



Melbourne
Natural
Wellness

Level 4, 178 Collins St
Melbourne VIC 3000

p) 03 9662 1311

f) 03 9662 1150

e) info@mnwc.com.au

www.melbournenaturalwellness.com.au

ACN 137 878 525

Second Visit Testing Consultation

45 min \$157

Third Visit Report of findings

30 min follow up \$107

Corrective Care Program: \$457

Includes Visits 1-3 (saves \$54)

[Click here](#)

Subsequent Visits /Programs

Single 30 min follow up \$107

Prescriptive Program 6x30min
follow up \$522

(\$87 per session saves \$120)

For Memberships please [click here](#)

- May include one or more of the following tests: Blood Pressure, Zinc Tally, Iridology, Healthy Ageing Analysis, Diet and Lifestyle Diary, Mood & Stress Questionnaire, Live Blood Test, and Health Appraisal Questionnaires.
- Your Naturopath will present you with the results of the testing appointment, their research and your information provided at the initial consultation. This appointment will go through things that may be triggering your condition(s), what you need to do, how you both are going to manage it, how long that process could take and how to get the best results possible. This is where a treatment plan will be agreed, to achieve your desired goals as quickly as possible.
- Ongoing support through follow-up appointments and email/phone contact is an important part of the therapeutic process.
- During follow up appointments your Naturopath will ensure they change your treatment as your needs change. This enables you to get to the desired outcome as quickly as possible and maintain your healthy state.
- Your Naturopath may re – run the above tests to compare and check your progress.

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| <p>Specialist Areas</p>  | <ul style="list-style-type: none"> • Women's Health • Infertility • Pregnancy Care • PCOS • Endometriosis • Chronic Fatigue • Mood Disorders • Mental Health • Hormonal Imbalances • Gastrointestinal Problems • Anxiety / Depression • Herbal Consulting • Nutritional Medicine |
| <p>Medicines</p>  | <p>Naturopaths focus largely on the diet as the main source of nutrition to maintain health and wellness. When the body is out of balance, there is often a need for specific medicines to remove symptoms and correct imbalances.</p> <p>At MNW, only the highest quality products are used so you can be confident that they are not only effective but have undergone stringent testing to ensure they are pure, ethical and of the highest quality. MNW medicines are practitioner only ranges you must be prescribed.</p> <p>They are designed specifically for the individual concern so you are only receiving the nutrients you need at specific dosage which reduces your cost. If you are currently taking any medications or supplements please bring them in with you or take a photo of the ingredients to show your practitioner.</p> <p>You may not need any medications; your concerns may be addressed by diet changes only. If this is the case, your practitioner will work with you to create a healthy eating plan that works with you. Please note supplements range from \$10-\$100</p> |



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| Qualifications | Our naturopaths are all highly qualified and have extensive clinical experience. All undergo continued education to ensure they are up-to-date with the latest research. They are all registered with industry associations and are insured. |
| Diagnostic Testing  | The practitioners at MNW want to know exactly what is “going on” with you. It is your health we are dealing with so we want to make sure what’s causing your problems. So we have made sure that we have the very best diagnostic tests/equipment available to monitor your health. We also want to empower you, the client, by giving you the opportunity to take your health in your own hands. |

MNW Naturopaths have been helping people since 2002 to relieve their symptoms as well as using a corrective care approach to guide them to a healthier, more energetic life. To find out which of our Naturopaths are best for you, please email reception@mnwc.com.au or call 96621311. We are ready to help you make your appointment when you are!

Please search for our Melbourne Natural Wellness app to make your appointments anywhere , anytime quickly and easily ☺