

Juvederm After Care Instructions

Avoid any massage or direct pressure to treatment areas for 48 hours. This may alter the placement of the filler.

Use caution when re-applying makeup for 24 hours after treatment.

Refrain from heavy exercise for 48 hours after treatment.

It is normal to experience firmness or “lumps” in your treated areas for the first few days after treatment. Over time, these areas will soften and settle.

Avoid consuming alcohol, Motrin, Ibuprofen, Advil, Aleve, naproxen, aspirin, vitamin E and fish oil for 24 hours before and after treatment.

Short term side effects may include discomfort, swelling, bruising, redness, or irritation at the injection sites. These symptoms may last up to 2 weeks.

You may use a cold pack, but avoid excessive pressure.

Avoid UV exposure until redness has subsided. Wait at least one week before receiving any skincare treatments to treated areas.

Should you develop chest pain, difficulty breathing, or other life threatening symptoms, call 911 immediately.