



THE K9 TIMES

"TO MAKE A POSITIVE DIFFERENCE IN THE LIVES OF DOGS AND THEIR OWNERS."

August 2017

THE SUGAR-FREE NIGHTMARE: XYLITOL WHAT YOU MAY NOT KNOW COULD KILL YOUR DOG

XYLITOL IS NO SWEET MATTER

You know chocolate, onions and grapes are bad for your dog. But there's a new danger in your **cupboards, bathroom** and even your **purse** at this very moment!

It's called **xylitol** and it's a popular **sugar substitute**. Classified as a sugar alcohol, it's touted as the latest "safe" additive in many **sugar-free** products. What you may not know is that it's **also** found in many products **not** often thought of as "sugar-free" or even edible!



But, **xylitol is not safe** for your canine family member. As little as 0.1g per kg (or 0.0035 oz per 2.2 lbs) of your dog's bodyweight is enough to cause toxicity!

The smaller the dog, the faster, and deadlier, the effects.

WHERE DO YOU FIND XYLITOL?

Today, there are literally **hundreds of products (700+ at last count!)** containing this potentially life-threatening toxin if it's ingested by your dog.

While many of these items are not typically fed to dogs, owners need to keep in mind that dogs are **notorious** for sniffing out sweet and yummy-smelling items and ingesting them in a heartbeat! Take time to read the labels - and teach all family members - to be vigilant and always put **any** items containing xylitol out of reach of your dog's inquisitive nose (and mouth).

Learn which products contain xylitol on the back.

XYLITOL POISONING: SYMPTOMS

Xylitol absorption into the bloodstream is **much faster in dogs**; in fact, toxicity can occur in as **little as 30 minutes**. But, some dogs may not show symptoms for up to 48 hours after eating xylitol; including:



- ~ Vomiting
- ~ Loss of Body Control/Coordination
- ~ Lethargy, Weakness, Depression
- ~ Staggering & Collapse
- ~ Seizures, Tremors & Coma

Potential consequences include: hypoglycemia (low blood sugar), acute liver damage/failure and even death.

IF YOUR DOG HAS EATEN XYLITOL

Time is of the essence; especially the smaller the dog. Inducing vomiting or using activated charcoal will **not** help your dog. Actually, there is little you can do at home. Immediately get your dog to your vet or an emergency care facility.

(Sources: www.NCBI.NLM.NIH.gov, PetSCI.co.uk; PetGuide.com; and HealthyPets.Mercola.com)



THE ONE MINUTE DOG TIP NATIONAL CHECK-THE-CHIP-DAY

One of the most popular dog ID options is microchipping and August 15th is National Check-the-Chip-Day.

~ Only 6 out of 10 microchips are registered! ~

Created by the American Veterinary Medical Association (AVMA) and the American Hospital Association (AAHA), the **Check-the-Chip-Day** is an annual reminder to pet owners to get their family pet microchipped **and** also make sure their registration information is current.

Here's why **you** should check your microchip **every year**:

- ~ Organization can lose your information; confirm it's on file **before** your dog gets lost!
- ~ Every year, make sure your information is current; especially if you moved, changed your phone number and/or emergency contact.
- ~ Microchipped Dogs: **More than twice** as likely to be returned.
- ~ Microchipped Cats: **More than 20 times** as likely to be returned.

(For more information, go to the AVMA.org website.)



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Puppy Programs
Snake Avoidance Training

\$5.00 K9 Cash

Good for any **goods** or **services** at K9 Resort & Spa!
(Not to be Used in Addition to Other Offers, Discounts, etc.)

To redeem, cut this coupon out and bring it in with you during your next visit to K9 Resort & Spa.

Expires: August 31, 2017



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PRODUCTS CONTAINING XYLITOL (POST ON YOUR REFRIGERATOR AS A HANDY REMINDER)

With all the concern about weight gain and dental decay, more and more products contain a sugar substitute called xylitol.

Classified as a sugar alcohol, xylitol is toxic to dogs. Learn which common products contain this dangerous toxin below.

(Hint: Not all of these products are edible!)

