WORKPLACE EXPC HEALTH & WELLNESS 2 0 1 5



HOW HEALTHY 44 IS YOUR WORKFORCE?

EMPLOYEE HEALTH IS YOUR GREATEST ASSET

Come out and see what your local health and wellness community has to offer!

Enjoy

Health Exhibits

Free

Healthy Lunch Stations

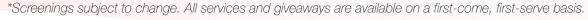
Private Health Screenings

Nutritious Food Demonstrations

- Lunch N'Learn Presentations
- Door Prizes & Giveaways
- Blood Donations & more!

Pre-register for Grand Door Prize Entry

For more information and to ensure availability of health screenings for your staff, please visit http://bit.ly/WorkWellExpo2015 or scan the QR code to pre-register.





HOSTED BY:

A SPECIAL THANKS TO OUR SPONSORS!















verizon^v

Thursday, October 1 11:00 am – 3:00 pm

270 DAVIDSON AVENUE SOMERSET, NJ 08873

WORKPLACE EXPC HEALTH & WELLNESS 2 0



RECLAIM YOUR BODY... **RECLAIM YOUR LIFE!**

START YOUR FITNESS JOURNEY WITH A DAY #1 PHOTO BY A PROFESSIONAL PHOTOGRAPHER.

KNOW YOUR NUMBERS!

LEARN HOW TO IMPROVE YOUR HEALTH WITH OUR DISCRETE

BLOOD PRESSURE, CHOLESTEROL, BLOOD SUGAR & OTHER HEALTH **SCREENINGS!**

UNWIND AND TAKE A LOAD OFF WITH... FREE LUNCH & **MASSAGES!**

COME LEARN HOW TO STAY FIT IN THE WORKPLACE WITH OUR INCREDIBLY FUN

FITNESS DEMONSTRATIONS

LUNCH N' LEARNS

EVERY 10 MINUTES HEAR FROM INDUSTRY EXPERTS ABOUT THE WAYS YOU & YOUR COMPANY CAN ENHANCE YOUR PERFORMANCE!

THURSDAY OCT 1, 2015

270 DAVIDSON AVE SOMERSET, NJ 08873

ENJOY SHOWS LIKE "THE CHEW"

HERE IS YOUR CHANCE TO JOIN IN ON THE FUN AT OUR **HEALTHY LIVING FOOD DEMONSTRATIONS!**

> PRE-REGISTER FOR A **CHANCE TO WIN**

GRAND DOOR PRIZES & GIVEAWAYS!

RUTGERS TICKETS PRESENTED BY



SAVE A LIFE, **GIVE BLOOD!**

PRE-REGISTRATION REQUESTED

OR SCAN THE QR CODE.



FOOD & REFRESHMENTS PROVIDED BY









PRE-REGISTER AT http://bit.ly/WorkWellExpo2015

