

Kybella After Care Instructions

In the area in which Kybella was injected, it is common to have some swelling, sense of fullness, small nodules, area of firmness, numbness, small collection of blood (hematoma), bruising, mild discomfort, and/or mild redness. These symptoms may last weeks but typically are not permanent.

For minor pain/swelling, it is best to use a nonsteroidal anti-inflammatory medication such as Ibuprofen, Advil, Motrin or Aleve. If you cannot tolerate these medications, Tylenol may be used. To reduce swelling, you may also apply an ice pack to the area with very gentle pressure just as we did at the conclusion of your treatment. However, do not apply firm pressure, rub or squeeze the area that was injected.

If you develop increasing redness and/or fever, please contact us as the area of injection may be getting infected.

If swelling is increasing or you experience shortness of breath, trouble swallowing, severe itching, chest pain, dizziness, or lightheadedness, call 911. These symptoms are rare but may indicate an allergic reaction to Kybella and require immediate medical intervention.

If you develop muscle weakness in your face and/or an asymmetric/altered smile, or if numbness in the area of injection lasts longer than 6 weeks, please contact us.

If your provider discussed the need for another treatment, please contact our office for your appointment.

If you have any questions, please contact us at 770-212-2242.

**Your follow up treatment date needs to be 6-8 weeks from now.
Please put the date here for reference _____**