



200 Hour Teacher Training Application

Payment is due prior to training/ Easy payment plans available.

Yoga Story is a 200 Hour Yoga Teacher Training program registered as a 200 Hour Yoga School with Yoga Alliance. We are governed by the rules of this organization.

We strive to provide outstanding education and support at all times to our students before, during and after every program. We set the bar high in standards for our teachers and students in commitment to growth and learning, as well as respect at all times for our teachers and other students.

In many states, as with Arkansas, a 200 Hour Yoga Certification is NOT required to begin teaching as a professional. We hope you apply with us because you are passionate to learn and share your love of yoga, what it can offer you in personal growth and to help others find healing, hope and purpose.

This training is propelled by you and your direct involvement (showing up and being present!) through your passion and desire to learn more. The benefits you receive will be in direct proportion to the energy, attention & effort that you put in. We are committed to your success as a yoga teacher and person, and will do our part to support you in any way that we can.

Successful completion of this program (180 contact hours including teaching practicum & written tests & additional homework hours) will result in a 200 Hour Certification with Yoga Story Studio/ School. You will have the opportunity to register your teaching certification online with Yoga Alliance for the status of RYT (registered yoga teacher) upon successful program completion.

TEACHER TRAINING APPLICATION FORM

(There is a \$100 application fee which is non-refundable unless you are not accepted)

Name: _____

Address: _____

Do you have any prior or current mental or physical problems or limitations that may affect your ability to teach yoga? Are there any special accommodations or needs that would enable you to perform to the best of your ability?

Tell us about your hobbies, interests, other exercise practices, community service, etc.

Emergency Contact: _____

Emergency Contact Number: _____

Headshot Upload (head shot):

Resume Upload (please upload your biography or current resume:

_____ Yes I acknowledge that I have downloaded, read and agreed to Teacher Training policies & operation & conduct.

Make-Up Hours: Please check YES to confirm that you understand & accept our make-up policies:

_____ Yes I understand that all students in training are required to complete a minimum of 180 contact hours with primary instructors during the course of training.

_____ Yes I understand that I must make up any missed training hours prior to receiving my final training certificate.

_____ Yes I understand that every effort will be made to schedule my make-up hours during a regularly scheduled training at another time. However if there is no training within the vicinity of my missed hours, I may make up hours with Primary Instructor at the cost of \$45 per make-up hour.

Student Conduct Requirements: Please check YES to confirm that you understand & accept our conduct policies. Yoga Story Studio/School has a NO TOLERANCE Policy with regards to misconduct in any of the categories below.

_____ Yes I understand that NO sexual harassment of any type or form will be allowed.

_____ Yes I understand that no substance use or smoking during school hours will be accepted.

_____Yes I understand that no breach of confidentiality will be tolerated.

_____Yes I understand that no bullying, targeting, written or verbal abuse or exclusion of fellow teacher training students, of any kind, will be tolerated. This included in person interactions as well as comments made in social media & emails (private or public)

_____Yes I understand that failure to comply with the standards of conduct may result in the following ramifications: Conduct warning, suspension or program dismissal.

Graduation Requirements/Final Certification: Signing up for the program does not guarantee receipt of a certificate. To graduate, a student must complete all requirements with a cumulative grade of 75% or above. Students who are not meeting the standards of practical experience will be notified and given opportunity to explore methods for improvement. Grading criteria includes: class participation (which includes coming to an additional class 1x per week & either practicing or observing & taking notes), exams & quizzes, hands-on techniques, written and practical assignments, homework, special extra credit projects, attendance and timely completion of 2 one hour teaching practicums (teaching a one hour yoga class demonstrating and understanding of all appropriate skills & tools & teaching a one hour workshop on subject of student's choice). Students will not be awarded a completion certificate until all of the above criteria is met.

_____Yes I understand that I will not receive a final graduation certificate until I have completed all the required hours, activities & final exams listed above.

_____Yes I understand that I may ask questions or request support from Teacher Training staff at any time in the process of successfully completing all program requirements.

Application Fee Agreement:

_____Yes I understand that upon submitting this application I will pay \$100 (application fee is fully refundable if you are not accepted into the program.)

Signature_____Date_____

