

DALLAS YOGA CENTER

The days of both the full and new moon are observed as holidays in the Ashtanga Yoga tradition. There are no classes scheduled for the Mysore Program on these days. Please take rest.

Moon Days 2018

Full Moon shown in bold font

New Moon shown in regular font

Monday, January 1

Tuesday, January 16

Wednesday, January 31

Thursday, February 15

Thursday, March 1

Saturday, March 17

Saturday, March 31

Sunday, April 15

Sunday, April 29

Tuesday, May 15

Tuesday, May 29

Wednesday, June 13

Wednesday, June 27

Thursday, July 12

Friday, July 27

Saturday, August 11

Sunday, August 26

Sunday, September 9

Monday, September 24

Monday, October 8

Wednesday, October 24

Wednesday, November 7

Thursday, November 22

Friday, December 7

Saturday, December 22