

About Chaturanga

Chaturanga is a fitness and education center that blends the best of modern science and timeless awareness traditions to help people build movement habits they can count on over time. The center offers Personalized Pilates instruction as well as more than 50 weekly group yoga, Pilates mat and equipment, and Zumba classes for all levels and stages of adulthood. Chaturanga's teacher training programs produce high-quality instructors with strong teaching skills and the ability to contribute thoughtfully to the dynamic field of mind-body education.

Core Purpose

To create movement experiences that help people enjoy more active, fulfilling, and pain-free lives, while inspiring them to be their best.

Mission

To provide high-quality movement experiences and self-care tools that nourish mind, body, and spirit and help our customers be happy, healthy, and injury-free for life.

Vision

To foster kindness and connection, to self and others, through exceptional instruction in mindful movement.

History

Chaturanga was established in 2010 by body-worker and Pilates instructor, Marylee Bussard. It quickly grew into a thriving neighborhood wellness community that features high-quality individual and group fitness both onsite at our Hyde Park studio, and offsite in residential building, university, and corporate settings. Chaturanga Seeds, a charitable yoga outreach and teacher-education scholarship program was founded in 2012, funded in part by Chaturanga clients. Today, cutting edge yoga and Pilates teacher training and ongoing educational courses are available through Chaturanga.

Mix & Match Pass



chaturanga
holistic fitness

If you have not yet filled out and signed a registration card at the studio, please do so before you take your first class; it should take no more than 5 minutes. Thank you!

Questions? Email info@chaturangafitness.com



YOGA · PILATES · ZUMBA

773-358-2998

chaturangafitness.com

located on the 3rd floor

Things to Know About Mix & Match Passes

- Mix & Match Passes come in units of 5 (\$80), 10 (\$155), and 20 (\$300)
 - Group Fitness Classes pull one unit from the pass for each class taken
 - Group Fitness Classes = Yoga, Pilates Mat, Zumba, and Active Aging (Cardio Strength and Tai Chi)
 - Pilates Group Equipment classes pull two units from the pass for each class taken
- These passes are good for 3 months and are activated on the first day you use them to make payment for a class
- These passes can be shared with one other person

Things to Know about the Loyalty Mix & Match Pass

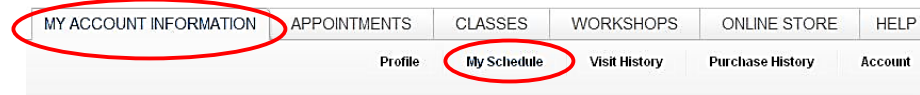
- This Mix & Match Pass is 20 units and the cost is \$250
 - Group Fitness Classes pull one unit from the pass for each class taken
 - Group Fitness Classes = Yoga, Pilates Mat, Zumba, and Active Aging (Cardio Strength and Tai Chi)
 - Pilates Group Equipment classes pull two units from the pass for each class taken
- This pass is good for 1 month and is activated on the first day you use it to make payment for a class
- This passes cannot be shared

Purchasing a Mix & Match Pass Online

- Visit our website at www.chaturangafitness.com
- Hover over “purchase” at the top right corner of the screen
- From the drop down menu that appears, select “Mix & Match Passes” and click on the indicated link to make a purchase
- Follow the prompts to make payment
- If you haven’t already set up an online account, the system will prompt you to do so before you input payment information & finalize the purchase

Cancelling Yourself From a Class Online

- To login to your online account, visit www.chaturangafitness.com and click on “login to your account” near the bottom of the screen. Enter your username and password
- Select “My Account Information” from the available tabs at the top of the screen
- From there, select “My Schedule”



- On the next screen that pops up, select “Late Cancel” or “Cancel” next to the class you want to cancel
 - If “Late Cancel” appears, it means you’ve missed the 24 hour cancellation window and you will lose the class.
 - This DOES NOT apply to Group Fitness classes, ONLY Pilates Group Equipment classes
 - If just “Cancel” appears, it means you’re within the 24 cancellation window and you will not lose the class and can rebook