

All Hands On!

Teaching good yoga can be stagnant and ultimately unfulfilling. Teaching GREAT yoga is an evolutionary skill set that leaves the teaching practitioner ever hungry to evolve powerful, developmental skill sets. We will break down the SKILLS of HANDS ON ADJUSTMENTS, not just our own, but our methods of teaching others. This weekend, we will communicate our niche development, curriculum development, sequence templates, and aimed emphasis of action and activation.

Our guiding text for this module will be: *The Four Desires*, Rod Stryker

October 21-23, 2016