KITCHEN



Honey
Jello
Syrups
Sauces
Yogurt
Cookies
Teriyaki Sauce
Protein Shakes
English Muffins
Jams/Preserves
Peanut/Nut Butters
Buffalo Wing Sauce
Pudding
Ketchup
Pie Filling
Chocolate
Ice Cream
Sweeteners
Condiments
BBQ Sauces



BATHROOM

Shampoo
Cosmetics
Deodorant
Toothpaste
Body Butter
Mouthwash
Moisturizers
Cough Syrup
Shave Cream
Prescription Drugs
Lip Balms/Glosses
Breath Spray/Drops
Dental Floss/Rinses
Personal Lubricants
Vitamins/Supplements
Pacifier & Bottle Wipes
Feminine Cleansing Cloth
Facial Creams/Toners/
Cleansers/Gels/
Scrubs/Masks

MISCELLANEOUS

Breath Mints, Candy & Chewing Gum (including Nicotine Gum)
Power/Protein Bars/Powders
Water & Drink Powders
Clothing (including Cool Phase™ Technology & IceFill© Technology)

Learn more (including Product Names, Brands and Manufacturers) at:
www.PreventiveVet.com/xylitol-products-toxic-for-dogs

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COOL STUFF FOR THE DOG LOVER BEGGIN' FOR IT! CHICKEN STRIPS



The chicken breast we use is 100% all-natural, never pumped full of saline, antibiotics or hormones, and we never use any preservatives in producing our treats.

Feel confident that you are providing your pet with a treat this is pure and safe. You will see the difference and your pets will taste the difference.

Great for training, finicky eaters or just because they're Beggin' For It!

Ingredients: 100% U.S. Chicken Breast Fillets with No Preservatives.
\$16.99 for the 7 oz Package or stock up for \$32.95 for the 15 oz Package

Find them at: K9ResortAndSpa.com/store



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CANINE FIRST AID BASICS HOLISTIC MEDICINE FOR YOUR DOG

August 30th:
National Holistic Pet Day



Created by Coleen Page (of the Animal Miracle Foundation), this day encourages pet owners to look at the overall issues and holistic treatment options to help their pets live healthier, happier and longer lives.

Holistically treating your dog means to treat the "whole" animal and not just the symptoms. It takes into consideration the "whole" picture to get to - and treat - the actual root of the problem to restore wellness.

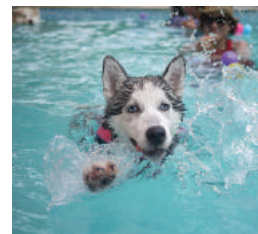
HOLISTIC MEANS THE "WHOLE" PICTURE:

- ~ Body/Physical
- ~ Lifestyle
- ~ Emotional/Mental
- ~ Nutritional
- ~ Environmental

HOLISTIC ALTERNATIVES:

- ~ Acupuncture
- ~ Chiropractic
- ~ Essential Oils
- ~ Massage
- ~ Reiki
- ~ Aromatherapy
- ~ Homeopathy
- ~ Naturopathy
- ~ Magnetic Therapy
- ~ Energy Healing

(Sources: Dogster.com/lifestyle/dog-health-8-holistic-treatments; TheHonestKitchen.com/blog/celebrate-national-holistic-pet-day)



FROZEN ANTI-AGING K9 MORSELS

Continuing our summer-long, no-bake, preservative-free and healthy canine treats, below is another great recipe that's not only simple and quick, but also incredibly good for your dog.

BONE-appétit!

FROZEN ANTI-AGING MORSELS

- 7 oz canned sockeye salmon (with skin & bones), drained
- 1/4 cup plain yogurt
- 4-8 leaves of fresh, raw spinach
- 1/4 cup fresh or frozen blueberries

Optional:

1/8 tsp fresh, grated ginger or (less) dried ginger

Blend all ingredients in a food processor to a puree.

Spoon into a Kong, ice cube trays or silicone molds (of your favorite shape) and freeze until firm.

(Source: PlanetPaws.ca; a Monica Segal Recipe)