/videos without compensation.
11. No blankets or towels will be provided by ERACC. Plungers are responsible to bring their own blankets or towels. Any personal property left at the site after the event will be disposed of.
12. There is no alternate date. If the Shiver Plunge is cancelled due to weather, pledges received will be retained and distributed as described above. There are no refunds of plunging fees or pledges.
13. Plungers that are registered by January 23, 2017 will receive a t-shirt.

**SHIVER PLUNGE REGISTRATION**  
**3:00 p.m. February 11, 2017**  
**at Lake Orono Park, 18599 Gary Street, Elk River**

(PLEASE PRINT)

Plunger Name \_\_\_\_\_ Age \_\_\_\_\_

Address \_\_\_\_\_

City State Zip \_\_\_\_\_ Phone \_\_\_\_\_

Plunger Email (**REQUIRED**) \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Phone \_\_\_\_\_

Name and address of Non-Profit organization for which you are plunging \_\_\_\_\_

Names of others on my team \_\_\_\_\_

**Shiver Plunge Registration Fee \$35.00**

**Registrations without payment and waiver will not be accepted**

*Checks made payable to Elk River Area Chamber of Commerce*

**Deliver or Mail to: Elk River Area Chamber of Commerce, 509 Highway 10, Elk River MN 55330**

**(763) 441-3110 [www.shiverelkriver.com](http://www.shiverelkriver.com)**

*DO NOT WRITE BELOW THIS LINE For office use only*

	Registration form & waiver SIGNED
	Pledges turned in
	Appears capable of jumping
	Minor has guardian on-site - NAME:
	Plunger under 5 feet has life jacket
	Shoes for jumping
	Dry clothes & shoes - name on storage bag
	Supporter on site? NO YES - NAME:
	T-shirt
	Wristband (identification, must wear to jump)

