



# Shiver Dash 5K / 10K Run Walk Registration

February 11, 2017

Start time 9:00 a.m.

at Lake Orono Park, 18599 Gary Street NW, Elk River

(PLEASE PRINT)

NAME \_\_\_\_\_ Age (if minor) \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY STATE ZIP \_\_\_\_\_

PHONE \_\_\_\_\_

E-MAIL (**REQUIRED**) \_\_\_\_\_

EMERGENCY CONTACT \_\_\_\_\_

EMERGENCY CONTACT PHONE \_\_\_\_\_

*If registering as a team:* TEAM NAME \_\_\_\_\_

SELECT YOUR RUN LENGTH      \_\_\_ 5K      \_\_\_ 10K

**\$35.00 Registration fee for 5K or 10 Run**

**Registration without payment and waiver will not be accepted**

*Checks made payable to Elk River Area Chamber of Commerce or register and pay online at [www.shiverelkriver.com](http://www.shiverelkriver.com)*

**Deliver or Mail with signed waiver to:**

**Elk River Area Chamber of Commerce, 509 Highway 10, Elk River MN 55330**

**Fax to (763) 441-3409 or scan and email to [eracc@elkriverchamber.org](mailto:eracc@elkriverchamber.org)**

**[www.shiverelkriver.com](http://www.shiverelkriver.com)      (763) 441-3110**

